

THE BRITISH PAIN SOCIETY

ANNUAL REPORT & ACCOUNTS 2009



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INTRODUCTION

The British Pain Society is the largest multidisciplinary professional organisation in the field of pain within the UK.

Membership comprises medical pain specialists, nurses, physiotherapists, scientists, psychologists, occupational therapists and other healthcare professionals actively engaged in the diagnosis and treatment of pain and in pain research for the benefit of patients. There are over 1,500 members.

The Society promotes education, training, research and development in all fields of pain. It endeavours to increase both professional and public awareness of the prevalence of pain and the facilities that are available for its management. The Society is involved in all aspects of pain and its management through the work of the Council, Committees, Working Parties, Special Interest Groups and via its Annual Scientific Meeting, publications and guidelines.

The British Pain Society is the British Chapter of the International Association for the Study of Pain (IASP) and is part of the European Federation of IASP Chapters (EFIC).

OFFICERS, ELECTED COUNCIL MEMBERS,
CO-OPTED MEMBERS OF COUNCIL & STAFF

YEAR END 2009

OFFICERS AND COUNCIL

PROF. SIR MICHAEL BOND, INTERIM PRESIDENT
Emeritus Professor

DR JOAN B HESTER, IMMEDIATE PAST PRESIDENT
Consultant in Pain Medicine

DR WILLIAM I CAMPBELL, HONORARY SECRETARY
Consultant in Anaesthesia & Pain Management

DR PATRICIA SCHOFIELD,
HONORARY SECRETARY ELECT
Director, Centre for Advanced Studies in Nursing

DR PETER JD EVANS, HONORARY TREASURER
Consultant Anaesthetist

DR JOHN GODDARD, HONORARY TREASURER ELECT
Consultant Paediatric Anaesthesia & Pain Medicine

DR NICK ALLCOCK
Associate Professor, Nursing

DR ELOISE CARR
Associate Dean Postgraduate Students

DR DAVID J COUNSELL
Consultant Anaesthetist

DR SAM ELDABE
Consultant Anaesthetist

DR EDWARD LIN
Consultant in Anaesthetics & Pain Management

DR MICK SERPELL
Consultant and Senior Lecturer, Anaesthesia

DR THANTHULLU VASU
Consultant in Anaesthetics & Pain Management

DR STEPHEN WARD
Consultant Anaesthetist

CO-OPTED MEMBERS

PROF. SAM AHMEDZAI
Representative, Association for Palliative Medicine

DR MIKE BASLER
Honorary Editor, British Pain Society Newsletter

DR HEATHER CAMERON
Representative, Physiotherapy Pain Association

DR BEVERLY COLLETT
Representative, International Association for the Study of Pain (IASP)

MS FELICIA COX
Co-Editor, Reviews in Pain

PROF. CHRIS ECCLESTON
Chair, Scientific Programme Committee

PROF. MARIA FITZGERALD
Representative, Science

DR ROGER KNAGGS,
Representative, Pharmacy

DR ROGER LAISHLEY
Representative, Royal College of Anaesthetists

MS CELIA MANSON
Representative, Royal College of Nursing

DR MICHAEL PLATT
Co-Editor, Reviews in Pain

MRS NIA TAYLOR
Chair, British Pain Society Patient Liaison Committee

MS SUZY WILLIAMS
Representative, Occupational Therapy

STAFF

JENNY NICHOLAS
Secretariat Manager

RIKKE SUSGAARD-VIGON
Communications Officer

KEN OBBARD
Events & Membership Officer

CONTINUED

OFFICERS AND ELECTED MEMBERS OF COUNCIL



FROM LEFT TO RIGHT
Back row: DR NICK ALLCOCK, DR DAVID COUNSELL, DR EDWARD LIN, DR MICK SERPELL, DR THANTHULLU VASU
Middle row: DR JOHN GODDARD, DR PATRICIA SCHOFIELD, DR ELOISE CARR, DR SAM ELDABE
Front row: DR JOAN HESTER, DR PETER EVANS, PROF. SIR MICHAEL BOND, DR WILLIAM CAMPBELL
Absent from photograph: DR STEPHEN WARD

STAFF
 JENNY NICHOLAS
 RIKKE SUSGAARD-VIGON
 KEN OBBARD



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OFFICERS, ELECTED COUNCIL MEMBERS AND CO-OPTED COUNCIL MEMBERS



FROM LEFT TO RIGHT
Back Row: DR MICHAEL BASLER, MR NEIL BERRY, DR NICK ALLCOCK, DR DAVID COUNSELL, DR EDWARD LIN, DR MICK SERPELL, DR THANTHULLU VASU, DR HEATHER CAMERON, PROF. SAM AHMEDZAI
Middle Row: MS NIA TAYLOR, MS SUZY WILLIAMS, DR JOHN GODDARD, DR PATRICIA SCHOFIELD, DR ELOISE CARR, DR SAM ELDABE, DR ROGER KNAGGS
Front Row: DR JOAN HESTER, DR PETER EVANS, PROF. SIR MICHAEL BOND, DR WILLIAM CAMPBELL
Absent from photograph: DR BEVERLY COLLETT, MS FELICIA COX, PROF. CHRIS ECCLESTON, PROF. MARIA FITZGERALD, DR ROGER LAISHLEY, MS CELIA MANSON, DR MICHAEL PLATT, DR STEPHEN WARD





INTERIM PRESIDENT'S REPORT

PROF. SIR MICHAEL BOND

Prof. Paul Watson, who was elected President of the Society in April 2009 resigned from office three months later in July following an Extraordinary General Meeting. I was asked to take on the role of Interim President of the Society until April 2010, when a new President would take office. This report reflects the activities of the Society during my period in office.

As a consequence of the disruption of the Society's activities and the high emotional tensions present after the events of July 2009 the first few weeks were spent dealing with those issues and the need to restore a degree of calm amongst members, some of whom threatened to withdraw their membership. This was achieved, though not without leaving behind bruised feelings and the view that there needed to be an internal inquiry into the the procedures that had forced the resignation of Prof. Watson. Although, the EGM was conducted entirely within the rules governing the Society's activities it was felt that if a similar event occurred in future, members should have more time to consider the implications of proposals that could lead to major changes within the Society and that the Memorandum and Articles should be changed to provide some protection against the immediate application of potentially damaging proposals. Changes have been made in the M&As of the Society, with these points in mind and they will go for approval to the Annual General Meeting of the Society on April 15th 2010.

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The events of July and the reactions to them led to the opinion that the membership should be better informed about the day to day activities of the Council and Executive Group and that they should have the opportunity to take a greater part in the life of the Society. As a result it was decided to hold a strategic review. At the beginning of February a number of Council members and its Executive Group carried out the first stages of the development of a broad - based forward strategy for the Society. A number of important issues were identified and have been developed into goals for which the strategies will be worked through after the next President has taken office. The goals identified include; bringing members more closely into the central activities of the Society by alterations in the structure of the Council, improving communications by a number of web - based developments, providing direct support for regional meetings of members and by taking steps to develop members' research potential. In addition strong contacts will be retained with the Department of Health and the Society will seek

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to be more pro-active with the media in various ways. Attention will be given to the redistribution of work load, experienced by the President and executive officers and by the permanent office staff.

The Society has responded to a range of government initiatives;

1. In response to the welcome statement made by the Chief Medical Officer in 2009 that pain and its management should be a priority in the Health Service the Society established a CMO Action Group, comprising members from the 'pain community' to meet officers from the CMO's Office and that contact will be continued.
2. The Society has responded to a Department of Health Initiative on E-learning led by the Faculty of Pain Medicine, and submitted a proposal which, if successful, will lead to the development of a curriculum for E-learning in pain. The result of this submission is expected in April 2010.
3. A joint submission was made to the National Quality Board with the Faculty of Pain Medicine, but on this occasion with the BPS as the lead organisation. If successful, this will result in pain standards for use in the NHS being developed.
4. Other activities have included a consultation on Quality Accounts, one on Best Practice Tariffs, an endorsement of the proposed management of the Scottish chronic pain SIGN Guideline and a National Pain Audit. The last of these projects is being carried out in collaboration with 'Dr Foster Research Ltd' Dr Foster has conducted primary research for more than 50 PCTs, as well as clients from the acute and independent health sectors.

The Society has carried out a UK Undergraduate Pain Education Survey and the results have been received with interest by the General Medical Council which is responsible for the overall control of Undergraduate Medical Education though not for specific curricular programmes.

In the latter part of 2009 and the first months of 2010 the Society met with the National Institute of Clinical Excellence (NICE) to take forward discussions of the NICE Guidelines on Non-specific Low Back Pain and their dissemination to clinicians and Health Providers. The discussions are ongoing with the anticipation the immediate and longer term changes will be made in the basic guideline and its implementation to improve their clarity and to strengthen the data on which they are based.

The Society's Educational Seminars continue to be successful, with more applicants than places available on each occasion. The feedback from these events has been excellent and the study day format will continue in 2010 with four more planned throughout the year.

2009 saw the launch of the revised *Spinal cord stimulation for the management of pain: recommendations for best clinical practice* and accompanying *Stimulating the spinal cord to help with pain – information for patients* publications, and work has remained ongoing on the following publications which are due for completion in 2010;

- *Understanding & Managing Pain – information for patients*
- *Opioids for persistent pain: good practice* and its accompanying patient publication *Opioids for persistent pain – information for patients* and
- *Cancer Pain Management* and its accompanying patient publication *Cancer Pain Management: Information for patients*.

Considerable work goes into all our publications and we thank all of our contributors for their success.

The Society has nine Society Special Interest Groups (SIGs); Clinical Information, Neuropathic Pain, Acute Pain, Pain Education, Pain in Children, Pain in Older People, Interventional Pain Medicine, Pain Management Programmes and Philosophy and Ethics.

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The Interventional Pain Medicine, Pain Education, Philosophy & Ethics and Pain Management Programmes SIGs all held successful events in 2009, and further information on these can be found in the SIGs individual reports in the Society's 2009 Annual Report, available as a downloadable PDF on the BPS website.

The final event of my period in office will be the 43rd Annual Scientific Meeting of the Society in Manchester at which I will be delighted as Interim President to award Honorary Membership to Prof. Troels Jensen (Immediate Past President of IASP), Dr Joan Hester, (Immediate Past President of The BPS) and a former council member, Dr Heather Muncey, all who have made outstanding contributions in the field of pain management.

To conclude, I would like to thank the Executive Officers; Dr Joan Hester, Dr Peter Evans, Dr William Campbell, Dr Pat Schofield and Dr John Goddard, all members of Council and the Secretariat for their support during my term of office as Interim President.



HONORARY SECRETARY'S REPORT

DR WILLIAM CAMPBELL

The Society has now been in existence for over 40 years. Initially called the Intractable Pain Society, an organisation primarily for consultants with an interest in chronic pain and its management, we now welcome and encompass all health care professionals involved in teaching, research, diagnosis and management of all types of pain. Since we widened the organisation's remit (becoming The Pain Society and more recently The British Pain Society) our membership increased considerably and we receive applications from a wide range of professionals involved in pain management, research and education. All applications for membership of the Society are reviewed by the Honorary Secretary, before being presented to Council for approval. All applications need to be supported by two members of the Society who must both be acquainted with the applicant and be able to vouch for the applicant's good professional standing. Just over a year ago Council agreed that for a trial period membership applications may also be made without proposal from existing members, provided that the applicant fulfils all other entry criteria. This mechanism of application has proved to be satisfactory and continues to be in place, provided that the applicant submits a brief curriculum vitae, in addition to two independent letters from their place of work, indicating that they are of good professional standing. Applicants must hold a contract with a recognised healthcare organisation which delivers services to patients in pain, or be affiliated with a recognised educational institution.

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Our multi-professional membership gives the Society a unique strength to provide definitive information on all matters pertaining to pain. The membership of 1548 currently is represented by 728 anaesthetists, 302 nurses, 106 psychologists and 89 physiotherapists. The other 25 professional disciplines which constitute the remainder of the membership include occupational therapists, rheumatologists, neurologists, pharmacists, general practitioners and basic scientists. Information about joining the society can be found on the Society's website http://www.britishpainsociety.org/join_home.htm

On the 1st July 2009 a letter supported by 25 members' signatures was received at The British Pain Society's office in London, calling for the resignation of the President of The Society, Professor Paul Watson, due to a perceived conflict of interest between his role as President of BPS and his involvement as clinical adviser to the NICE Guidelines

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Development Group on the management of low back pain. As laid down by the Memorandum & Articles, following a request for an Extraordinary General Meeting by 24 or more members, we must convene such a meeting within 28 days, after receipt of the request for such a meeting. Proxy voting by members in good standing was permitted by those members unable to attend in person, again as per our Memorandum & Articles. All members were contacted by first class post, with details of the meeting, together with proxy voting papers. A statement by Professor Paul Watson followed in a separate mailing as it was unavailable until several days later. The Extraordinary General Meeting was held on the morning of Tuesday 21st July 2009 at the Association of Anaesthetists of Great Britain & Ireland, London. Forty-six members of The Society attended the meeting in person with 332 present by proxy.

Following presentations by a representative from NICE, Dr Chris Wells (representing the signatories) and Professor Paul Watson, a discussion ensued, following which the Chairman proposed that a secret ballot should be held. The majority view of those present was that the members who had voted by post were fully aware of the issues involved and that a vote upon the Resolution should occur immediately. The Chair acceded to this view. There were 186 votes in support of the Resolution and 179 opposing the Resolution. The President, therefore, indicated his intention to tender his resignation forthwith and this was confirmed in writing one week later.

A teleconference was held by Council on 24th July. As per the Memorandum and Articles, Council may appoint a member of the Society when a Council vacancy arises. None of the current Council wished to take on the post of Interim President. It was suggested that as a past President of the Society and a recently co-opted member of Council (having been President of the International Association for the Study of Pain) Professor Sir Michael Bond would be an ideal Interim President, who was then contacted to determine if he would consider taking on the position, during this difficult and sad time in the Society's history. Professor Sir Michael Bond agreed to accept the post of Interim President until such times as a President would be duly elected by the Society's normal voting mechanism.

The 2009 Annual Scientific Meeting of the British Pain Society was held at Sandown Park in London. There were 732 participants, 76% of whom were members of the Society. Twenty-eight bursaries were awarded to assist attendance at this meeting.

Additional educational meetings included three study days (Learning in Pain seminars) held in London. Limited funds are available to members who require assistance to attend these. For information on future meetings and study days see www.britishpainsociety.org/meet_home.htm

The Society currently has nine Special Interest Groups. Each of these groups share their knowledge for the benefit of patient care. The process by which a group of professionals can become recognised as a Special Interest Group is defined by our constitution and is thus a legal requirement. Details about these Special Interest Groups are available on the Society's website http://www.britishpainsociety.org/members_sigs.htm

The Society continues to represent the views of the wide range of disciplines that its members represent to the Department of Health, Medical Royal Colleges, the Medicines and Healthcare Products Regulatory Agency and the National Institute for Health and Clinical Excellence. Examples of this include joint working with the Faculty of Pain Medicine to submit; a joint E-Learning proposal to the Department of Health, a joint submission to the National Quality Board for the prevention and management of pain to be included in the prioritisation process and a joint response to the Quality Accounts Consultation. There are also links with a comprehensive range of organisations representing patients.

Council meets four times each year to promote the objectives of the Society. However, there are many additional meetings, teleconferences and daily email contact through which Council substantially facilitate my position as Honorary Secretary. In particular I am indebted to the tireless enthusiasm of the Society's Secretariat, who have been so supportive over the past year, showing their devotion to the Society's activities.

HONORARY TREASURER'S REPORT

DR PETER EVANS



The Society's funds remain in good health and the reserves have increased over the year in spite of a difficult economic environment. The current reserves held by the Society are £842,722 of which some £105,128 is in restricted funds.

During the year the work of the secretariat continued to underpin the charitable activities of the Society. The secretariat team have taken on increased activity and expanded their individual roles. This has been reflected with increased remuneration. This was achieved within budget by not expanding the team to four. Although most office costs have been contained in line with the budget unplanned expenditure was accrued against our IT support. Whilst this has caused an overshoot I believe that the new supplier and our new in-house facilities will prove a dividend in years to come. The year end position was that the Society was £90,710 in surplus against predicted expenditure

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The ASM at Sandown Park in London proved to be a resounding success. 732 members attended and in spite of the last minute need to change the venue numbers were maintained. The reduced cost of the venue and the refund and compensation received from ExCel enabled the event to return a modest surplus of £20,728 after all office costs had been applied. It is not within the terms of the arrangements with Her Majesties Revenues and Customs for any unexpected excess of income or over expenditure to be used for any other purpose than for furthering education, consequently this excess was applied to the Society reserves.

The Society continues to apply a formal reserves policy to determine the way in which accumulated funds are utilised. Reserves can be restricted or unrestricted. The restricted are those bequests and donations including the interest derived thereon which are to be used specifically for research into the causes and treatment of pain.

The unrestricted reserves are divided into general reserves and designated reserves. The designated reserves include the funds for the Study Days and Educational day, (£37,651), the funds of the SIGs (£49,481), and the Irene Bainbridge fund (£66,658). The designated ASM fund (£249,913) is to be used to cover the ASM against a shortfall of income due to a fall in the number of attendees.

The remainder of the unrestricted reserves are to be assigned as follows: £200,000 to cover the failure of the Society to achieve an income, to allow it to continue to function for a period of 12 months. The remaining £133,891 is to be used to assist the Society in furthering its aims and objects.

MILDRED B CLULOW AWARD

This biennial award of £50,000 for a worthy research project was given to Prof. Tara Renton. The project is due to commence in 2010. The next award will be available in 2011. Information on how to submit an application is available from the Secretariat or the Society web site.

THE PATRICK WALL OVERSEAS BURSARY

A bursary of up to £1000 per individual per year has been made available to support researchers who wish to travel overseas to present their work at conferences, not restricted to conferences specifically for pain research or pain management. The maximum sum available for this purpose is £10,000 per annum. Details are given in the Newsletter and on the Society's web site. Grants totalling £1,783 were awarded in 2009.

THE IASP TRAVEL GRANT

This grant is provided specifically to enable members of the Society to attend the World Congress on Pain. No grants were awarded in 2009. The next congress will be in Montreal in 2010. The Society welcomes applications.

SPECIAL INTEREST GROUPS (SIGS)

Each of the SIG's that have been approved by Council has their income and expenditure identified separately within the main accounts. This provides clarity and openness with respect to their activities. The SIG's continue to perform well; accumulated reserves rose by £12,317 to leave a year end position of £49,481.

STUDY DAYS & SEMINARS

15 events have now been held during the past three years and they have been popular. They are supported by the use of restricted reserves and by attendee registration fees on

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a cost neutral basis. During 2009 a modest surplus of £8,028 was accrued. This sum has been used to support meetings.

ETHICAL BANKING

The Society's position remains unchanged on this matter. The reserves have been consolidated between two charitable banks (CAF and COIF). Debit, credit, BACS and other bank to bank transactions are conducted with Barclays Bank. The Society continues with its policy to maintain the minimum balance in this account, sufficient to maintain the smooth running of Society affairs.

BOOKKEEPERS & SOLICITORS

The Society continues to use Independent Examiners Ltd who have provided an excellent service for the Society. They continue to be intimately involved in the day to day financial activities of the Society. They and Hempsons Solicitors have proved invaluable in dealing with the issues relating to property leasing, Charity Commissioners requests and Charity Law. I recommend that we continue to use these services.

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APPOINTMENT OF AUDITORS

Sandison Lang & Company of Tonbridge, Kent continues to provide an excellent service and it is recommended that we reappoint them.

SORP 2005

In accordance with the Charities requirements the Trustees continues to identify and minimise areas of potential risk within the Society as recommended by the Statement of Recommended Practice (SORP 2005). These areas of risk include: major financial shortfall at an ASM, Trustees Liability, control of signatories of the Society cheques, retention of staff, security of IT data, ensuring compliance with the data protection act and having a designated Health & safety member of staff. Each of these areas has been addressed and further details are given in the Trustee's Report for the year.

PAIN SOCIETY 2010 (DRAFT BUDGET)

In preparing the draft budget for 2010 I was aware that in 2009 expenditure was continuing to rise across our fixed costs in spite of a detailed review of all

outgoings. This was not balanced by a comparable increase in income. Once again underperformance against the budget of some Society activities and greater than expected office revenue from ASM activity enabled a balanced budget to be achieved.

The Society membership income has not increased significantly within the last year and donations and grants still under achieve against expectation. Consequently pressure on the budget remains a significant future concern.

Membership dues were planned to rise in 2010 but due to the severe economic recession it was agreed that rates would remain static. These rates still represent exceptionally good value for the services offered by the Society and remain very competitive when compared with other Societies and Associations.

The income bands have not been reviewed for some time and from 2010 the new banding will be as follows. In addition a new high income band for those with taxable incomes in excess of £70,000 pa. has been introduced.

Council is extremely grateful for your continued support to enable the extensive activities of the Society to be sustained.

		2007	2008	2009	2010
Membership Band A+	£70,000 and over				£175.00
Membership Band A	£40,000 to £69,999	£136.50	£144.00	£145.00	£145.00
Membership Band B	£30,000 to £39,999	£105.00	£110.00	£110.00	£110.00
Membership Band C	£20,000 to £29,999	£63.00	£66.50	£66.00	£66.00
Membership Band D	£12,000 to £19,999	£30.00	£33.00	£33.00	£33.00
Membership Band E	£11,999 or less/retired	£26.25	£27.50	£28.00	£15.00
International Member		-	-	-	£50.00

THE BRITISH PAIN SOCIETY

ACCOUNTS FOR THE YEAR ENDED
31ST DECEMBER 2009

REGISTERED CHARITY NO. 1103260

REGISTERED CHARITY IN SCOTLAND NO. SC039583

REGISTERED COMPANY NO. 5021381

SANDISON LANG & CO.
 CHARTERED ACCOUNTANTS
 2, ST. MARY'S ROAD
 TONBRIDGE
 KENT TN9 2LB

LEGAL & ADMINISTRATIVE INFORMATION

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REGISTERED OFFICE: THIRD FLOOR
 CHURCHILL HOUSE
 35 RED LION SQUARE
 LONDON
 WC1R 4SG

BANKERS: CAF BANK
 25 KINGS HILL AVENUE
 KINGS HILL
 WEST MALLING
 KENT ME19 4JQ

SOLICITOR: HEMPSONS SOLICITORS
 HEMPSONS HOUSE
 40 VILLIERS STREET
 LONDON
 WC2N 6NJ

AUDITOR: SANDISON LANG & CO
 2 ST. MARY'S ROAD
 TONBRIDGE
 KENT TN9 2LB

THE BRITISH PAIN SOCIETY DIRECTORS' REPORT

FOR THE PERIOD 1ST JANUARY – 31ST DECEMBER 2009

The British Pain Society is the largest multidisciplinary, professional organisation comprising doctors, nurses, physiotherapists, scientists, psychologists, occupational therapists, and other healthcare professionals actively engaged in the diagnosis and treatment of pain and in pain research, within the UK. As of 31st December 2009 there were 1548 members. The Society is the British Chapter of the International Association for the Study of Pain (IASP) and is part of the European Federation of IASP Chapters (EFIC).

The Directors present their Annual Report and audited Financial Statements for year 1st January – 31st December 2009. The Report is prepared in accordance with the recommendations of “Accounting and Reporting by Charities: Statement of Recommended Practice” (revised 2005) – and complies with applicable law.

1. ORGANISATIONAL STRUCTURE

The governing document of the British Pain Society is the Memorandum and Articles of Association, along with the Regulations. There are no restrictions in the governing documents on the activity of the Society.

The Directors are appointed by ballot of the members, except for the Honorary Secretary and Honorary Treasurer who are appointed by the Directors. Any Ordinary Member of the Society is entitled to stand for election to the post of Director/Trustee. Only Members who have previously served as Trustees of the Pain Society, the British Pain Society, or as Board members of either the International Association for the Study of Pain (IASP) or the European Federation of IASP Chapters are eligible to stand for the post of President, Honorary Secretary or Honorary Treasurer. All new directors undertake an induction training half-day on appointment.

The Board of the Society meets at least four times a year. All the decisions related to the management of the Society are made by the Board at these meetings. The Executive and Finance committee sets the Agenda for the Board meeting, and takes overall responsibility for the day-to-day running of the Society. There is support for the Board from the following subcommittees: Cancer Pain Committee, Scientific Programme Committee, Communications Committee, Patient Liaison Committee, Science and Research Committee and Education Committee.

The Board is supported by a Secretariat of three. The Secretariat deals with the day to day running of the Society, in the organisation of the various meetings promoted by the Society and managing the membership of the Society. All executive decisions are made by the Board or the Officers, who are the President, the President-elect (if applicable), the Honorary Treasurer, the Honorary Treasurer-elect (if applicable), the Honorary Secretary and the Honorary Secretary-elect (if applicable) and the Immediate Past President (if applicable).

An Annual General Meeting of the members is held at the time of the Annual Scientific Meeting.

There are currently nine Society Special Interest Groups; Acute Pain, Clinical Information, Interventional Pain Medicine, Neuropathic Pain, Pain in Children, Pain Management Programmes, Philosophy & Ethics, Pain Education and Older People. The governance of these groups is established within the Articles and Regulation of the Society.

Since the Society's annual turnover exceeds £250,000, it is necessary to identify areas of risk within the Society and actions that have been taken by Council to minimise or eliminate these. The specific areas of risk identified are as follows:

- Financial probity: The Directors have established systems of internal control, comprising financial estimates and annual budgets, delegated authorities for operational management and segregation of duties, reviews of financial and investment performance and the identification and management of risks, in accordance with the publication CC8 “Internal Financial Controls for Charities”. The internal controls have been formalized and are set out as Finance Procedures for the Society.

The internal controls are subject to ongoing assessment and evaluation by the directors. At least two meetings a year are held to consider financial management and performance in detail. In addition, the Honorary Treasurer reports on financial matters to each board meeting of the Society, comprising directors and co-opted members. These meetings record the formal review and approval of all aspects of finance, internal controls and accounts.

- Staff retention: The Society wishes to retain its Secretariat staff. They become familiar with the Society's activities over a year or so and it is in our interests to avoid rapid turnover. To this end the Directors have attempted to provide a better and structured salary system and improve morale by allocating specific areas of responsibility on a regular basis. Appraisal is now a regular event for members of the Secretariat.
- Information Technology and Data Protection: The Society has a database system in operation and has also developed a website. Data protection and antiviral systems are in place, the data is backed up daily. To ensure compliance with data protection legislation, the Directors will appoint one of their number to be the Data Protection Compliance Officer. Compliance with the data protection act is assessed regularly and procedures are in place to ensure that this compliance is maintained.
- Health and Safety
 - The board accepts formally and publicly its collective role in providing health and safety leadership in its organisation
 - Each member of the board accepts their individual role in providing health and safety leadership for their organisation
 - The board will ensure that all board decisions reflect its health and safety intentions, as articulated in the health and safety policy statement
 - The board recognises its role in engaging the active participation of workers in improving health and safety
 - The board will ensure that it is kept informed of and alert to, relevant health and safety risk management issues. In view of the Health and Safety Commission recommendations, the board will appoint one of its number to be the "health and safety director"

In line with Statutory requirements, the Society has Employers Liability Insurance, Public Liability Insurance and Personal Accident Insurance, the levels of which are reassessed on a regular basis.

2. OBJECTIVES AND ACTIVITIES

The British Pain Society aims to:

- provide facilities for the exchange of information, opinions and experience about pain between active workers in the field;
- increase awareness of pain prevalence, disability and pain management among health care and other professionals and the public;
- promote education and training in pain management and research into the understanding and relief of pain;
- institute or assist in instituting, and provide continuing support for, pain research
- cause to be written, published, produced and circulated, and to encourage contributions to and publication and production of, periodicals, journals, books, papers, abstracts, pamphlets, posters and other documents and films, videos, recorded tapes and communications in any medium;

- endow Chairs, Readerships, Scholarships, Fellowships and Lectureships at, and provide other support to, appropriate institutions to facilitate the conduct of study and research in furtherance of the Objects;
- to disseminate the useful results of research;
- to sponsor and hold meetings, symposia, conferences, lectures, classes, seminars, courses and exhibitions either alone or with others; and
- to encourage and promote the study and research into aspects of pain, the Society offers five bursaries/grants that are available to its members; the "Mildred B Clulow Research Award", the "Patrick Wall Overseas Travel Bursary", the "British Pain Society Annual Scientific Meeting Bursary", "The British Pain Society Study Day Bursary" and the "International Association for the Study of Pain World Congress Bursary". Full details of the awards, including eligibility and application forms, are available on the Society website.

3. ACHIEVEMENTS AND PERFORMANCE

The Society continued to provide an educational programme to increase the knowledge of pain management to both professionals and lay people within the remit of the Memoranda and Articles of Association. It has been successful in producing the following series of meetings and publications:

SOCIETY MEETINGS/EVENTS

- The Society held its 42nd Annual Scientific Meeting (ASM) at Sandown Park on 31 March – 3 April 2009, which was attended by 732 participants.
- On 26th October, the Patient Liaison Committee of the Society, with Arthritis Care, organised a seminar entitled 'Living well despite pain – practical ways of coping with musculoskeletal pain' which was attended by 51 representatives from different organisations interested in matters related to pain and physical disability.
- The Education Committee continued its 'Learning in Pain Series' which aims to provide comprehensive learning in pain medicine as per the IASP curriculum as a series of one day study days. Three study days were held in 2009:
 - 13th Study Day 'Difficult Pain Problems' was held on 29th January.
 - 14th Study Day 'Back Pain' was held on 8th June.
 - 15th Study Day 'Neuropathic Pain' was held on 2nd December

SIG MEETINGS/EVENTS

- On 29th June to 2nd July, the Philosophy & Ethics Society SIG held a meeting at Rydal Hall on 'Consent and deceit in pain management'.
- The Pain Management Programmes SIG held a 2 day conference on 'Clearing the fog... on the Tyne' in Newcastle on 10-11th September.
- The Interventional Pain Medicine Society SIG held a one-day seminar on 9th October in Manchester.
- The Pain Education Society SIG held a one day seminar on 17th December.

PUBLICATIONS

- The Society endorsed the '*Recognising and Assessing the intensity of acute pain in children*' publication by the Royal College of Nursing.
- The final version of the *Spinal Cord Stimulation for the Management of Pain: recommendations for best clinical practice* was launched in April.

- The Society continues to provide its quarterly Newsletter 'Pain News' free of charge to its members.
- The Society continues to provide its bi-annual newsletter supplement 'Reviews in Pain' free of charge to its members.
- All the Society's publications and patient information leaflets are available to download free of charge from the website.

BURSARIES & GRANTS

- The Society awarded 28 members of the Society bursaries to attend its ASM at Sandown Park. .
- The Society awarded 3 members of the Society the Patrick Wall Overseas Travel Bursary.
- The Society did not award any member of the Society the IASP Travel Bursary.

INVOLVEMENT WITH OTHER BODIES

- The Society has continued to be involved in the work of *The Chronic Pain Policy Coalition*, which is an umbrella organisation uniting patients, professionals and parliamentarians which will develop and help to implement a strategy for improving the prevention and treatment of chronic pain in the UK.
- The Society is a generic stakeholder for NICE (National Institute for Health and Clinical Excellence) guidelines.
- The Society is a generic stakeholder for Interventional Procedures and Health Technology Assessment for NICE in addition to being generic stakeholders for NICE guidelines.
- The Society is an NCCHTA (National Coordinating Centre for Health Technology Assessment) Affiliate Organisation.
- The Society is represented on the Joint Committee on Good Practice, which is run jointly by the Royal College of Anaesthetists and the Association of Anaesthetists of Great Britain and Ireland.
- The Society is a member of the Association of Medical Research Charities (AMRC).
- The Society has representation on the Founding Board of the Faculty of Pain Medicine and the Pain Management Committee of the Royal College of Anaesthetists and reciprocal representation on the Executive of the Association for Palliative Medicine.
- A representative from the Royal College of Anaesthetists, the Association for Palliative Medicine, Royal College of Nursing and the International Association for the Study of Pain (IASP) sits on the British Pain Society Council as co-opted members.
- The Society has established a positive relationship with the Chief Medical Officer for England.
- The Society has established positive links with departments in the Department of Health, and has submitted joint applications to the DH with the Faculty of Pain Medicine of the Royal College of Anaesthetists on; E-learning, National Quality Board and Quality Accounts.

INFORMATION FOR PEOPLE AFFECTED BY PAIN

The Society, although an organisation for healthcare professionals, provides a list of the 150 PCTs in England, a copy of the British Pain Society publication *Understanding and Managing Pain: Information for Patients* and a list of self-help groups and other useful addresses to people affected by pain who contact the Society.

4. FINANCIAL REVIEW

As shown in the financial statements there are accumulated reserves of £842,722 of which £105,128 is in restricted funds, £80,128 being the sum of the Mildred B Clulow legacy and interest, and £25,000 from Pfizer Ltd (note 11 to the financial statements). The sum of £66,658 (the income from the Irene

Bainbridge legacy) has been put into a designated reserve to support the restricted fund. The net SIG funds of £49,481 are designated within the Society accounts to further the activities of the specific SIGs.

The Society continues to expand its educational activities, including Special Interest Group Conferences and a series of Seminars. These meetings are supported by unconditional educational grants from various companies, and for transparency they are accounted for separately. This reserve of £37,651 is to support the extra educational activity of the Society. £249,913 are accumulated ASM surpluses, which can only be used for educational purposes and to support future Annual Scientific Meetings.

The Directors have reviewed the Society's needs for reserves in line with the guidance issued by the Charity Commission and have made the following provision:

- £200,000 is to be kept in reserve to cover the ongoing costs of the Society should there be a failure of income from subscriptions.
- The residue of £133,891 is to be used to further the aims and objects of the Society.

This year has seen the Society maintain a good financial base although 2009 has been another difficult year financially for the Society. The principal source of funding comes from the subscriptions of the members. We have received bequests and grants, which are specified in the accounts of the Society. This income has supported the activity of the Society recorded above. The Annual Scientific Meeting is expected to be self-funding, and no surplus is budgeted for.

5. PLANS FOR FUTURE PERIODS

- The British Pain Society's 43rd Annual Scientific Meeting will be held at Manchester Central, Manchester from 13-16th April 2010.
- The Council of the Society will be holding a Strategic Review meeting on the 1st February 2010.
- The British Pain Society is continuing to undertake a review of the patient publication *Understanding and Managing Pain* which will be launched in early 2010.
- The British Pain Society is undertaking a review of the publication *The use of drugs beyond licence in palliative care and pain management* which will be launched in 2010/2011.
- The British Pain Society will undertake a review of the publication *Pain Management Programmes for Adults*, which will be launched in 2010/11.
- The Society will continue work on producing two new BPS publications: *Recommendations for management of chronic non-malignant pain in children and young people*, which will be led by the Pain in Children SIG, and *Cancer pain management* led by the Cancer Pain Committee.
- The Society will continue to work on a joint publication with the PAGB (The Proprietary Association of Great Britain) on *Over the Counter Drugs* which will be published in February 2010.
- The Society will continue to work on joint publications with the Royal College of General Practitioners on *Pain management in Primary Care* in 2010.
- The Society will launch the revised *Opioids for persistent pain: good practice* in early 2010.
- The Philosophy & Ethics SIG will hold its annual meeting on 28 June – 2 July 2010 at Rydal Hall, Cumbria.
- The Society will hold 4 study days during the course of the year; 'Long term opioid use' 'Musculoskeletal Pain', 'Investigation for Pain Management' and 'Pain in special groups/circumstances'.

- The Society continues to investigate the feasibility of instigating a Research Foundation, with a substantial fundraising project to acquire a capital sum that would generate sufficient income to support one or two pre- or post-doctorate fellows engaged in clinically orientated pain research.

6. DIRECTORS FOR THE PERIOD 1ST JANUARY – 31ST DECEMBER 2009

DIRECTORS FOR THE PERIOD 1ST JANUARY – 3RD APRIL 2009

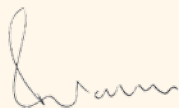
Dr J.B. Hester	President
Prof. P. J Watson	President Elect
Dr W. Campbell	Honorary Secretary
Dr P. Evans	Honorary Treasurer
Dr N. Allcock	Council Member
Dr E. Carr	Council Member
Dr D. Counsell	Council Member
Dr J. Goddard	Council Member
Prof. R. Langford	Council Member
Dr C. Price	Council Member
Dr J. Raphael	Council Member
Dr M. Serpell	Council Member
Dr S. Ward	Council Member

DIRECTORS FOR THE PERIOD 3rd APRIL – 31ST DECEMBER 2009

Prof. P.J. Watson	President	(April 2009 – July 2009)
Prof. Sir M. Bond	Interim President	(July 2009 – 31 December 2009)
Dr J. B Hester	Immediate Past President	
Dr W. Campbell	Honorary Secretary	
Dr P. Schofield	Honorary Secretary Elect	
Dr P. Evans	Honorary Treasurer	
Dr J. Goddard	Honorary Treasurer Elect	
Dr N. Allcock	Council Member	
Dr E. Carr	Council Member	
Dr S. Eldabe	Council Member	
Dr E. Lin	Council Member	
Dr D. Counsell	Council Member	
Dr M. Serpell	Council Member	
Dr S. Ward	Council Member	
Dr T. Vasu	Council Member	

STAFF MEMBERS AT AS 31ST DECEMBER 2009

Mrs Jenny Nicholas	Secretariat Manager
Mrs Rikke Susgaard-Vigon	Communications Officer
Mr Ken Obbard	Events & Membership Officer



15/12/09

Signed: Dated:

Dr P Evans (Honorary Treasurer)
The British Pain Society

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF THE BRITISH PAIN SOCIETY

We have audited the financial statements of The British Pain Society for the year ended 31st December 2009 on pages 9-17. These financial statements have been prepared under the accounting policies set out therein and the requirements of the Financial Reporting Standard for Smaller Entities (effective April 2008).

This report is made solely to the charity's members. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members as a body, for our audit work, for this report, or for the opinions we have formed.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND AUDITORS

As described in the statement of Trustees' Responsibilities, the trustees (who are also the Directors of The British Pain Society for the purposes of company Law) are responsible for the preparation of the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards. (United Kingdom Generally Accepted Accounting Practice).

Our responsibility is to audit the financial statements in accordance with the relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland).

We report to you our opinion as to whether the financial statements give a true and fair view and are properly prepared in accordance with the Companies Act 2006. We also report to you if, in our opinion, the Trustees' Annual Report is consistent with the financial statements.

In addition we report to you if, in our opinion, the charity has not kept proper accounting records, if we have not received all the information and explanations we require for our audit, or if information is specified by law regarding trustees' remuneration and transactions with the company is not disclosed.

We read the Trustees' Annual Report and consider the implications for our report if we become aware of any apparent misstatements within it.

BASIS OF OPINION

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the trustees in the preparation of the financial statements, and of whether the accounting policies are appropriate to the charity's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

OPINION

In our opinion the financial statements:

- give a true and fair view, in accordance with United Kingdom Generally Accepted Accounting Practice [applicable to Smaller Entities] of the state of the Society's affairs as at 31st December 2009 and of its incoming resources and applications of resources, including its income and expenditure, in the year then ended; and
- have been prepared in accordance with the Companies Act 2006.

In our opinion the information given in the Trustees' Annual Report is consistent with the financial statements.

 17/2/2010

Sandison Lang & Co. - Registered Auditors - 2 St.
Mary's Road - Tonbridge - Kent TN9 2LB

THE BRITISH PAIN SOCIETY
STATEMENT OF FINANCIAL ACTIVITIES

for the year ended 31st December 2009

INCOMING RESOURCES	Notes	Unrestricted Funds	Restricted Funds	Total Funds 2009	Total Funds 2008
INCOMING RESOURCES FROM GENERATED FUNDS					
Voluntary Income					
Subscriptions		163,191		163,191	150,047
Donations, legacies & similar		250		250	1,505
Activities for generating funds					
Label sales		2,864		2,864	178
Investment income					
Interest received	10	6,149	985	7,134	39,229
INCOMING RESOURCES FROM CHARITABLE ACTIVITIES					
Meeting income	2	465,947		465,947	434,097
Newsletter advertising & booklets		23,483		23,483	29,586
General Publications		567		567	(94)
Publications	8	4,703		4,703	34,493
Research Awards and Grants		1,500		1,500	-
PLC Annual Voluntary Seminar		150		150	(1,000)
SIGS	5a	54,894		54,894	18,778
Study Days	6a	19,683		19,683	10,760
Education Days	6b	-		-	1,750
OTHER INCOMING RESOURCES					
Other income		2,034		2,034	3,951
TOTAL INCOMING RESOURCES		£745,415	£985	£746,400	£723,280

THE BRITISH PAIN SOCIETY
STATEMENT OF FINANCIAL ACTIVITIES

for the year ended 31st December 2009 (continued)

RESOURCES EXPENDED	Notes	Unrestricted Funds	Restricted Funds	Total Funds 2009	Total Funds 2008
Costs of generating voluntary income					
Functions costs-BPS promotions/Public Affairs	9	224		224	10
Charitable expenditure					
Research grants		1,783	25,000	26,783	25,682
IASP Travel bursary award		-		-	571
Meeting expenses	2	365,219		365,219	457,748
Sub-Committee expenses		4,040		4,040	3,404
Core Com/SIGS	5a	42,577		42,577	28,095
Working Parties	5b	2,239		2,239	3,146
PLC Annual Voluntary Seminar		2,514		2,514	2,075
Study Days	6a	11,655		11,655	9,771
Education Days	6b	-		-	5,220
Professional Meetings	9	4,736		4,736	5,270
Other meeting expenses		5,762		5,762	1,146
Miscellaneous expenses		271		271	290
Newsletter & Journal		36,686		36,686	40,376
Website		2,939		2,939	5,473
Publications	8	14,274		14,274	19,598
Rent & Service Charges		12,305		12,305	12,126
Secretarial & other staff costs		63,813		63,813	64,591
Printing & postage		2,923		2,923	4,023
Telephone & fax costs		4,598		4,598	4,128
Computer system & software		16,103		16,103	10,514
Equipment hire & storage		564		564	1,011
Premises Rates & Insurance		1,250		1,250	1,196
Office stationery & photocopying		3,831		3,831	2,131
Professional fees		1,675		1,675	379
Subscriptions		233		233	356
Bank charges		1,981	10	1,991	1,920
Depreciation		3,075		3,075	3,843
Governance Costs					
Council expenses	7	5,320		5,320	4,150
Induction of Trustees		581		581	217
Accountancy		8,879		8,879	8,680
Legal fees		2,263		2,263	1,076
Annual Election Expenditure		2,526		2,526	3,710
Annual Report		3,841		3,841	5,557
TOTAL RESOURCES EXPENDED		630,680	25,010	655,690	737,483
Net movement in funds		114,735	(24,025)	90,710	(14,203)
Total funds brought forward		622,859	129,153	752,012	766,215
Transfers between funds	2	-	-	-	-
TOTAL FUNDS CARRIED FORWARD		£737,594	£105,128	£842,722	£752,012

THE BRITISH PAIN SOCIETY BALANCE SHEET

as at 31st December 2009

31.12.08		Notes	31.12.09	
FIXED ASSETS				
Office Equipment				
18,569	Balance at 1st January		15,376	
650	Additions			
19,219			15,376	
3,843	Less: Depreciation		3,075	
15,376				12,301
CURRENT ASSETS				
262,743	Debtors and Prepayments	3	148,031	
157,658	CAF Gold Account		158,632	
18,402	Barclays Account		14,391	
78	Barclays Business Base Rate Tracker		78	
325,476	Charities Deposit Fund		460,520	
172,112	Caf Cash Account		244,015	
-	Petty cash		17	
936,469			1,025,684	
CURRENT LIABILITIES				
199,833	Creditors and Accruals	4	195,263	
736,636				830,421
£752,012	NET ASSETS			£842,722
Represented by:				
ACCUMULATED RESERVES				
Unrestricted Reserves				
260,229	General		333,891	
66,658	Designated: I. Bainbridge		66,658	
229,185	Designated: ASM		249,913	
37,164	Designated: SIGS		49,481	
29,623	Designated: Study Days & Education Days		37,651	
-	Designated: PLC Seminar		-	737,594
Restricted Reserves				
104,153	M B Clulow	11	80,128	
25,000	Pfizer Grant		25,000	105,128
£752,012				£842,722

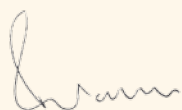
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These financial statements have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006 and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Approved by the Board for issue on 15 February 2010

by:

Director



Dr P J D Evans

15/2/10

NOTES TO THE ACCOUNTS

for the year ended 31st December 2009

I ACCOUNTING POLICIES

A) BASIS OF PREPARATION OF ACCOUNTS

The accounts have been prepared on the basis of historic cost (except that investments are shown at market value) in accordance with Accounting and Reporting by Charities- Statement of Recommended Practice (SORP 2005)

B) RESTRICTED AND UNRESTRICTED FUNDS

Restricted funds are subject to specific conditions imposed by the donor which are binding on the council. Unrestricted funds have no restrictions on their use.

C) DEPRECIATION

Depreciation is charged to write off the cost of fixed assets at the following rates:
Office Equipment - 20% on a reducing balance basis.

2 ANNUAL SCIENTIFIC MEETING

2009 Income and Expenditure Account		£	£
Income			465,947
			<u>465,947</u>
Expenses			
Room Hire	57,715		
Venue-miscellaneous	9,507		
Printing	24,486		
Help at Venue	4,932		
Speakers expenses (inc.travel & accom)	22,716		
Refreshments	25,864		
Coaching	3,078		
Poster Prizes	941		
Poster Boards & Advertising	2,321		
Gifts	1,566		
Van Hire	1,113		
Presidents Dinner	1,736		
Council	11,008		
Staff	2,304		
PLC Committee Members	293		
Social program	51,274		
Insurance	2,726		
Badges	1,280		
Flowers	955		
Cyber Café	2,425		
AVA's / Data Protection	33,531		
Miscellaneous	13,938		
Bursaries	9,686		
Stuffing Delegates Bags	640		
Refund towards costs	(54,089)		
			<u>231,946</u>
Office Cost Contribution			133,273
Total cost before transfers			<u>365,219</u>
Office Cost Contribution - transfer from general funds			<u>(80,000)</u>
Net Surplus			<u>£20,728</u>

APPORTIONED ASM EXPENDITURE

As agreed for 2009 some staff and office costs are apportioned 50% to the Annual Scientific Meeting and 50% to general fund costs.

An additional allocation was required from general funds due to the additional overhead cost in this financial year.

CONTINUED

100% of the annual audit cost is attributed this year to this meeting being £2,056 (2008 £1,955).

3 DEBTORS AND PREPAYMENTS

	2009	2008
Advance Meeting Costs	91,220	203,827
Secretariat Invoices	56,811	58,916
	<u>£ 148,031</u>	<u>£ 262,743</u>

4 CREDITORS AND ACCRUALS

	2009	2008
Creditors	51,068	51,417
Creditor AAGBI	35,524	31,739
Annual Scientific Meeting	108,671	116,677
Mildred B Clulow	-	-
Accruals	-	-
	<u>£ 195,263</u>	<u>£ 199,833</u>

5 A SIGS

	Opening Balance 01.01.2009	Income Expenditure		Closing Balance 31.12.2009
Philosophy & Ethics	(675)	7,739	6,218	846
Acute Pain	6,580	-	-	6,580
Neuropathic Pain	650	-	-	650
Interventional Pain Medicine	9,188	9,700	8,117	10,771
Clinical Information	17,284	-	830	16,454
Pain Management Programmes	5,267	31,485	21,830	14,922
Pain Education	(359)	5,970	5,428	183
Older People	(771)	-	154	(925)
	<u>£ 37,164</u>	<u>£54,894</u>	<u>£42,577</u>	<u>£49,481</u>

5 B WORKING PARTIES

	Opening Balance 01.01.2009	Income	Expenditure	Closing Balance 31.12.2009
Nurses Working Party	(1,421)	-	-	(1,421)
Opioid Recommendations	(62)	-	-	(62)
Desirable Criteria for PM	(1,335)	-	-	(1,335)
HRG	(31)	-	-	(31)
Intrathecal Drug Delivery System	(2,869)	-	-	(2,869)
Pain & Substance Misuse	(3,248)	-	-	(3,248)
Understanding & Managing Pain	(1,119)	-	32	(1,151)
Pain Management Programme	(420)	-	-	(420)
Nurse Recommendations	(1,227)	-	-	(1,227)
Cancer Pain Committee	(926)	-	-	(926)
Rec Management of Chronic Pain in Children	(445)	-	1,221	(1,666)
Drugs Beyond Licence	-	-	756	(756)
Opioids for non cancer pain	(64)	-	-	(64)
RCGP/BPS Guide Lines	(910)	-	230	(1,140)
	<u>£(14,077)</u>	<u>-</u>	<u>£2,239</u>	<u>£(16,316)</u>

6 A STUDY DAYS

30

	Opening Balance 01.01.2009	Income	Expenditure	Closing Balance 31.12.2009
Prior Study Day Surpluses	11,738	-	-	11,738
9th Study Day - 31st January 2008	1,034	-	(300)	1,334
10th Study Day - 7th May 2008	(372)	-	-	(372)
11th Study Day - 29th September 2008	(1,309)	-	422	(1,731)
12th Study Day - 4th December 2008	764	370	1,119	15
13th Study Day - 29th January 2009	1,343	2,570	2,632	1,281
14th Study Day - 8th June 2009	-	7,410	3,240	4,170
15th Study Day - 2nd December 2009	-	6,853	4,092	2,761
16th Study Day - 25th January 2010	-	2,480	450	2,030
Study Day - miscellaneous	(42)	-	-	(42)
	<u>£13,156</u>	<u>£19,683</u>	<u>£11,655</u>	<u>£21,184</u>

CONTINUED

6B EDUCATION DAYS

	Opening Balance 01.01.2009	Income	Expenditure	Closing Balance 31.12.2009
1st March 2007	21,147	-	-	21,147
1st March 2008	(4,880)	-	-	(4,880)
Primary Care Education Day Sponsorship	200	-	-	200
	<u>£16,467</u>	<u>£-</u>	<u>£-</u>	<u>£16,467</u>
TOTAL Study Days & Education Days	<u>£29,623</u>	<u>£19,683</u>	<u>£11,655</u>	<u>£37,651</u>

7 COUNCIL EXPENSES

	2009	2008
(50% charged to general fund and 50% to ASM meeting costs)		
Meeting - Catering	764	995
Meeting - Room Hire	323	109
Meeting - Travelling	3,114	2,293
Meeting - Hotels	803	613
Misc. Expenses	316	140
	<u>£5,320</u>	<u>£4,150</u>

8 PUBLICATIONS

	Opening Balance 01.01.09	Income	Expenditure	Closing Balance 31.12.09
Nursing Practice	(359)	-	-	(359)
Understanding & Managing Pain	(2,297)	2,753	3,189	(2,733)
Spinal Cord Stimulation	53	176	2,882	(2,653)
Opioid Recommendations	2,516	175	1,487	1,204
Drugs Beyond Licence	24	46	257	(187)
Intrathecal Drug Delivery	(3,167)	(125)	13	(3,305)
Pain & Substance Misuse	69	57	-	126
Pain Management Programme	3	71	530	(456)
Rec. Management of Chronic Pain	9	1,500	-	1,509
Help The Aged	-	-	-	-
RCGP/BPS Pain Man. in Primary Care	27,044	-	3,129	23,915
Pain Management Guide Lines	(9,000)	50	2,787	(11,737)
	<u>£14,895</u>	<u>£4,703</u>	<u>£14,274</u>	<u>£5,324</u>

9 PROFESSIONAL MEETINGS

	2009	2008
BPS/Industry Drinks Reception	1,425	10
DoH/Professional Bodies	2,003	1,966
Primary Care Meeting 2009	915	566
Finance Meetings	393	-
IASP August 2008	-	1,300
RCGP October 2008	-	1,438
	£4,736	£5,280

10 DESIGNATED RESERVES

IRENE BAINBRIDGE LEGACY

The following designated fund is the sum from a legacy received in 2005, from Irene Bainbridge. Its designation is as follows: "Basic research into the causes and cures for pain".

	2009	2008
Balance at 1st January	66,658	66,658
Incoming Resources	-	-
Expenditure	-	-
Balance as at 31st December	£66,658	£66,658

32

ASM

The Designated ASM Funds are accumulation of surpluses from meetings over several years and are to be spent on education and research. These funds are represented by:

	2009	2008
Balance at 1st January	229,185	252,836
Incoming Resources ASM	465,947	434,097
Expenditure ASM	(365,219)	(457,748)
Additional cost allocation	(80,000)	-
Balance as at 31st December	£249,913	£229,185

SIGS

The Designated SIGS funds also accumulate surpluses which are to be spent to further the work of the individual SIGS as listed in note 5a.

These funds are represented by:

	2009	2008
Balance at 1st January	37,164	46,481
Incoming Resources SIGS	54,894	18,778
Expenditure SIGS	(42,577)	(28,095)
Balance as at 31st December	£49,481	£37,164

CONTINUED

STUDY DAYS

The Designated Study Days Funds also accumulate surpluses which are to be spent on Study and Education Days

	2009	2008
Balance at 1st January	13,156	12,167
Incoming Resources Study Days	19,683	10,760
Expenditure Study Days	(11,655)	(9,771)
Balance as at 31st December	£21,184	£13,156

EDUCATION DAYS

The Designated Education Days Funds also accumulate surpluses which are to be spent on Study and Education Days.

	2009	2008
Balance at 1st January	16,467	19,937
Incoming Resources Education Days	-	1,750
Expenditure Education Days	-	(5,220)
Balance as at 31st December	£16,467	£16,467

PLC SEMINAR SPONSORSHIP

The PLC Seminar again received no sponsorship and therefore the brought forward loss has been written off against the general fund:

	2009	2008
Balance at 1st January	-	-
Incoming Resources	150	(1,000)
Expenditure	(2,514)	-
Transfer from General Funds	2,364	1,000
Balance at 31st December	-	-
Total Designated Reserves at 31st December 2008	£403,703	£362,630

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II RESTRICTED FUNDS

LEGACY

The following restricted fund is the sum and associated interest from a legacy received in 2001, from Mildred B Clulow, original amount £121,281.62 and a further £34,000 received in 2006. Its restriction is as follows: "Basic research into the causes and cures for pain".

	2009	2008
Balance at 1st January	104,153	121,345
Incoming Resources	-	-
Expenditure	(25,000)	(25,000)
Charges	(10)	(10)
Interest	985	7,818
Balance at 31st December 2008	£80,128	£104,153

FUNDS FOR PFIZER NEUROPATHIC PAIN AWARDS

	2009	2008
Balance at 1st January	25,000	25,000
Incoming Resources	-	-
Expenditure	-	-
Balance at 31st December	<u>£25,000</u>	<u>£25,000</u>
Total Restricted Reserves at 31st December 2008	<u>£105,128</u>	<u>£129,153</u>

I 2 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Reserves	Restricted Reserves	Total 31.12.09
Fixed Assets	12,301	-	12,301
Net Current Assets	725,293	105,128	830,421
	<u>£737,594</u>	<u>£105,128</u>	<u>£842,722</u>

I 3 DIRECTORS EXPENSES

During the period a total of £9,503.87 was reimbursed to Directors for expenses incurred. (Reimbursements for 2008 £6,136.77)

I 4 EMPLOYEES' REMUNERATION

(50% charged to general fund and 50% to ASM meeting costs).

Total remuneration (excluding employer's contributions) for the year amounted to:

Salaries	2009	2008
General Charitable Activities	51,115	57,277
Average number of staff in year - 3		
Apportioned ASM	51,115	57,351
Average number of staff in year - 3		
Temporary staff	1,190	279
Average number of staff in year - 1		
	<u>£103,420</u>	<u>£114,907</u>
Employer's contributions:	2009	2008
Employers Pension Contribution	2,281	3,265
Employers Nat. Insurance Contribution	5,510	5,798
	<u>7,791</u>	<u>9,063</u>
Total cost to charity	<u>£111,211</u>	<u>£123,970</u>

I 5 GRANTS

The annual report details the grants offered by the charity. In 2009 the allowance for the Clulow award was £25,000, which is to be paid out in 2010. The total awarded is £44,396 (in 2008 the Clulow Award grant allowance of £25,000 was not awarded but also to be paid out in 2010).

STATEMENT OF DIRECTORS' RESPONSIBILITIES

Company law requires the directors to prepare financial statements for each financial year which gives a true and fair view of the state of affairs of the company and of the profit or loss of the company during that period. In preparing those financial statements the directors are required to:

- (i) select suitable accounting policies and then apply them consistently,
- (ii) make judgements and estimates that are reasonable and prudent,
- (iii) prepare financial statements on a going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. In preparing this report the directors have taken advantage of special provisions of the Companies Act 2006 relating to small companies.



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A company registered in England and Wales and limited by guarantee.

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A charity registered in Scotland No. SC039583