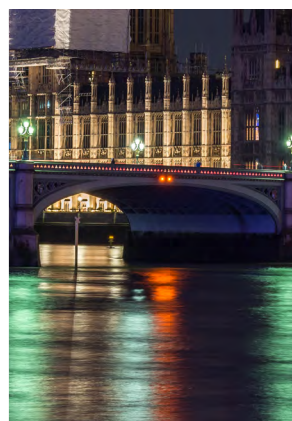




**THE BRITISH
PAIN SOCIETY**
EXPERTISE WHERE IT MATTERS



THE BRITISH PAIN SOCIETY
ANNUAL
SCIENTIFIC
MEETING
2020
31 MARCH - 2 APRIL

REGISTRATION PROGRAMME

THE BRITISH PAIN SOCIETY'S
53RD ANNUAL SCIENTIFIC MEETING

PRE-MEETINGS: MONDAY 30 MARCH 2020
ASM: TUESDAY 31 MARCH - THURSDAY 2 APRIL 2020
CADAVER WORKSHOP: FRIDAY 3 APRIL 2020

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NUMBER OF AVAILABLE CPD POINTS 11.5

WELCOME TO THE 53RD ANNUAL SCIENTIFIC MEETING 2020

2020 ASM: A new year and a new look Annual Scientific Meeting!

We are delighted to share with you our plans for our 2020 ASM in London. We've taken what works well from previous Meetings, and added in some new and exciting session formats as detailed below.

We have worked hard to put together a stimulating and innovative programme with high quality educational and scientific content while also being clinically relevant.

The multidisciplinary nature of the Society is reflected throughout the scientific programme, with lecture and workshop topics chosen specifically to ensure there is something of interest to all participants, whatever their specialty.

We have secured an outstanding faculty of speakers from the UK, Europe, USA and Australia, who are cutting edge experts in their field. We look forward to our plenary speakers delivering thought-provoking lectures, with clear implications for practice.

In addition to the scientific programme, participants may visit the e-poster exhibition, technical exhibition and attend satellite meetings. These are all important aspects of the ASM. All delegates are also invited to join us at the ASM drinks receptions which are great opportunities to network and catch up with new and old colleagues in a relaxed atmosphere.

Last but far from least, we also have a whole range of supplementary sessions and full-day meetings around the ASM that we invite you to come and enjoy!

So, what's new for the 2020 ASM format?

TOPICAL PLENARIES

This year we have moved away from the traditional plenary format. Besides our recognised BPS and Pat Wall Lectures, we will be holding 'topical' plenary sessions, with up to three speakers per session. This is to allow us to really look in more depth at a topic from different MDT viewpoints.

MEET THE EXPERTS

Taking place within the exhibition space, these sessions will be more informal to allow delegates to interact with the experts in small group discussions. There will be a selection of topics to choose from; delegates are encouraged to go along and ask questions and discuss their queries with them. This session is only open to those attending the ASM.

EARLY CAREERS "SPEED DATING" SESSION

Open to both ASM delegates and non-ASM delegates alike, this afternoon session is all about networking for our junior colleagues and those just starting out in their careers.

Catering for all disciplines, a fun "speed dating" type format will allow those attending to move around and meet many experienced colleagues giving them the opportunity to make new connections and ask as many questions as they wish before the bell rings to move along!

This session is free to attend for those already at the ASM, but a nominal charge will apply to non-ASM delegates wishing to participate.

ULTRASOUND WORKSHOPS

Providing something a little more hands on, small groups of delegates will be able to participate in an Ultrasound workshop with world renowned experts who will demonstrate and guide topics of interest to the delegates. These workshops will be repeated across the three days and will run concurrently with the parallel sessions. Places are limited and will only be bookable once onsite at the Meeting, so if you are keen to participate please book early!

What else is happening? Supplementary meetings and sessions:

Monday 30 March 2020

Acute Pain “Synchronicity – Working together to reduce chronicity”

Open to both ASM delegates and non-ASM delegates alike, this one day meeting is aimed at all disciplines working in acute pain management. An Acute Pain Special Interest Group (SIG) event, the speakers are experts in their fields. For more information please see page 8.

Reduced rates are available for those also attending the ASM.

Interventional Pain Medicine Meeting “Current updates for your practice”

Open to both ASM delegates and non-ASM delegates alike. An Interventional Pain Management Special Interest Group (SIG) event, the speakers are experts in their fields. For more information please see page 9.

Reduced rates are available for those also attending the ASM.

Tuesday 31 March 2020

Opioids Update for Non-Medical Prescribers

This two hour session for non-medical prescribers will be looking at the current issues around prescribing and de-prescribing of opioids and the role of pharmacy in perioperative opioid surveillance in hospital and community. With key speakers from the UK, it promises to be informative and relatable to your practice. For more information please see page 10.

This supplementary session is free to attend for those also attending the ASM, but a nominal charge will apply to non-ASM delegates wishing to participate.

Headache SIG Meeting

Open to both ASM delegates and non-ASM delegates alike, this is a Headache SIG event and the speakers are experts in their fields. Included Botox injections workshop. For more information please see page 11.

This supplementary session is free to attend for those also attending the ASM, but a nominal charge will apply to non-ASM delegates wishing to participate.

Friday 3 April 2020

Cadaver Workshop

The British Pain Society will for the first time be organising a Hands-on Cadaver Workshop on Interventional Pain Medicine and Neuromodulation Procedures at the Department of Anatomy, King’s College London, Guy’s Hospital Campus on Friday, 3 April 2020.

Leading experts will teach the latest interventional techniques at the workshop under x-ray and ultrasound guidance with hands-on cadaver training as well as live model scanning.

The workshop is a supplementary event of the Annual Scientific Meeting and registration fees apply.



AND IF THAT STILL HASN'T CONVINCED YOU, LET'S LOOK AT WHO SHOULD ATTEND AND WHY?

Who?

- Academic researchers in pain
- Consultants and specialist doctors in pain medicine
- Doctors training in related specialties
- GPs and GP trainees
- Occupational therapists
- Pain medicine nurses
- Pharmacists
- Physiotherapists
- Psychologists
- Specialists in pain management
- Students with an interest in pain medicine

Why?

- Network with colleagues
- Keep up to date with the latest research and developments relevant to pain
- Raise questions, partake in debates and discuss outcomes
- Meet with poster exhibitors and discuss their research
- Meet with technical exhibitors and hear about their products and services
- Discuss your own research
- Interact with professionals from other disciplines with a shared interest in pain
- Unwind at our social events

We hope you are as excited by the 2020 programme as we are, and we welcome your feedback after the event to let us know how you thought it worked.

2020 ASM PROGRAMME OUTLINE

MONDAY 30 MARCH

Supplementary Sessions

Venue: Hilton London Tower Bridge

09:00-17:00 Acute Pain "Synchronicity – Working together to reduce chronicity"

09:00-17:00 Interventional Pain Medicine Meeting "Current updates for your practice"

TUESDAY 31 MARCH

Supplementary Sessions

Venue: Park Plaza London Riverbank

09:30-11:30 Opioids update for Non-Medical Prescribers

09:30-11:30 Meet the Experts

09:30-11:30 Headache SIG Meeting

ASM

12:00-12:10 Welcome from the BPS President & SPC Chair

12:10-12:50 Plenary Lecture 1 - BPS Lecture

13:00-14:00 Lunch & Industry Sponsored Satellite Symposium

14:00-15:25 Topical Plenary 2 – Low Back Pain

15:25-16:00 Coffee break

16:00-17:20 Parallel Sessions A **OR** Ultrasound workshops

A1: Personalised Pain – Biomarkers, Big Data and Biologics in 21st century Pain Management

A2: Treating patients involved in litigation: separating the myths from the truths and optimising clinical outputs

A3: Developments in Neuromodulation

A4: Data-Roaming

17:30-18:30 Industry Sponsored Satellite Symposium

18:30-20:30 Welcome Reception

WEDNESDAY 1 APRIL

ASM

Venue: Park Plaza London Riverbank

08:00-09:00 Meet the Experts **OR** SIG Business Meetings

09:10-10:30 Parallel Sessions B **OR** Ultrasound Workshops

B1: Legal implications of MDT working or 'I will just book a little injection'

B2: Opioid Tapering

B3: Beyond the nervous system; pain modulation via other bodily systems

B4: How to hit the spot – US guidance vs fluoroscopy for interventional techniques

2020 ASM PROGRAMME OUTLINE

10:30-11:00	Coffee Break	
11:00-11:50	Topical Plenary 3 - Cannabis (Real World Data)	
11:50 - 12:40	Topical Plenary 4 – The Big Plenary Debate	Supplementary Session: 12:40-16:30 Early Careers Session
12:40 - 13:45	Lunch OR Industry Sponsored Satellite Symposium	
13:50 - 15:00	AGM	
15:00 - 16:00	Oral Poster Presentations	
16:00 - 16:30	Coffee Break	
16:30 - 17:10	Plenary Lecture 5 - Pat Wall Lecture	
17:25 - 18:25	Industry Sponsored Satellite Symposium	
18:30 - late	Drinks Reception	

THURSDAY 2 APRIL

ASM

Venue: Park Plaza London Riverbank

08:00 - 09:00	SIG Business Meetings
09:00 - 10:20	Parallel Sessions C OR Ultrasound Workshops
	C1: Meeting the needs of older people - advancing work in pain education and pain in older people
	C2: Radiofrequency ablation: are we doing it right?
	C3: Clinicians guide to Cannabis products in pain management
	C4: Development of a model of care for impatient pain services toward better management of patients admitted with chronic and complex pain
10:20 - 11:30	Coffee Break / Industry Sponsored Satellite Symposium
11:35 - 12:50	Topical Plenary 6 – Fibromyalgia and widespread pain
12:50 - 14:00	Lunch / Industry Sponsored Satellite Symposium
14:00 - 15:15	Topical Plenary 7 – Pain Research
15:15 - 15:25	Closing Ceremony

FRIDAY 3 APRIL

Supplementary Meeting

Venue: The Gordon Museum of Pathology & Department of Anatomy, Guy's Campus, King's College London

09:00-17:00 Cadaver Workshop

Please note that the programme may be subject to minor alterations



SUPPLEMENTARY MEETINGS AND SESSIONS



Monday 30 March 2020, 09:00-16:50

Hilton London Tower Bridge Hotel,
5 More London Riverside,
Tooley Street, London SE1 2BY

ACUTE PAIN “SYNCHRONICITY – WORKING TOGETHER TO REDUCE CHRONICITY”

2020 is the IASP Global Year Against Chronicity of Pain and we are delighted that IASP Councillor, Global Year Lead and Chair of the IASP Acute Pain Special Interest Group, Prof Dr Esther Pogatzki-Zahn will be our opening speaker. We also have sessions delivered by Prof Madelon Peters (Experimental Health Psychology, Maastricht, Holland) and Dr Ruth Zaslansky (Scientific Manager PAIN OUT, Jena, Germany).

6 CPD POINTS

09:00 - 09:30	Registration and Coffee
09:30 - 09:40	Introduction and welcome
09:40 - 10:10	An overview of the IASP global year against chronicity and pain <i>Prof Dr Med Esther Pogatzki-Zahn, IASP Global Year Lead 2020, Chair IASP Acute Pain SIG, Council Member IASP, Jena, Germany</i>
10:10 -10:50	Acute mechanisms of nociception and nociplasticity <i>Dr Kirsty Bannister, Lecturer, Kings College London</i>
10:50 -11:25	Embedding psychology in acute pain <i>Prof. Madelon Peters, Experimental Health Psychology, Maastricht, Holland</i>
11:25 -12:00	The microbiome and acute pain <i>Dr Gillian Chumbley, Consultant Nurse, Imperial Health</i>
12:00 -13:00	Lunch
13:00 -13:40	Driving change in perioperative care using data <i>Dr Ruth Zaslansky, Scientific Manager PAIN Out, Jena, Germany</i>
13:40 -14:20	Prehabilitation - Whose job is it anyway? <i>Speaker tbc</i>
14:20 -14:45	Acute pain management and the struggle against opioid prescribing <i>Dr Kristin Ullrich, Consultant in Anaesthesia & Pain, Barts Health NHS Trust</i>
14:45 -15:00	Ask the experts
15:00 -15:20	Coffee break

15:20 -15:50	Fractured rib pathway – refining care, reducing risk <i>Dr Alex Wickham, Consultant Anaesthetist, Imperial Health</i>
15:50 -17:00	Workshop + Expert panel session How I manage fractured ribs in practice Covering serratus anterior plane, erector spinae, subpectoral and PVB (+/- lidocaine) infusions – approaches, medicines and management <i>Dr Madan Narayanan et al, Consultant in Anaesthesia & Pain, Frimley Park</i>
17:00	Summary & Close

In the adjacent room the Interventional Pain SIG will be running a concurrent workshop. Attendees will be able to move freely between the two programmes throughout the day at no extra cost.

Reduced rates are available for those delegates who are also attending the ASM. This meeting can be booked as part of your ASM registration.

If you are not attending the ASM, but still wish to attend this one day event, you can register directly at: www.britishpainsociety.org/meeting-booking/acute-pain-sig-pre-meeting-monday-30th-march/

Monday 30 March 2020, 09:00-17:00

Hilton London Tower Bridge Hotel, 5 More London Riverside, Tooley Street, London SE1 2BY

INTERVENTIONAL PAIN MEDICINE SIG MEETING “CURRENT UPDATES FOR YOUR PRACTICE”

6 CPD POINTS

08:15 - 08:50	Registration
08:50 - 09:00	Opening welcome: Sumit Gulati, Liverpool
09:00 - 10:45	Spine 1. NERVES Trial: New paradigm for pain, neurosurgery collaborative working. <i>Martin Wilby, Liverpool</i> 2. Discogenic pain: Story beyond Methylene blue: <i>Jan Kalleward, Netherlands</i> 3. Pars defect, black discs, tight foramen: Inject, operate or do nothing. <i>Marco Teli, Liverpool, Eurospine President Elect.</i> Discussion
10:45 - 11:15	Refreshments/ Industry
11:15 - 12:30	Neuromodulation 1. Selecting a good SCS candidate for various indications: speaker tbc 2. Neuromodulation for Peripheral nerves and muscles: New therapies for electrical and Injectable therapies: speaker tbc
12:30 - 13:00	Research update: A RADICAL view of Facet Joint Pain: <i>Cathy Price, Southampton</i>

13:00 - 14:00	Lunch
14:00- 15:15	Controversies and updates <ol style="list-style-type: none"> 1. Cervical Radiculopathy: Transforaminal, catheter or none: Jury still out? Panel and expert view. <i>Ashish Gulve</i> 2. SI Joint Pain: Update on RF denervation and surgical options. <i>Neil Collighan, Pain Consultant Canterbury, Spinal Surgeon.</i>
15:15- 15:30	Coffee/ Networking
1530-1730	Peripheries <ol style="list-style-type: none"> 1. 1530-1600: Denervation of major joints: Hips, Knees, Shoulder: <i>Anuj Bhatia, Toronto</i> 2. 1600-1630: Regenerative Medicine in Chronic Pain 3. 1630- 1730: Ultrasound free stations: Live demo and Ask the experts

In the adjacent room the Acute Pain SIG will be running a concurrent workshop. Attendees will be able to move freely between the two programmes throughout the day at no extra cost.

Reduced rates are available for those delegates who are also attending the ASM. This meeting can be booked as part of your ASM registration.

If you are not attending the ASM, but still wish to attend this one day event, you can register directly at: www.britishpainsociety.org/meeting-booking/interventional-pain-medicine-sig-pre-meeting-monday-30th-march/

Tuesday 31 March 2020, 09:30 - 11:30

Park Plaza London Riverbank

18 Albert Embankment,

Lambeth, London SE1 7JT

OPIOIDS UPDATE FOR NON-MEDICAL PRESCRIBERS



CPD POINTS APPLIED FOR

Opioid essentials – from basics to clinical practice

Prof. Roger Knaggs

Opioids: an update on prescribing and de-prescribing issues relevant to non-medical prescribers

Dr Dev Srivastava

Role of pharmacy in perioperative Opioid surveillance in hospital and community

Dr Alison MacRobbie

This supplementary session is free to attend for those also attending the ASM, but a nominal charge

will apply to non-ASM delegates wishing to participate.

If you are not attending the ASM, but still wish to attend this 2 hour meeting, you can register directly at: www.britishpainsociety.org/meeting-booking/opioids-update-for-non-medical-prescribers-session-tuesday-31st-march-2020-0930-1130/

Tuesday 31 March 2020, 09:30-12:00

Park Plaza London Riverbank
18 Albert Embankment,
Lambeth, London SE17JT

‘MEET THE EXPERTS’ SESSION

Taking place within the exhibition space, these sessions will be more informal to allow delegates to interact with various experts in small group discussions. There will be a selection of topics to choose from; delegates are encouraged to go along and ask questions and discuss their queries with them. This session is only open to those attending the ASM.

Topics:

- a. Designing clinical studies
- b. Neuromodulation tips and tricks
- c. MSK tips
- d. Effective self-management and the Pain Toolkit
- e. Fibromyalgia; the Hyland model and Body Reprogramming
- f. Cancer Pain

Tuesday 31 March 2020, 09:00 - 11:45

Park Plaza London Riverbank
18 Albert Embankment, Lambeth,
London SE1 7JT

HEADACHE SIG MEETING

CPD POINTS APPLIED FOR

08:30 - 9:00	Registration
09:00 - 09:15	Headache SIG Present and Future
09:15 - 09:45	Diagnosis of migraine
09:45 - 10:15	Cervicogenic Headache
10:15 - 10:45	Targeting CGRP receptors
10:45 - 11:15	Neuromodulation in chronic migraine
11:15 - 11:45	Botox- Revisiting the PREEMPT paradigm

This supplementary session is free to attend for those also attending the ASM, but a nominal charge will apply to non-ASM delegates wishing to participate.

If you are not attending the ASM, but still wish to attend this 2 hour meeting, you can register directly at: www.britishpainsociety.org/meeting-booking/headache-sig-meeting-tuesday-31st-march-2020/

BRITISH PAIN SOCIETY'S HANDS-ON CADAVER WORKSHOP ON INTERVENTIONAL PAIN MEDICINE & NEUROMODULATION PROCEDURES

Friday, 3 April 2020, 09:00 - 17:30

Venue: Gordon Museum of Pathology and Department of Anatomy, Hodgkin Building, King's College London, Guy's Hospital Campus, London SE1 1UL

CPD POINTS APPLIED FOR

09:00 - 09:30 Registration/Tea & coffee/Exhibition

09:30 - 09:45 Welcome & Housekeeping

09:45 - 10:30 Hands-on Stations 1-8

10:30 - 11:15 Hands-on Stations 1-8

11:15 - 11:45 Tea & coffee/Exhibition

11:45 - 12:30 Hands-on Stations 1-8

12:30 - 13:15 Hands-on Stations 1-8

13:15 - 14:15 Lunch/Exhibition

14:15 - 15:00 Hands-on Stations 1-8

15:00 - 15:45 Hands-on Stations 1-8

15:45 - 16:30 Hands-on Stations 1-8

16:30 - 17:15 Hands-on Stations 1-8

17:15 - 17:30 Feedback & closure

Hands-on Workshop Stations 1-8

1. X-ray Guided Interventions for Headache & Cervicalgia:

Cervical facets, MBB, Denervation

2. X-ray Guided Interventions for Back Pain:

MBB, SIJ, Denervation, Racz Epidurolysis

3. X-ray Guided Spinal Cord Stimulation

4. Combined X-ray/USG Guided Peripheral Neuromodulation

5. Ultrasound Guided Pain Interventions for Headache & Cervicalgia:

GON, Nerve Roots, Cervical Facets

6. Ultrasound Guided Pain Interventions of the Pelvis:

Piriformis, obturator internus, pudendal N. Caudal

7. Ultrasound Guided MSK Interventions:

Lower Limbs, Knee, Hip, Regenerative Medicine

8. Ultrasound Guided Pain Interventions:

Suprascapular, shoulder joint, intercostal nerve, Paravertebral, peripheral nerve

Reduced rates are available for those delegates who are also attending the ASM. This meeting can be booked as part of your ASM registration.

If you are not attending the ASM, but still wish to attend this one day event, you can register directly at: www.britishpainsociety.org/meeting-booking/cadaver-workshop-monday-30th-march-2020/



ANNUAL SCIENTIFIC MEETING



DAY ONE: TUESDAY 31 MARCH 2020

- 09:30-12:00** **Welcome refreshments: Technical and E-poster Exhibitions**
- 09:30-11:30** **Meet the Experts Session**
- Designing clinical studies
 - Neuromodulation tips and tricks
 - MSK tips
 - Effective self-management and the Pain Toolkit
 - Fibromyalgia; the Hyland model and Body Reprogramming
 - Cancer Pain
- 12:00-12:10** **Welcome from President and Chair of Scientific Programme Committee**
- 12:10-12:50** **Plenary Lecture 1 - BPS Lecture: Dr Phil Hammond**
- 13:00-14:00** **Lunch Break: Technical and E-poster Exhibitions**
- 14:10-15:25** **Topical Plenary Lecture 2**
Low Back Pain
- Regenerative medicine and biological treatment of the spine. Speaker tbc
 - Cognitive Functional Therapy and recent developments in physical rehabilitation. Dr Mary O’Keefe
 - Psychological Interventions for low back pain: start of the art and future directions. Prof Tamar Pincus
- 15:25-16:00** **Coffee Break: Technical and E-poster Exhibitions**
- 16:00-17:20** **Parallel Sessions A1-A4**
- Ultrasound workshops 1 & 2**
Bookings available onsite only
- A1: Personalised Pain – Biomarkers, Big Data and Biologics in 21st century Pain Management’**
- Chair: Dr Matthew Brown**
- Biomarkers in pain – are targeted approaches hitting the bullseye or missing the point? Dr David Magee
 - Data in pain medicine – will big data and the medtech revolution change the landscape of pain medicine? Dr Matthew Brown
 - Biologics, targeted therapies and pain – are novel therapies causing novel problems? Dr Paul Farquhar-Smith



A2: Treating patients involved in litigation: Separating the myths from the truths and optimising clinical outcomes

Chair: Dr Glyn Towleron

- Medical interventions in litigating patients: Unravelling the facts from the fiction. Dr Jon Valentine
- Pain management programmes: Experiences and clinical outcome data from The Walton Centre, Liverpool. Dr Hannah Twiddy
- Psychiatric & Psychological intervention: The changing views on the impact of the resolution of litigation on outcome. Dr Paul Mallett

A3: Developments in neuromodulation

Chair: tbc

- E-tool for SCS referral and selection. Dr Simon Thomson
- Sub-threshold spinal cord stimulation at various kilohertz frequencies. Dr Adnan Al Kaisy
- Neuromodulation – the next 10 years. Dr Tom Yearwood

A4: Data Roaming

Co-Chairs: Felicia Cox & Jane Quinlan

- Bench to bedside - Procedure-specific Risk Factor Analysis for the Development of Severe Postoperative Pain. Prof Esther Pogatski-Zahn
- How PAIN Out data can impact care delivery. Prof Ruth Zaslansky
- Chronic pain in inpatients - UK data from the CHiPS project. Dr Suchita Kanagasundaram
- Panel discussion

17:30-18:30

Industry Sponsored Satellite Symposium

18:30-20:30

Welcome Reception

DAY TWO: WEDNESDAY 1 APRIL 2020

08:00-09:00 **Arrival refreshments: Technical and E-poster Exhibitions**

08:00-09:00 **Business Meetings of the following Special Interest Groups:**

- Pain in Older People
- Pain Education
- Pain Management Programmes

08:00-09:00 **Meet the Experts Session**

- Designing clinical studies
- Neuromodulation tips and tricks
- MSK tips
- Effective self-management and the Pain Toolkit
- Fibromyalgia; the Hyland model and Body Reprogramming
- Cancer Pain

09:10-10:30 **Parallel Sessions B1-B4**

Ultrasound workshops 3 & 4
Bookings available onsite only

B1: Legal implications of Multidisciplinary working or 'I will just book a little injection'

Co-Chairs: Dr Martin Hey & Dr Glyn Towleron

- Aspects of consent and the changing laws. Dr Raj Munglani
- Non GMC professionals should not book patients for procedures.
Dr Jon Valentine
- Non GMC professionals should book patients for procedures.
Dr Nick Padfield

B2: Opioid Tapering

Chair: tbc

Session details tbc

B3: Beyond the Nervous System: pain modulation via other bodily systems

Chair: Mr Craig Crawley

- The Body's Protective Systems – Integrating pain management via the sensory, immune, and endocrine systems. Mr Craig Crawley
- Dietary advice – the forgotten self-management strategy. Dr Lucy Ward
- Pain reduction and pain management: integrating pain clinic services.
Speaker tbc

B4: How to hit the spot – US guidance vs fluoroscopy for interventional techniques

Chair: tbc

- Accuracy and safety aspects of lumbar medial branch blocks under US or fluoroscopy control. Speaker tbc

- Cervical nerve root blocks are safer than and as precise as fluoroscopy under US control. Dr Athmaja Thottungal
- Advances of US for pain interventions, where are we and where can we go? Speaker tbc

10:30-11:00 Coffee Break: Technical and E-poster Exhibitions

11:00-11:50 Topical Plenary Lecture 3
Cannabis (Real World Data)
Speakers tbc

11:50-12:40 Topical Plenary Lecture 4 – The Big Plenary Debate
NICE or Nasty: Medical paternalism versus patient autonomy: should we be bound to follow professional guidelines?
FOR: Dr Paul Chrisp
AGAINST: Mrs Victoria Abbott-Fleming
Moderator: Patricia Hitchcock QC

12:40-13:45 Lunch Break: Technical and E-poster Exhibitions

12:45-13:45 Industry Sponsored Satellite Symposium

13:50-15:00 Annual General Meeting (members only)

15:00-16:00 Oral Poster Presentations

16:00 16:30 Coffee Break: Technical and E-poster Exhibitions

16:30-17:10 Plenary Lecture 5 - Pat Wall Lecture: Dr Vilayanur Ramachandran

17:25-18:25 Industry Sponsored Satellite Symposium

18:30-Late Drinks Reception

↑
12:40-16:30
Early Careers
Session
↓



DAY THREE: THURSDAY 2 APRIL 2020

08:00-09:00 **Arrival refreshments: Technical and E-poster Exhibitions**

08:00-09:00 **Business Meetings of the following Special Interest Groups:**

- Primary and Community Care
- Pain in Developing Countries

09:00-10:20 **Parallel Sessions C1-C4:**

C1: Meeting the needs of older people – advancing work in pain education and pain in older people

Chair: Dr Amelia Swift

- Updated guidance of management of pain in older people. Mrs Margaret Dunham
- Using patients' views and experiences to reform pain education for students and health professionals – findings from a meta-ethnography. Ms Kate Thompson
- Example of an existing patient centred education tool – FLO's story. Dr Cormac Ryan and Prof Denis Martin

C2: Radiofrequency ablation: are we doing it right?

Chair: Dr Ganesan Baranidharan

- Does RF technique influence the outcome? What have we learnt from the available evidence? Dr Stephen Ward
- What are the obstacles to teaching and learning RF techniques? An overview of Cervical RF ablation technique. Dr Sherdil Nath
- An overview of Lumbar RF ablation technique. Dr Ganesan Baranidharan

C3: Clinicians guide to using Cannabis products in pain management

Chair: Prof Roger Knaggs.

Speakers and topics tbc

C4: Development of a model of care for Inpatient pain services toward better management of patients admitted with chronic and complex pain

Chair: Dr Suchitra Kanagasundaram

- Chronic and complex pain workload of Inpatient pain services - What next? Dr David Hutchings
- The role of the physiotherapist in the Inpatient pain team. Ms Jackie Walumbe
- Psychological Interventions – managing the distressed inpatient with complex pain presentation. Dr Zoey Malpus

10:20-11:30 **Coffee Break: Technical and E-poster Exhibitions**

10:25-11:25 **Industry Sponsored Satellite Symposium**

11:35-12:50

Topical Plenary Lecture 6

Fibromyalgia and widespread pain

- The epigenetics of widespread pain. Dr Frances Williams
- Is fibromyalgia an autoimmune disease? Dr David Andersson & Dr Andreas Goebel

12:50-14:00

Lunch Break: Technical and E-poster Exhibitions

12:55-13:55

Industry Sponsored Satellite Symposium

14:00-15:15

Topical Plenary Lecture 7

Pain Research

- Understanding pain mechanisms – what have we learned from the laboratory? Prof Steve McMahon
- Big Pharma and big data – lessons from epidemiology. Speaker tbc
- Clinical effectiveness in persistent pain: navigating the evidence maze. Dr Neil O'Connell

15:15-15:25

Closing Ceremony

15:25-16:00

Coffee Break and close of ASM



HOW TO REGISTER

With so many options at the ASM to choose from this year, we have enabled a one-stop booking portal which includes ALL of the supplementary meetings and sessions for you to choose from and book in one place.

Based on previous feedback, we have also introduced multiple day rates, allowing you to really customise the whole experience to your personal requirements.

To register for the ASM including supplementary meetings and sessions please visit our website at: www.britishpainsociety.org/meeting-booking/2020-annual-scientific-meeting/

Please note: BPS members will need to be logged in to the website to access member rates.

Once your online registration is complete and your payment has been processed you will be emailed a confirmation of booking.

If you are not attending the ASM, but are interested in coming along to one of the supplementary meetings/sessions, you can book to attend each of these directly at the following links;

Acute Pain “Synchronicity – Working together to reduce chronicity”: www.britishpainsociety.org/meeting-booking/acute-pain-sig-pre-meeting-monday-30th-march/

www.britishpainsociety.org/meeting-booking/acute-pain-sig-pre-meeting-monday-30th-march/

IPM SIG: www.britishpainsociety.org/meeting-booking/interventional-pain-medicine-sig-pre-meeting-monday-30th-march/

Opioids update for Non-Medical Prescribers: www.britishpainsociety.org/meeting-booking/opioids-update-for-non-medical-prescribers-session-tuesday-31st-march-2020-0930-1130/

Headache SIG: www.britishpainsociety.org/meeting-booking/headache-sig-meeting-tuesday-31st-march-2020/

Early Careers “speed dating” Session: www.britishpainsociety.org/meeting-booking/early-careers-session-wednesday-1st-april-2020-1240-1630/

Cadaver workshop: www.britishpainsociety.org/meeting-booking/cadaver-workshop-monday-30th-march-2020/

Please note that the ‘Meet the Experts’ and ‘Ultrasound workshop’ sessions are only available to those attending the ASM and therefore cannot be booked separately.

Supplementary Meetings/Sessions Registration

Fees:

Supplementary Meeting/Session	ASM Attendees:		Non-ASM Attendees	
	BPS Member	BPS Non-Member	BPS Member	BPS Non-Member
Acute Pain “Synchronicity” Working together to reduce chronicity	£110	£195	£145	£265
IPM SIG	£110	£195	£145	£265
Opioids update for Non-Medical Prescribers	£0	£0	£50	£50

Supplementary Meeting/Session	ASM Attendees:		Non-ASM Attendees	
	BPS Member	BPS Non-Member	BPS Member	BPS Non-Member
Headache SIG Meeting	£0	£0	£50	£50
Early Careers "speed dating" session	£0	£0	£50	£50
Cadaver Workshops	£375	£475	£475	£575

For any registration queries (aside from Membership related items) please contact Ciaran Wazir at ciaranwazir@gmail.com

ASM REGISTRATION FEES:

Registration Options	Early Bird until 31st Jan			Normal 1st Feb - 27th March			Onsite From From 31st March		
	1 day	2 days	3 days	1 day	2 days	3 days	1 day	2 days	3 days
Members, taxable income <£20,000	£110	£180	£210	£130	£230	£260	£140	£240	£270
Members, taxable income £20,000 - £29,999	£130	£245	£275	£155	£305	£335	£170	£320	£350
Members, taxable income £30,000 - £39,999	£150	£275	£350	£180	£340	£370	£210	£400	£430
Members, taxable income £40,000 - £69,999	£180	£295	£400	£225	£435	£465	£240	£465	£495
Members, taxable income >£70,000	£195	£325	£450	£255	£495	£525	£270	£525	£555
Member student rate* Flat Fee		£180			£215			£225	
Honorary Member	No fee								
Non-members, taxable income <£20,000	£150	£285	£315	£180	£345	£375	£190	£355	£385
Non-members, taxable income £20,000 - £29,999	£190	£365	£395	£220	£425	£455	£235	£440	£470
Non-members, taxable income £30,000-£39,999	£230	£440	£470	£265	£510	£540	£285	£530	£570
Non-members, taxable income £40,000 - £69,999	£260	£490	£530	£300	£525	£555	£310	£540	£585
Non-members, taxable income >£70,000	£300	£555	£600	£345	£670	£700	£355	£680	£710
Non-member student Rate* Flat Fee		£200			£250			£260	

* Student rates apply to members or non-members who are undergraduate or postgraduate students and earn less than £10,000 per annum. Once you have registered online a letter confirming your student status signed off by your supervisor or administrative department of the university must be sent to the BPS secretariat at Churchill House, 35 Red Lion Square, London, WC1R 4SG in order to confirm your booking. Applicants who are unable to provide this information may be refused the student rate.

Honorary Members

Honorary Members of The British Pain Society are not required to pay registration fees to attend the Meeting.

Speakers

Contributors to the Scientific Programme should check their correspondence concerning registration fees. Please note that poster abstract presenters do not qualify for waived registration fees.

Members

If you are a member of The British Pain Society you will benefit from reduced registration fees to not only the ASM but also the Supplementary Meetings. To qualify for the members' rate, you must be a member of the Society at the time of the Meeting, having paid your 2019/20 membership subscription.

For any queries regarding membership renewals please contact Dylan Taylor via email on dylan@britishpainsociety.org

Non-Members

Non-members are welcome to attend the ASM, however joining the Society as a Member will allow you to benefit from the reduced registration fees as well as access to a wide range of exceptional member benefits. Membership takes three full weeks to process, so please apply with plenty of time prior to the commencement of the ASM. **Applications received less than three weeks before the event are not guaranteed to be processed in time, and therefore eligibility for the Member rates may be declined.**



Applications for Membership should be made via the online form at:

<https://www.britishpainsociety.org/register/>

Benefits of Membership:

- Reduced rates for attendance at all BPS Meetings
- British Journal of Pain (BJP) published four times a year
- Quarterly Pain Newsletter
- Network with over 1,100 BPS Members
- Research Grants and Awards
- Access to 12 Special Interest Groups (SIGs)
- Complimentary electronic copy of the European Journal of Pain
- Opportunity to apply for EFIC Pain Schools

ASM BURSARY APPLICATIONS

The deadline for bursary applications is Friday 24th January 2020.

Please be aware that the Bursary does not include the Supplementary Meetings; however if you are attending the ASM, even on a bursary, you will be eligible for the reduced ASM attendee rates.

Who is eligible to apply for a bursary?

In order to be eligible to apply for a bursary, the applicant must normally:

- Have joined the Society by the September before the ASM and still be a member at the time of the Meeting, having paid that year's membership subscription.
- Have a salary lower than £36,000/annum
- Evidence of good standing within the Society (e.g. length of membership of the Society, other contributions to the work of the Society).

Priority will be given to those on lower salaries and those submitting a poster that is accepted for exhibition at the Meeting.

How should the application be submitted?

The applicant must complete the Bursary Application Form, available to download from the BPS website, and return to The British Pain Society Secretariat no later than 5pm Friday 24th January 2020, together with the completed Participant Registration Form.

The Bursary Application Form must be counter-signed by the Head of Department. If the applicant is not submitting a poster abstract, the Head of Department must provide justification for the applicant's need to attend the Meeting.

The applicant must not send payment with the Bursary Application Form.

What financial support is given?

The level of support offered to each applicant is dependent on the number of applications submitted, the applicant's salary and whether the applicant is exhibiting a poster at the Meeting.

Applicants may request the following financial support:

- Registration fees to attend the Meeting
- A contribution towards travel expenses
- A contribution towards accommodation expenses up to a maximum of £50/night for 3 nights

When will the applicant hear if the application is successful?

Applicants will be informed of the outcome by Friday 31 January 2020.

When can the applicant expect to receive the financial support?

If the application is successful, the Society will waive the registration fee and the applicant's registration to attend the meeting will be processed with immediate effect.

If the application for a contribution towards the cost of accommodation and travel expenses is successful, the Society will reimburse the costs after the Meeting, once receipts are submitted. Receipts are to be sent to the Secretariat, marked for the attention of the Honorary Treasurer.

TECHNICAL AND E-POSTER EXHIBITIONS

TECHNICAL EXHIBITION

The Technical Exhibition is an important part of the ASM and all participants are encouraged to visit. It will be housed alongside the catering areas, which will create a vibrant hub for participants during the tea/coffee and lunch breaks. We look forward to welcoming our colleagues in industry.

The Exhibition will be open throughout the ASM.

Exhibitors, who would like to receive further information about exhibiting at the ASM, are asked to email Ciaran Wazir at ciaranwazir@gmail.com.

E-POSTER EXHIBITION

All participants are invited to submit poster abstracts for the ASM. Submitted abstracts will be subject to review; those accepted by the Scientific Programme Committee (SPC) will be invited to exhibit throughout the Meeting in the form of E-posters and will be published as a supplement to the British Journal of Pain.

Deadline

The deadline for receipt of poster abstract submissions is midnight on **Monday 6th January 2020**.

Details of the abstract submission guidelines and how to submit your poster abstract can be found on our website at:

<https://www.britishpainsociety.org/abstracts/annual-scientific-meeting-2020/>.





SOCIAL PROGRAMME

We are delighted to advise that we will be holding two drinks receptions as part of this year's social programme within the ASM.

Tuesday 31st March 2020

Welcome Reception

18:30-20:30, Park Plaza London Riverbank

Wednesday 1st April 2020

Drinks Reception

18:30-late, Park Plaza London Riverbank

All delegates are invited to attend these complimentary receptions at the Park Plaza London Riverbank.

These relaxed evenings will provide an ideal opportunity to catch up with colleagues and network.

Please note that booking is essential and can be done on the delegate registration system when booking to attend the Meeting.

ACCOMMODATION

The British Pain Society is delighted to confirm MICE Concierge Ltd is our trusted official accommodation and concierge service for The British Pain Society's 2020 ASM.

MICE Concierge will be providing an enhanced service for all attendees to help ensure you are well looked after whilst you are in London. Our trusted supplier, they have exclusive accommodation rates at the Park Plaza Riverbank and all surrounding hotels,



and will ensure you receive the best experience and most importantly the best rates.

We advise you to book through the official channel as the service is supported by the event; you will get the best rates and by staying in one of the accredited hotels you will be with other delegates and will therefore be able to network/socialise more to get the most out of the event.

MICE Concierge also offers a transfer and taxi booking service.

To view all exclusive rates and to book online, please click here; <https://www.miceconcierge.com/events/BPSASM2020>

Alternatively, if you would like to reach out to MICE Concierge Ltd direct, please feel free to contact the team on +44 (0) 1438 908770 or email hello@miceconcierge.com and they will be happy to assist.

<https://www.miceconcierge.com/events/BPSASM2020>

TRAVELLING TO LONDON

By Air

As a gateway to the UK, London benefits from a superb global airline network. It is served by five international airports and one International train station where Eurostar trains arrive daily from France, Amsterdam and Belgium.

London has five major airports: London City, London Gatwick, London Heathrow, London Luton and London Stansted.

The nearest airport to the venue is London City airport, which can be reached by public transport using the Docklands Light Railway to Canning Town, and changing for the London Underground Jubilee Line through to Victoria Station, and then the Victoria line through to Vauxhall Tube Station (approximately journey time 40 mins), which is under a 10 minute walk from the Park Plaza London Riverbank Hotel. Alternatively, taxis are available at the airport.

For more information, please visit <https://www.londoncityairport.com/>.

London Heathrow Airport has more International connections than any other airport in the world. For trains from Heathrow to Vauxhall, take the London Underground Piccadilly Line to Hammersmith, and change to the District Line to Victoria Station, then change to the Victoria Line to Vauxhall Underground. The Heathrow Express is probably quickest, but the Underground is the cheaper option. For more information, please go to: www.heathrowairport.com.

By Rail

Travelling by train is often the fastest way to get to London from other UK destinations. If you are travelling from Europe, the Eurostar train arrives at St Pancras, London, where you can catch the Victoria Line on the London Underground all the way to Vauxhall. For more information, please go to: www.nationalrail.co.uk

The Park Plaza London Riverbank is under a 10-minute walk from Vauxhall Tube station.

By Road

London is easy to reach using the UK's motorway network – with the M1, M2, M3, M4, M11, M20, M23, M25 and M40 motorways in or near London – as well as a multitude of major A-roads. All of London's motorways intersect the M25 orbital motorway. There are good road connections with London's airports and relevant ports.

You can also bring a car or motorcycle into the UK via Eurotunnel or ferry.

Parking

The Park Plaza Riverbank does not have onsite parking, however there is a valet service available. Please visit <https://www.londoncentralparking.co.uk/london-central-parking-hotels/park-plaza-london-riverbank> for more information.

The nearest car park is located at the Novotel Waterloo. For alternative parking options, please visit <https://www.justpark.com>.

ONSITE AT THE PARK PLAZA LONDON RIVERBANK

The British Pain Society office at the venue

A British Pain Society office will be set up at the venue. British Pain Society staff will always be found in the registration area during opening hours.

On arrival at the Meeting

All delegates are asked to make their way to the registration area, where they will be asked to sign an attendance register and given a name badge and a delegate pack. Badges must be worn at all times during the Meeting.

The registration desk will be open at the following times each day:

31 March: 08:00 - 18:40

1 April: 08:00 - 18:30

2 April: 08:00 - 16:00

Catering

Tea/coffee breaks and lunch will be served in the Plaza Suites and Ballroom Foyer, beside the Exhibitor display areas at the times stated in the ASM Scientific Programme.

Logistical information

Staff at the registration desk will be happy to answer any questions you have during the event regarding facilities and services.



USEFUL TELEPHONE NUMBERS, EMAIL ADDRESSES AND WEBSITES



The British Pain Society

+44 (0)207 269 7840

www.britishpainsociety.org

Park Plaza London Riverbank

(ASM Venue; Tuesday 31 March – Thursday 2 April)

+44 (0)333 400 6120

18 Albert Embankment, Lambeth
London SE1 7TJ

<https://www.radissonhotels.com/en-us/hotels/park-plaza-london-riverbank?cid=b:gmb+c:e:mea+e:pph+d:cese+f:en-US+h:PPRL>

Hilton London Tower Bridge

(Supplementary Meetings Venue;
Monday 30 March)

+44 (0)203 002 4300

5 More London Riverside, Tooley Street
London SE1 2BY

Gordon Museum of Pathology and Department of Anatomy

(Cadaver workshop venue; Friday 3 April)

Hodgkin Building

King's College London

Guy's Hospital Campus

London SE1 1UL

TRAVEL CONTACTS

Visit London

Please leave inquiry on their website

<https://www.visitlondon.com/>

Trainline

0871 244 1545

www.thetrainline.com

National Rail Enquiries

0345 748 4950

www.nationalrail.co.uk

National Express Coach Service

0871 781 8181

www.nationalexpress.com

FURTHER INFORMATION

Further information will be sent to you upon registration for the Meeting. However, if you have any queries in the meantime, these should be addressed to:

British Pain Society
Third Floor
Churchill House
35 Red Lion Square
London WC1R 4SG

T: +44 (0)20 7269 7840

E: asm@britishpainsociety.org

W: www.britishpainsociety.org