



- What are the current issues in long term opioid use?
- Opioid tolerance or hyperalgesia?
- What are the psychological effects of long term opioids?
- Discuss the updated BPS guidelines on opioids for persistent pain

# Long term opioid use - Booking Form

Monday 1st November 2010

Delegate fees: BPS Member £120, Non BPS Member £220, Trainee non Members £150



Complete and return to:

The British Pain Society - Third Floor, Churchill House, 35 Red Lion Square, London WC1R 4SG

Or complete and fax to 020 7831 0859. Or you may email the below details to [meetings@britishpainsociety.org](mailto:meetings@britishpainsociety.org)

**Cancellation charges:** For cancellations up to and including 10 working days before the event, a full refund will be given less a £25 administration charge. For cancellations within 10 working days no refund will be given, unless in exceptional circumstances and at the discretion of the Treasurer; for sickness, a doctor's certificate will be required.

Title \_\_\_\_\_  
First name \_\_\_\_\_  
Surname \_\_\_\_\_

I enclose a cheque, payable to the British Pain Society, for the sum of £ \_\_\_\_\_

Are you a member of the British Pain Society? \_\_\_\_\_  
If Yes, what is your membership number? \_\_\_\_\_

Please debit my credit card (Visa/MasterCard/JCB) or Switch/Solo (circle as applicable), for the sum of £ \_\_\_\_\_

Place of work \_\_\_\_\_  
Address for correspondence \_\_\_\_\_

Cardholder's name (please print) \_\_\_\_\_

Telephone \_\_\_\_\_  
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## Trust/Employer Invoices

If your Trust/employer is paying for your registration fees, and you require an invoice to be sent directly to them, please provide full invoice details below. Please note that it is your responsibility to ensure that your Trust/ employer pays for your registration fees prior to the Meeting.

(Switch Only) □□□□

\*In order to process you request to invoice your trust/ employer, we will require proof of their agreement to pay your attendance fees and this must be attached with your registration form.

Issue no. (if on card) □□

Valid from □□/□□ Expiry date □□/□□

Contact name \_\_\_\_\_  
Contact address (including department) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Card Security Code □□□  
(This is the last 3 numbers printed on the signature strip on the back of your card)

House number □□□

Contact telephone number \_\_\_\_\_  
Purchase Order number (if applicable) \_\_\_\_\_  
\_\_\_\_\_

Postcode □□□□□□□□ where credit card is registered.

Signed (Participant) \_\_\_\_\_

Date \_\_\_\_\_





## 09:15-09:45 Registration & Coffee

09:45-09:50 Welcome  
*Dr Joan Hester, Immediate Past President, The British Pain Society*

09:50-10:35 Keynote address: **Prescribing long-term opioids for pain:** Dr Cathy Stannard, Consultant in Pain Medicine, Frenchay Hospital, Bristol

Masterclasses Each masterclass will last for 40 minutes, and there will be 10 delegates per masterclass. The leader will present a case vignette for discussion. Delegates will rotate sessions until they have attended all six masterclasses.

10:40-11:20 **Problem opioid use**  
 Dr Cathy Stannard, Consultant in Pain Medicine, Frenchay Hospital, Bristol

**Immune and Endocrine effects of opioids:**  
 Dr Joan Hester, Consultant in Pain Medicine, Kings College Hospital, London

**Difficult pain problems: TBC**

11:25-12:05 **Problem opioid use**  
 Dr Cathy Stannard, Consultant in Pain Medicine, Frenchay Hospital, Bristol

**Immune and Endocrine effects of opioids:**  
 Dr Joan Hester, Consultant in Pain Medicine, Kings College Hospital, London

**Difficult pain problems: TBC**

12:10-12:50 **Problem opioid use**  
 Dr Cathy Stannard, Consultant in Pain Medicine, Frenchay Hospital, Bristol

**Immune and Endocrine effects of opioids:**  
 Dr Joan Hester, Consultant in Pain Medicine, Kings College Hospital, London

**Difficult pain problems: TBC**

## 12:50-13:35 Lunch

13:35-14:20 Keynote address: **Opioid prescribing – influences on clinician behaviour**  
 Dr Lance McCracken, Consultant Clinical Psychologist, Royal National Hospital for Rheumatic Diseases, Bath

## Masterclasses

14:25-15:05 **The role of Addiction Medicine**  
 Dr James Bell, Consultant in Addictions, South London and Maudsley NHS Foundation Trust

**Opioid prescribing**  
 Dr Lance McCracken, Consultant Clinical Psychologist, Royal National Hospital for Rheumatic Diseases, Bath

**Effectiveness of opioids**  
 Dr Mick Serpell, Consultant and Senior Lecturer in Pain Medicine, Gartnavel General Hospital, Glasgow

## 15:05-15:25 Afternoon Tea

15:25-16:05 **The role of Addiction Medicine**  
 Dr James Bell, Consultant in Addictions, South London and Maudsley NHS Foundation Trust

**Opioid prescribing**  
 Dr Lance McCracken, Consultant Clinical Psychologist, Royal National Hospital for Rheumatic Diseases, Bath

**Effectiveness of opioids**  
 Dr Mick Serpell, Consultant and Senior Lecturer in Pain Medicine, Gartnavel General Hospital, Glasgow

16:10-16:50 **The role of Addiction Medicine**  
 Dr James Bell, Consultant in Addictions, South London and Maudsley NHS Foundation Trust

**Opioid prescribing**  
 Dr Lance McCracken, Consultant Clinical Psychologist, Royal National Hospital for Rheumatic Diseases, Bath

**Effectiveness of opioids**  
 Dr Mick Serpell, Consultant and Senior Lecturer in Pain Medicine, Gartnavel General Hospital, Glasgow

## 16:50 Meeting ends

## Venue

The British Pain Society - Churchill House - 35 Red Lion Square - London WC1R 4SG

Tel: 020 7269 7840 - Email: [meetings@britishpainsociety.org](mailto:meetings@britishpainsociety.org)

**REPEAT**  
of the 16th study day

## Travel Information

By underground

**Holborn** is a 3 minute walk  
(Piccadilly & Central Lines)

**Tottenham Court Road** is a 20 minute walk (Central and Northern Lines); (Bus: Route number 98, pay before boarding, 10 minutes)

**Goodge Street** is a 20 minute walk  
(Northern Line)

National Rail Stations

**Euston** is a 25 minute walk  
Tube: Take the Northern or the Victoria Line to King's Cross change to the Piccadilly Line  
Bus: Route numbers 59, 68, 98 and 168, pay before boarding, 10-15 minutes

**King's Cross** is a 30 minute walk  
Tube: Piccadilly Line

**Waterloo** is a 25-30 minute walk  
Bus: Route numbers 521, 171, 59, 1, 68, 243 and 168, pay before boarding, 10 minutes

**Charing Cross** is a 20 minute walk  
Tube: Take the Northern Line to Tottenham Court Road change to the Central Line  
Bus: Route numbers 9, 87, 139 and 176, pay before boarding, 10 minutes

**Paddington**  
Tube: Take the Bakerloo Line to Oxford Circus change to the Central Line

Taxi

Euston, King's Cross, Waterloo and Charing Cross are a few minutes journey and Paddington Station is 20-30 minutes journey.

Parking

We are situated within a controlled parking area in the London congestion zone. Parking meters are available in the surrounding streets. There is a NCP car park in Bloomsbury Square (Holborn) and in Southampton Row (Russell Square).



THE BRITISH PAIN SOCIETY

Third Floor, Churchill House  
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[www.britishpainsociety.org](http://www.britishpainsociety.org)  
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