

# Pain in older people SIG

- To increase awareness and promote education about pain in older persons
- To provide a national and interdisciplinary forum for people interested in clinical and research questions on pain in older persons
- To develop/endorse best practice guidelines for assessment and management of pain in older persons
- To promote discussion and research on pain in older persons, including:
  - senescence of pain perception
  - multidimensional assessment of pain and its consequences
  - pharmacological and non-pharmacological management of pain
  - uniqueness of the pain experience in patients with cognitive impairment
  - to facilitate the development of international collaborative research efforts on pain in older persons

# Comments

- Promote equal access to pain relief regardless of age, impairment
- Fight age related attitudes to pain relief
- Education of professionals and carers
- Promote research in hospital
- Prevalence audit
- What to do/use etc
- Empowerment of older patients
- Be a point of reference
- Develop best practice guidelines
- Develop links with other groups

# Officers

- Chair: Dr Pat Schofield – University of Aberdeen [p.a.schofield@sheffield.ac.uk](mailto:p.a.schofield@sheffield.ac.uk)
- Vice Chair: Dr Denis Martin University of Teesside [denis.martin@tees.ac.uk](mailto:denis.martin@tees.ac.uk)
- Newsletter: Caroline Swarbrick University of Manchester
- Web page:
- Lay person

# Short, Medium & Long term Goals

- Develop a profile within the British Pain Society & communication with members
- Links with acute pain, education etc
- Define population (?WHO)
- Identify different areas of expertise – collaborations
- Educating others (professionals, carers, support workers)
- Clarify who, what, why

# Dissemination

- Web – BPS, Pod casts
- Data Base - experts
- Newsletter
- Stakeholders
  - Saga, mature times etc
- Links
  - BGS
  - Age Anaesthesia
  - Age Concern & other charities

# Study Days & Meetings

- **Jan 2008**
- Pain in dementia
- Opiate use
- NSAID's
- Depression
- Physiology of pain and ageing
- Advocacy
- Patient "wants"
- Compliance
- CAM use
- Pain control vs. satisfaction
- Life Expectations
- Specifics
  - Musculo-skeletal pain
  - Parkinsons
  - Stroke
  - Dementia
  - Multiple pathologies

# Other Information

- Guidelines for Management of Pain in Older People
- Links with IASP
- Name, address e-mail