

## **Pain in Older People SIG**

**Annual Meeting: 17<sup>th</sup> April 2008 13.45- 14.45**

**Room 8**

### **Minutes**

1. Apologies - Apologies were received from the following members of the group:

Denis Martin

Sheila Smale

Dee Burrows

Eloise Carr

Members were asked to update their email contact and new members were welcomed. (6 new members joined).

2. Objectives of the SIG - The group were asked to reconsider the objectives that had been developed at the inaugural meeting last year (attached). It was generally felt that these objectives were still appropriate, but that there is a need to continue working towards them.
3. Update on SIG activity - Pat Schofield (Chair) updated the group on activity of the SIG during the last year
  - a. Study Days - One study day had been facilitated in Teesside - Although successful the numbers had been small and it was felt that this was due to late advertising and this should be addressed in future planning. A second study day has been arranged for January 15<sup>th</sup> 2009. Programme to be confirmed. Some discussion took place regarding the workshop for next years ASM. The members requested that areas to be covered should include management (Invasive/ Pharmacological).
  - b. Pain Assessment guidelines - The pain assessment guidelines have been published and are available on the BPS and BGS website. This has been the result of 2 years work - but it has been reported that they seem to have been fairly well received. PS reported that a number of publications have been submitted and accepted in various journals to promote the guidelines and a poster submission has also been accepted for IASP in Glasgow. PS concerned that nursing homes were not aware of the guidelines and to raise this issue with Joan Hester. PS also

mentioned that she has been approached by a publisher who is will to develop a pocket version, but this will require funding. PS to approach funding sources (Pharmaceutical companies)

- a. Pain Management guidelines - PS reported to the group that work would commence on the pain management guidelines this summer - again this is a collaboration between the BPS and BGS. It is anticipated that this project will take approximately 2 years, based upon the previous work.

#### 4. AOB

- a. PS has made links with the IASP Special Interest Group in terms of collaboration, they are also developing guidelines for management - But they are in a process of reorganisation at the moment.
- b. It was suggested that the group could be strengthened by forming links with Age Anaesthesia - PS to contact Andrew Severn.
- c. The group suggested raising the profile of pain in older adults by suggesting a plenary talk on the topic at the next ASM - PS to contact Christopher Eccleston
- d. The group suggested a poster prize for next years ASM on pain in older adults - PS to contact Christopher Eccleston.
- e. It was suggested that linking with the BPS research group may strengthen research links for the SIG - PS to contact Richard Langford.
- f. RGH praised the group for the achievements during the last year.

Date and Time of Next Meeting - ASM 2009