



ANNUAL SCIENTIFIC MEETING



REGISTRATION PROGRAMME

THE BRITISH PAIN SOCIETY'S
50TH ANNIVERSARY ANNUAL SCIENTIFIC MEETING

WEDNESDAY 3 MAY - FRIDAY 5 MAY 2017

THE ICC BIRMINGHAM

WELCOME TO THE 50TH ANNIVERSARY ANNUAL SCIENTIFIC MEETING 2017

The British Pain Society is very excited to welcome all healthcare professionals and researchers with an interest in pain to attend our 50th Anniversary Annual Scientific Meeting (ASM), which will be held from Wednesday 3rd May – Friday 5th May 2017 at the International Convention Centre, Birmingham (ICC).

The 50th Anniversary ASM will be celebrated by members and distinguished guests from all over the world. The Meeting is developing year by year, with significant changes to the format, themes and topics to be more relevant to daily clinical practice.

The multidisciplinary nature of the Society is pivotal to the continuing success of the ASM, and this is reflected throughout the scientific programme accessible for the first time, via our conference app, which is designed to improve delegates' experiences. The programme format has been redesigned to be more interactive with plenty of time for questions and answers, and the ability to exchange views and participate in live polling on the conference app. Our new innovative scientific programme has themed lectures from international and UK leading speakers, and interactive streamed parallel sessions chosen specifically to be of interest to participants from a range of specialties. The British Pain Society's ASM attracts close to 600* healthcare professionals (average over 5 years).

Who Should Attend?

- Consultants & specialist doctors in pain medicine
- Doctors training in related specialties
- GPs and GP trainees in pain medicine
- Nurses
- Physiotherapists
- Psychologists
- Occupational Therapists
- Pharmacists
- Students with an interest in pain medicine
- Academic researchers in pain
- Specialists in pain management

Why Participate:

- Hear about the latest cutting edge research relevant to pain
- Ask questions of our plenary speakers
- Get clear take home messages from our speakers
- Participate in themed interactive parallel sessions
- Network with colleagues and make new connections
- View the posters and discuss them with the presenters
- Take new knowledge and ideas back to your workplace
- Unwind at our social event
- Visit our wellness zones during the meeting



The Programme

Those of you who regularly attend the ASM will have become accustomed to a high quality of speakers and 2017 is no exception. We are delighted this year to have secured a distinguished faculty from the UK, Europe, USA and Australia. The plenary lectures have been carefully selected to be attractive to all who have an interest in pain management, whatever their specialty.

Poster Exhibition

All delegates are encouraged to submit an abstract suitable for presentation as a poster.

The following poster awards will be available;

- Student/Trainee Poster Prize Awards
- Non-student/Trainee Poster Prize Awards
- People's Choice Poster
- Best Submitted Posters

For further information, and to submit a poster abstract, please visit: <https://www.britishpainsociety.org/2017-asm-birmingham/poster-exhibition/>.

The Technical Exhibition

We are looking forward to welcoming colleagues from industry, once again. This is an important part of the Meeting, and we encourage participants to visit the exhibition during the coffee and lunch breaks.

NEW FOR 2017

Streamed parallel sessions to give participants the opportunity to choose from a variety of topics focusing on specific areas; the emphasis here lies in discussion and exchange of ideas and expertise.

Parallel Streams:

- Pain after surgery
- Challenges in practice
- Interventions for pain
- Living with pain
- Legal/Policy
- Education & Research/Paediatric

Conference App

The British Pain Society is moving with the times and technology. To access our programme at the conference you will need to download our app. Please note the app will not go live until 2017; there will be an announcement sent to all delegates once it is available for download.

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PROGRAMME OUTLINE



Wednesday 3rd May 2017

08:30-18:00	Registration Desk open
08:30-18:00	Technical Exhibition & Poster Exhibition open
09:50-10:00	Welcome by the BPS President & the Chair of the Scientific Programme Committee
10:00-10:40	Plenary Session 1 - Pat Wall Lecture
10:40-11:20	Plenary Session 2
11:20-11:50	Coffee Break
11:50-13:20	Parallel Sessions A1-A6
13:20-14:20	Lunch
14:20-15:50	Parallel Sessions B1-B6
15:50-16:15	Coffee Break
16:15-16:55	Plenary Session 3
17:00-18:00	Satellite Symposium
18:05-19:05	SIG Business Meetings

Thursday 4th May 2017

08:00-18:30	Registration Desk open
08:30-18:00	Technical Exhibition & Poster Exhibition open
08:15-09:15	SIG Business Meetings
09:20-10:50	Parallel Sessions C1-C6
10:50-11:50	Poster Viewing Session in Exhibition Area
11:50-12:30	Plenary Session 4
12:30-13:30	Lunch
13:30-14:10	Plenary Session 5
14:10-15:25	AGM for British Pain Society Members
15:25-16:30	Plenary Session 6 – Top 5 Non-Trainee abstracts
16:30-17:00	Coffee Break
17:00-17:40	Plenary Session 7
17:50-18:50	Satellite Symposium
19:30-late	50th Anniversary BPS Party

Friday 5th May 2017

08:30-16:00	Registration Desk open
08:30-15:00	Technical Exhibition & Poster Exhibition open
09:15-10:45	Parallel Sessions D1-D6
10:45-11:15	Coffee Break
11:15-12:30	Plenary Session 8 – Top 5 Student/Trainee abstracts
12:30-13:30	Lunch
13:30-14:15	Plenary Session 9 & Presentation and Poster awards
14:20-15:00	Plenary Session 10 – British Pain Society Lecture
15:00	Meeting Closes

STREAMED PARALLEL SESSIONS

In response to feedback from previous ASMs this year the Parallel sessions are themed into different topic streams as follows:

Stream 1: Pain after Surgery

- Managing post-operative pain in selected patient groups
- Persistent post-surgical pain (PPP): from pain to marginal gain
- Patient and professional education to improve pain after surgery
- Understanding and managing pain in people who present frequently to hospital with exacerbations of persistent pain

Stream 2: Challenges in Practice

- Advances in management of abdomino-pelvic pain
- Chronic post-traumatic pain – the impact of psychiatric disorders
- Opioids for chronic pain
- Cancer pain

Stream 3: Interventions for Pain

- Headaches and interventions
- Radiofrequency – how it works and does it work?
- Opioids for the treatment of neuropathic pain? A safe treatment option?
- What, why and how: the application of clinical hypnosis for pain

Stream 4: Living with Pain

- Widening the focus: exploring the social context of living with chronic pain
- Self-management: sharing good practice
- Resilience: is it the new pain score?
- Physiotherapy and physical activity – approaches in persistent pain

Stream 5: Legal/Policy

- Commissioning pain services: opportunities and reality
- Medicolegal report writing masterclass, pitfalls in writing pain reports practice and critical issues in medicolegal pain including an update on the law on consent
- EULAR: Fibromyalgia Guideline Updates
- Are medicolegal proceedings a significant barrier to pain management rehabilitation

Stream 6: Education and Research / Paediatric

- Funding your pain research proposal
- Pain management education locally and globally with a focus on sustainability
- Transitions from paediatric to adult care for patients with chronic pain - chances and challenges
- The nature and impact of parental appraisals of child pain

SCIENTIFIC PROGRAMME



WEDNESDAY 3RD MAY 2017

09:50-10:00

Welcome in the Auditorium

Dr Andrew Baranowski, President of The British Pain Society
Professor Kate Seers, Chair of the Scientific Programme Committee

10:00-10:40

Pat Wall Lecture - Plenary Session 1

Reward and motivation in pain and pain relief
Professor Frank Porreca

The experience of pain depends on interpretation of context and past experience that guide the choice of an immediate behavioural response and that influence future decisions of actions to avoid harm. The aversive qualities of pain underlie its physiological role in learning and motivation. Both pain, and the relief of pain, are complex emotions that are comprised of feelings and their motivational consequences. Relief of aversive states, including pain, is rewarding. Termination of aversive states can directly provide relief as well as reinforce behaviours that result in avoidance of pain. Brain circuits mediating the reward of pain relief, as well as relief-induced motivation are significantly impacted as pain becomes chronic. The impact of pain on these evolutionary ancient and conserved brain limbic circuits may represent a path forward for discovery of new pain therapies.

10:40-11:20

Plenary Session 2

Lessons learned from US opioid prescribing
Dr Jane Ballantyne

There is a single statistic that tells much about what happened with opioid prescribing in the US: the US currently consumes more than 80% of the world's prescription opioid supplies for a world population of less than 5%. Do Americans have more pain – obviously not. What factors produced what became an 'epidemic' of prescription opioid abuse and deaths? This session will describe how opioid prescribing got out of hand in the US, what steps the US is now taking to address the fall-out from decades of overprescribing and what can be learned from the US experience.

11:20-11:50

Coffee Break: Technical and Poster Exhibition

11:50-13:20

Parallel Sessions A1 - A6

Participants are asked to choose one from the following six sessions below and indicate their preferred option on the online registration form.

A1: Chronic post-traumatic pain – the impact of psychiatric disorders

Dr Jon Valentine, Chair

- Introduction and clinical scenarios, Dr Jon Valentine
- Post-traumatic stress disorder; why does it matter? Dr Michael Spencer
- The impact of anxiety and depression; is the prognosis always so gloomy?
Professor George Ikkos

A2: Opioids for chronic pain

Professor Roger Knaggs, Chair

- Molecular and circuit basis for the use of opioids in pain treatment, Professor Frank Porecca
- Neuroadaptations that limited the utility of opioids for chronic pain, Dr Jane Ballantyne
- Opioid Prescribing: a European Perspective, Dr Cathy Stannard

A3: Managing post-operative pain in selected patient groups

Dr Nilesh Chauhan, Chair

- Post-operative pain management in the obese patient, Professor Stephan Schug
- Post-operative pain management of opioid tolerant patients, Dr Jane Quinlan
- The post-operative patient in pain – challenges for intensive care, Ms Peggy Christie

A4: What, why and how: the application of clinical hypnosis for pain

Dr Sue Peacock, Chair

- Clinical hypnotherapy for pain: what's the evidence? Dr Sue Peacock
- Dissociative techniques for management of chronic pain using hypnosis,
Dr David Rogerson
- Demonstration and teaching of a hypnotic relaxation, Ms Jane Rogerson

A5: Radiofrequency – how it works and does it work?

Dr Chris Wells, Chair

- The science of radiofrequency, Dr Chris Wells
- The evidence behind facet joint radiofrequency denervation, Dr Stephen Ward
- The evidence behind sacroiliac joint radiofrequency denervation,
Dr Vivek Mehta

A6. Commissioning pain services: opportunities and reality

Dr John Hughes, Chair

- Current role of the Clinical Reference Group for Specialised Pain Services,
Dr John Hughes
- CCG pain commissioning: when and how, Dr Andrea Jones
- Commissioning from the public's perspective, Dr Martin Johnson

13:20-14:20 Lunch: Technical and Poster Exhibition

14:20-15:50 Parallel Sessions B1-B6

Participants are asked to choose one from the following six sessions below and indicate their preferred option on the online registration form.

B1: Medicolegal report writing masterclass, pitfalls in writing pain reports practice and critical issues in medicolegal pain including an update on the law on consent

Dr Rajesh Munglani, Dr Jon Valentine and Dr Joshua Adedokun, Co-chairs

- Understanding the language and expectation of the Court from you as an expert and how not to get into trouble! Dr Giles Eyre
- Fundamental legal issues in pain medicine; an interactive session, Mr Pankaj Madan and Dr Rajesh Munglani

B2: Persistent post-surgical pain (PPP): from pain to marginal gain

Dr Paul Farquhar-Smith, Chair

- Clinical manifestations of persistent post-surgical pain and current treatment paradigms, Dr John Williams
- Visceral persistent post-surgical pain: the elephant in the room, Dr Paul Farquhar-Smith
- Application of a complex intervention to address post breast surgery persistent post-surgical pain, Dr Matt Brown

B3: EULAR: Fibromyalgia Guideline Updates

Dr Ann Taylor, Chair

- Methods and pharmacological recommendations, Professor Ernest Choy
- Non pharmacological recommendations and discussion, Dr Gareth Jones
- EBM or individualised care: the dichotomy, Dr Ann Taylor

B4: Advances in management of abdomino-pelvic pain

Dr Andrew Baranowski, Chair

- Contribution of pelvic floor to chronic pelvic pain. How can interventions assist MDT? Dr Roman Cregg
- Assessing the bladder, bowel and pelvic floor in chronic pain states, Dr Sohier Elneil
- Recurrent UTI: The 'real' cause of pain in the bladder? Dr Rajvinder Khasriya



B5: Self-management: sharing good practice

Mrs Gill Simon, Chair

- Barriers to self-management of chronic pain in primary care, Ms Katy Gordon
- Developing a social network to support self-management - the Eugenie Tool, Professor Ann Rogers
- Models of healthcare that support self-management of pain, Dr Frances Cole

B6: Funding your clinical research proposal

Professor Sam Ahmedzai, and Professor Maria Fitzgerald, Co-chairs

- What funders expect in a pain research application, Professor Martin Underwood
- Writing a successful NIHR pain application, Mrs Selina Johnson
- Role of the National Speciality Group of Anaesthesia Perioperative Medicine and Pain, Professor Mike Grocot

15:50-16:15 **Coffee Break: Technical and Poster Exhibition**

16:15-16:55 **Plenary Session 3**

The continuum of acute to chronic pain after surgery

Professor Stephan Schug

Postoperative pain is one of the most common manifestations of acute pain. There has been significant progress in understanding its pathophysiology and improving its management. Multimodal and procedure-specific approaches have been driving this progress. In parallel, there has been the recognition that chronic postoperative is an underestimated problem with rather high incidence and significant consequences for patients affected by it. These observations have confirmed the concept of chronification of pain, suggesting a continuum of acute to chronic pain. This approach contradicts previous concepts of acute and chronic pain as clearly separated entities and opens new approaches for prediction and prevention.

THURSDAY 4TH MAY 2017

09:20-10:50 **Parallel Sessions C1-C6**

Participants are asked to choose one from the following six sessions below and indicate their preferred option on the online registration form.

C1: Are medicolegal proceedings a significant barrier to pain management rehabilitation?

Dr Joshua Adedokun, Chair

- Legal process and perspectives for patients with pain, Ms Fiona Ashworth
- Medicolegal perspectives when making recommendations for pain rehabilitation, Dr Charles Pither
- Potential barriers to pain rehabilitation from ongoing medicolegal proceedings, Dr Zoey Malpus

C2: Patient and professional education to improve pain after surgery

Professor Michelle Briggs, Chair

- Improving pain after surgery in 2017, Professor Michelle Briggs
- Managing acute pain at home: information for patients, Ms Ruth Day & Mr Antony Chuter
- Patient self-reporting and real time education to reduce the impact of persistent pain following breast cancer surgery, Ms Sue Hartup

C3: Headaches and Interventions

Dr Neil Collighan and Dr Vivek Mehta, Co-chairs

- Botox – how we got here and where are we going? Dr Anna Andreou
- Neuromodulation in the management of headache, Dr Vivek Mehta
- Pulsed RF for Greater Occipital Nerve, Dr Sarah Love-Jones

C4: Widening the focus: exploring the social context of living with chronic pain

Dr Ed Keogh, Chair

- Supporting children with chronic pain in school: a qualitative exploration of Irish primary school teachers' experiences, Dr Line Caes
- Relationships in adolescent chronic pain: results of a qualitative synthesis, Dr Abbie Jordan
- The social negotiation of successful return to work with chronic pain between doctors, patients and employers, Dr Elaine Wainwright



C5: Transition from paediatric to adult care for patients with chronic pain - chances and challenges

Dr Alison Bliss, Chair

- Developmentally appropriate services for adolescents and young adults with long term health conditions, Dr Janet McDonagh
- Growing Pains: exploration and identification of the unique needs of emerging adults with chronic pain, Dr Hannah Twiddy
- Setting up a transitional service for young patients with chronic pain; the Liverpool experience, Mrs Selina Johnson and Dr Sally Bell

C6: Physiotherapy and physical activity - approaches in persistent pain

Dr Jane Hall, Chair

- Considering physical activity for people who have painful diabetic neuropathy, Mr Ben Davis
- Attitudes, beliefs and physical activity in older adults with knee pain, Dr Jonathan Quicke
- Neurocognitive approaches in neuropathic pain, Ms Keri Johnson

10:50-11:50 **Poster Viewing Session in Exhibition Area**

11:50-12:30 **Plenary Session 4**

Beyond belief: functional contextual psychological approaches to chronic pain
Professor Lance McCracken

The concepts “coping” and “pain beliefs” have dominated in psychological analyses of chronic pain, until now. Now we have newer principles, “beyond belief” in an evolutionary sense, and “beyond belief” in that they are counterintuitive. Applications of these newer principles include Acceptance and Commitment Therapy (ACT) as one example. Evidence for ACT in chronic pain includes 20 outcome studies, 10 of these RCTs, focused on effectiveness and mechanisms of action. These developments include distinct philosophy and theory. From these we shift focus beyond managing pain, and beyond feeling, thinking, or believing, as the determinants of how well one performs and flourishes.

12:30-13:30 **Lunch: Technical and Poster Exhibition**

13:30-14:10 Plenary Session 5

Pain and sleep: the devil is in the 'reciprocal' relationship

Dr Nicole Tang

A commonly drawn conclusion from existing research is that the relationship between pain and sleep is 'reciprocal' in nature. However, the 'reciprocal' relationship has only been defined in broad strokes;

- The magnitude of, direction of and mechanisms underpinning the pain-sleep relationship
- The pain-sleep relationship in different populations, across different contexts, and over different timeframes.
- Development and implementation of novel multidimensional treatments
- Important areas for future research

14:10-15:25 The British Pain Society Annual General Meeting – Members only

15:25-16:30 Plenary Session 6

Top 5 Non-Trainee poster abstract presentations

16:30-17:00 Coffee Break: Technical and Poster Exhibition

17:00-17:40 Plenary Session 7

Progress and controversies in neuromodulation

Professor Sam Eldabe

Neuromodulation was introduced into clinical practice in 1967. Since then the therapy has undergone a transformation with regular technological and scientific advances. Much work has been done over the last decade to explore mechanisms of action as well as effectiveness and cost effectiveness of spinal cord stimulation (SCS). As a result NICE recommended SCS for the treatment of refractory neuropathic pain.

The session will concentrate on the clinical applications of SCS exploring the impact of the NICE guidance, recent therapy developments and outcomes. Finally the session will explore past and future sham controlled studies in the area of neuromodulation.

FRIDAY 5TH MAY 2017

09:15-10:45 Parallel Sessions D1 - D6

Participants are asked to choose one from the following six sessions below and indicate their preferred option on the online registration form

D1: Resilience: is it the new pain score?

Professor Liesbet Goubert

- Lessons from the world of sport, Dr Greg Clarke
- Resilience and pain; resilience the new black? Dr Ann Taylor
- Resilience, pain and the community: the importance of social networks, Mr Owen Hughes

D2: Opioids for the treatment of neuropathic pain? A safe treatment option?

Dr Bernhard Frank, Chair

- Opioids in chronic non-malignant neuropathic pain, Professor Lesley Colvin
- Clinical management of patient with difficult to treat neuropathic pain conditions including opioids in a tertiary referral centre, Dr Bernhard Frank
- Practical aspects of opioid management in patients with neuropathic pain including neuromodulation. A non-medical prescribers perspective, Mrs Alison Cox

D3: Understanding and managing pain in people who present frequently to hospital with exacerbations of persistent pain

Dr Zoey Malpus & Ms Ruth Day, Co-chairs

- Acute exacerbations of chronic abdomino-pelvic pain in women - a gynaecological perspective, Dr Katy Vincent
- How an integrated nursing team and excellent multidisciplinary and interdisciplinary communication can help to manage complex inpatients across the pain spectrum, Mrs Karin Cannons
- The challenge of engaging frequent hospital attenders in pain self-management, Dr Patrick Hill

D4: Cancer pain

Professor John Snowden, Chair

- Research in cancer treatment-related pains and their management, Dr Paul Farquhar-Smith
- Rational use of interventional pain procedures in cancer patients at all stages, Dr Arun Bhaskar
- Clinical and public health approaches to managing cancer-related pain in survivors, Professor Sam Ahmedzai

D5: The nature and impact of parental appraisals of child pain

Dr Joanna McParland, Chair

- Catastrophic pain appraisal: how does it impact parental distress and protective behaviour in response to child pain? Dr Line Caes
- An interpretative phenomenological analysis of parental appraisals of unfairness in the context of paediatric pain, Dr Joanna McParland
- Parental injustice appraisals in the context of their child's pain: relationship to parental anger and child pain outcomes, Dr Tine Vervoort

D6: Pain management education locally and globally with a focus on sustainability

Dr Victoria Tidman and Professor Michelle Briggs, Co-chairs

- Evaluation of educational programmes in overseas health and social care, Professor Colin Coles

- Methods of evaluating pain education in pre-registration health courses; results from a systematic scoping review, Ms Kate Thomson
- On the receiving end, Dr Tim Johnson and colleague

10:45-11:15 Coffee Break: Technical and Poster Exhibition

11:15-12:30 Plenary Session 8
Top 5 Student/Trainee poster abstract presentations

12:30-13:30 Lunch: Technical and Poster Exhibition

13:30-14:15 Plenary Session 9
Population Paincare
Professor Sir Muir Gray

How can pain specialists meet the rising need and demand for pain control? What is needed is a new approach that uses their knowledge and skill not only for individuals who have been referred but also for all the people in need in the population. We need to be able to answer questions such as:

1. Is the service for people with pain in Manchester of higher value than the service in Liverpool or Birmingham?
2. How many services are there for people in pain in England and how many should there be?
3. Who is responsible for publishing the Annual Report on care for people with pain in Kent?
4. How many people are there with pain in Somerset, is the rate difference from that in Leicestershire?
5. How many people are there with pain in South East London?

14:20 -15:00 British Pain Society Lecture - Plenary Session 10
A resilience approach to chronic pain - challenges for pain research and practice
Professor Liesbet Goubert

A huge amount of knowledge is available on risk factors for chronic pain and disability. An increased understanding of those risk factors over the years has informed and improved the multidisciplinary treatment of chronic pain. However, evidence is available that a substantial number of individuals reporting high-intensity pain show "resilience", which can be best defined as the ability to restore and sustain living a fulfilling life in the presence of pain. In this presentation, a resilience paradigm of (chronic) pain will be proposed. It will be argued that considering both risk and resilience mechanisms may be crucial in the prevention and treatment of pain-related disability and reduced quality of life.

15:00 Meeting Closes

HOW TO REGISTER

PARTICIPANT REGISTRATION

Please go to the following website to register for the Meeting: <https://www.britishpainsociety.org/mediacentre/events/2017-50th-anniversary-asm-birmingham/>. BPS Members will need their membership number and surname in order to get access to the member rates.

Once your online registration is complete and your payment has been processed you will be emailed a confirmation of booking.

DISCOUNTS AVAILABLE FOR GROUP BOOKINGS

For every group of 4 people from the same place of work attending the ASM, a group booking discount can be awarded. The discount will be calculated as 50% off the lowest registration fee of the 4 people. This could be a saving of as much as £407.50* as long as you book to attend together, bringing the cost per head down.

**Example discount amount based on 50% of £815 being the lowest registration fee of the 4 attendees.*

Process

To benefit from this discount, you will need to provide the names of your group members at the time of registration. Individuals should register themselves as normal online. When it comes to the payment section you should select to pay by invoice.

At this stage you will be asked if you are booking as part of a group and asked to complete the names of the others that make up your group of 4.

Once all 4 of you have registered online we will then raise one invoice to your place of work for all 4 delegates (or we can invoice an individual for all 4 delegates if preferred) including the discount. Please note however that we cannot raise multiple invoices for a group booking. It is recommended that you aim to register at a similar time to each other to enable a smooth process.

Terms and Conditions:

- The group booking discount cannot be applied retrospectively (i.e. if after you have booked to attend the ASM you discover 3 or more of your colleagues are also attending but have already booked individually we cannot apply the discount across multiple payments).
- It is the responsibility of the individuals concerned that make up the group to ensure that all group members register online. If one or more members of the group do not register online before the start date of the event then the discount will become null and void and all remaining members who have registered online will be invoiced individually at the full applicable registration fee.
- As a group booking, if one or more members of the group cancel their booking then the discount becomes null and void and the usual ASM cancellation policy for that individual will apply. Remaining members will be invoiced individually at the full applicable registration fee.

REGISTRATION FEES

Registration fees are shown in the table below.

Discounts are offered to participants who book on or before **Monday 20th February 2017**.

Registration options	Early Bird (Open until 20 Feb)	Normal (21 Feb until 26 Apr)	On-site (27 Apr onwards)
BPS members, taxable income <£20,000 + retired	£180	£240	£250
BPS members, taxable income £20,000 - £29,999	£275	£335	£350
BPS members, taxable income £30,000 - £39,999	£370	£430	£450
BPS members, taxable income £40,000 - £69,999	£465	£495	£520
BPS members, taxable income >£70,000	£525	£555	£585
BPS members day rate (one day only)	£175	£205	£215
BPS member student rate*	£115	£130	£135
Honorary members of the British Pain Society	No fee	No fee	No fee
Non-members, taxable income <£20,000 + retired	£265	£325	£340
Non-members, taxable income £20,000 - £29,999	£395	£455	£480
Non-members, taxable income £30,000-£39,999	£525	£585	£615
Non-members, taxable income £40,000 - £69,999	£655	£685	£720
Non-members, taxable income >£70,000	£785	£815	£855
Non-members day rate (one day only)	£265	£295	£310
Non-members Student Rate*	£165	£180	£190

* These rates apply to members or non-members who are undergraduate or postgraduate students and earn less than £10,000 per annum. Once you have registered online a letter confirming your student status signed off by your supervisor or administrative department of the university must be sent to the BPS secretariat on the following address: Churchill House, 35 Red Lion Square, London, WC1R 4SG in order to confirm your booking. Applicants who are unable to provide this information may be refused the student rate.



Honorary Members

Honorary Members of the British Pain Society are not required to pay registration fees to attend the Meeting.

Speakers

Contributors to the Scientific Programme should check their correspondence concerning waiving of registration fees. Please note that poster abstracts presenters do not qualify for waived registration fees.

Members

If you are a member of the British Pain Society you will benefit from reduced registration fees. To qualify for the members' rate, you must be a member of the Society at the time of the Meeting, having paid your 2017 membership subscription. If you are only attending the Meeting for one day, there is a daily rate for members. Please note that the daily rate cannot be used for multiple days. Membership forms are also available via the **BPS website**. For any queries regarding membership renewals please contact Ken Obbard via email on KenObbard@britishpainsociety.org

Non-members

Non-members wishing to join the Society will be entitled to reduced registration fees for the Meeting, as well as access to a wide range of exceptional member benefits. Applications should be made via the online form at <https://www.britishpainsociety.org/register/>

If you are only attending the Meeting for one day, there is a daily rate for non-members. Please note that the daily rate cannot be used for multiple days.

Benefits of Membership:

- Reduced rates for attendance at BPS Meetings
- Reduced rates for study/education days
- British Journal of Pain (BJP) published four times a year
- Quarterly Pain Newsletter
- Network with over 1,200 BPS Members
- Research Grants and Awards
- Free access to 14 Special Interest Groups (SIGs)
- Complimentary electronic copy of European Journal of Pain Journal
- Opportunity to apply for EFIC Pain Schools

BRING A BUDDY PRIZE DRAW

THIS YEAR WHY NOT BRING A COLLEAGUE WHO IS NEW TO THE ASM WITH YOU AND ENTER OUR 'BRING A BUDDY' PRIZE DRAW!

According to our recent membership survey 92% of you would recommend the ASM to a colleague, so we'd like to ask you to do just that by bringing along a colleague/friend who hasn't attended an ASM before (or at least not in the past 5 years). Help us to share our knowledge and experience with a wider audience. Being part of a MDT organisation was the number one reason given by members as to why they joined and remained members of the Society so help us to spread the word!

You and your buddy will be entered into a prize draw to win free attendance for you both to attend a BPS Study Day of your choice in 2017. You do not have to attend the same Study Day.

We have 10 places to give away in total, so 5 lucky 'pairs' could be benefitting from an additional educational event in 2017 at no charge!

Process:

To be entered into the prize draw you will need to provide the name of your 'buddy' at the time of registration. Individuals should register themselves as normal online.

On the registration form there will be a tick box asking 'are you bringing/attending as a buddy?' You need to select yes, and provide the name of your buddy.

We will then tally your registrations together as a pair and automatically enter you both into the prize draw.

The draw will take place on Monday 22nd May 2016 and the winners notified by email.

Terms and Conditions

Prizes cannot be rolled over to 2018. To be eligible for the prize draw, one member of the pair must not have attended an ASM in the past 5 years. If both members have attended an ASM in the past 5 years they will not be entered into the prize draw.

It is the responsibility of the individuals to know/check if they have attended an ASM in the past 5 years.

If either member of the pair cancel their attendance at the ASM then they will not be entered into the prize draw.

We are sure that this year's meeting will create an informative and enjoyable environment for all participants and we look forward to seeing you in Birmingham!

Cancellation Charges

- Cancellations **up to and including Wednesday 22nd March 2017** a full refund will be given less a £25 administration charge.
- For cancellations **after Wednesday 22nd March 2017** no refund will be given unless in exceptional circumstances and at the discretion of the Treasurer.

To cancel a confirmed booking please contact the British Pain Society Secretariat directly by phone: 0207 269 7840 or email: asm@britishpainsociety.org. Please note that your booking will not be cancelled until you have received a notification from the Secretariat.

BURSARIES

BRITISH PAIN SOCIETY BURSARY

Eligibility

In order to be eligible to apply for a bursary, the applicant must normally:

- have a salary lower than £36,000/annum
- have paid the 2017 British Pain Society subscription fee
- Have evidence of good standing within the Society (e.g. length of membership, other contributions to the work of the Society)

Priority will be given to those on lower salaries and those submitting a poster abstract that is accepted for exhibition at the Meeting.

Deadline

The deadline for receipt of applications is **5pm on Monday 13th February 2017**.

Level of Support Offered

The level of support offered to each applicant is dependent on the number of applications received, the applicant's salary and whether the applicant is exhibiting a poster at the Meeting. Applicants may request financial support to cover the following:

- Registration fee to attend the Meeting;
- Travel expenses;
- Accommodation expenses up to a maximum of £50/night for a maximum of 3 nights.



How to Apply

In order to apply you need to send us hard copies of both the Bursary Application Form and the Participant Registration Form which must reach us by the deadline of **Monday 13th February 2017 at 5pm**. The Bursary Application Form and Participant Registration Form can be downloaded at <https://www.britishpainsociety.org/2017-asm-birmingham/bursary-applications/>

The Bursary Application Form must be countersigned by the Head of Department to confirm your application satisfies the bursary eligibility criteria as listed above. Incomplete forms will not be accepted for consideration.

PLEASE NOTE: If you are applying for a bursary you should not register for the Meeting on the online system.

Decision

Applicants will be informed of the outcome by Thursday 16th February 2017. Unsuccessful applicants will automatically receive the early bird booking rate as they will have submitted their application before the deadline for early bird bookings.

CONTINUED PROFESSIONAL DEVELOPMENT

The full Meeting is worth a maximum of 14.5 CPD points.

TECHNICAL EXHIBITION

The Technical Exhibition is an important part of the Meeting and all participants are encouraged to visit the exhibition stands. It will be housed alongside the Poster Exhibition and catering areas, which will create a vibrant hub for participants during the tea/coffee and lunch breaks. We look forward to welcoming our colleagues in industry.

The Exhibition will be open at the following times:

Wednesday 3rd May	08:30 – 18:00
Thursday 4th May	08:30 – 18:30
Friday 5th May	08:30 – 15:00

Exhibitors, who would like to receive further information about exhibiting at the Meeting, are asked to contact the British Pain Society Secretariat at asm@britishpainsociety.org and visit the website www.britishpainsociety.org/2017-asm-birmingham/technical-exhibition/ for further information.

POSTER EXHIBITION

All participants are invited to submit poster abstracts for exhibition at the Meeting. All abstracts will be subject to review; those accepted by the Scientific Programme Committee (SPC) will be invited to exhibit throughout the Meeting and will be published as a supplement to the British Journal of Pain. The Poster Exhibition will be housed in the Exhibition Hall alongside the Technical Exhibition.

Deadline

The deadline for receipt of poster abstract submissions is midday on **Monday 12th December 2016**.

Details of the abstract submission guidelines and how to submit your poster abstract can be found on our website at <http://www.britishpainsociety.org/2017-asm-birmingham/poster-exhibition/>

Authors whose work has been accepted for exhibition are expected to be available at their posters for discussion during the Poster Viewing Session on Thursday 4th May 10:50-11:50.

Trainee/Student Prize Poster Presentations

First authors of the five best Student/Trainee abstracts will be invited to give a short oral presentation during Plenary Session 8 on the Friday. This will be instead of presenting a poster in the exhibition. Additional time will be allocated for questions from the judging panel.

Top Rated Poster Abstracts (non-trainee/student) Prize Presentations

The top five scoring Non-student/Trainee abstracts will be invited to give a short oral presentation during Plenary Session 6 on the Thursday. This will be instead of presenting a poster in the exhibition. Additional time will be allocated for questions from the judging panel.

People's Choice Award

People's Choice Poster; Delegates will have the opportunity to vote for the poster they rate as the best one at the meeting. All delegates will be given one sticker to vote with, the poster with the most number of stickers will be awarded the 'People's Choice' Award.

Best Submitted Posters

If your abstract is not selected for an oral presentation, the next 10 highly rated abstracts for the poster exhibition will be awarded a 'Best Submitted Poster' and commended with a rosette.

BRITISH PAIN SOCIETY SPECIAL INTEREST GROUPS (SIGs)



The following Society Special Interest Groups will be holding parallel sessions within the scientific programme:

SIG	Parallel Session	Time
Acute Pain SIG	A3: Wednesday 3rd May	11:50-13:20
Interventional Pain Medicine SIG	A5: Wednesday 3rd May	11:50-13:20
Medicolegal SIG	B1: Thursday 4th May	14:20-15:50
Primary & Community Care SIG	B5: Thursday 4th May	14:20-15:50
Pain Management Programmes SIG & Medicolegal SIG	C1: Thursday 4th May	09:20-10:50
Pain Education SIG and Acute Pain SIG	C2: Thursday 4th May	09:20-10:50
Headache SIG and Interventional Pain Medicine SIG	C3: Thursday 4th May	09:20-10:50
Pain in Children SIG and Neuropathic Pain SIG	C5: Thursday 4th May	09:20-10:50
Neuropathic Pain SIG	D2: Friday 5th May	09:15-10:45
Acute Pain Education SIG and Pain Management Programmes SIG	D3: Friday 5th May	09:15-10:45
Pain in Developing Countries SIG and Pain Education SIG	D6: Friday 5th May	09:15-10:45

SIG BUSINESS MEETINGS

SIG	Business Meeting	Time
Acute Pain SIG	Wednesday 3rd May	18:05-19:05
Headache SIG	Wednesday 3rd May	18:05-19:05
Pain Education SIG	Wednesday 3rd May	18:05-19:05
Neuropathic Pain SIG	Wednesday 3rd May	18:05-19:05
Information & Communication Technology SIG	Wednesday 3rd May	18:05-19:05
Medicolegal SIG	Wednesday 3rd May	18:05-19:05
Pain Management Programmes SIG	Thursday 4th May	08:15-09:15
Pain in Children SIG	Thursday 4th May	08:15-09:15
Primary & Community Care SIG	Thursday 4th May	08:15-09:15
Interventional Pain Medicine SIG	Thursday 4th May	08:15-09:15
Pain in Older People SIG	Thursday 4th May	08:15-09:15

OTHER MEETINGS

Meeting	Date	Time
Editorial Board Meeting for British Journal of Pain	Wednesday 3rd May 2017	13:20-14:20 (lunchtime)
Editorial Board Meeting for Pain News	Thursday 4th May 2017	12:30-13:30 (lunchtime)
SIG Chairs and Executive Officers Meeting	Friday 5th May 2017	12:30-13:30 (lunchtime)

SOCIAL PROGRAMME

The 50th Anniversary ASM Party: Nuvo, Birmingham Thursday 4th May, 19:30 – Late

Come and join in the celebrations at the 50th Anniversary party which will take place at Nuvo, a VIP cocktail lounge in Birmingham's city centre. For those who wish to party, there will be a large dancing area with a DJ churning out tunes until the early hours. Alternatively unwind, network and catch up with colleagues in one of the many quieter areas, or have a go at the roulette table. Why not take part in the cocktail making masterclass to create your desired cocktail and learn all about the ingredients before sipping it? We look forward to seeing you there!

Entry: £20 per person Includes entertainment, food, and two drinks vouchers. Thereafter it will be a cash bar.

Address:

Nuvo
Eleven Brindley Place
2 Brunswick Square
Birmingham
B1 2LP

Nuvo is approximately 5 minutes' walk from the International Convention Centre Birmingham (ICC).

Please indicate if you wish to attend on the online registration form.

ACCOMMODATION

We have teamed up with MICE Concierge who will provide a free accommodation booking service to all our delegates and exhibitors. They have negotiated the best rates with a selection of hotels near the International Convention Centre Birmingham (ICC). The rates are quoted per room per night. MICE Concierge does not just look for the best rates on accommodation for you, they recommend places to eat around Birmingham along with prices and information on airport transportation.

Early booking is highly recommended.

Please book by Friday 5th April 2017.

Bookings made after this date will be on a request basis and subject to availability, rates may vary.

To make a reservation please go to the following website: <https://www.miceconciierge.com/events/Pain2017> and follow the online instructions. You will receive an automatic confirmation e-mail with a booking reference and the details of you booking.

For any queries or changes to existing bookings please contact MICE Concierge directly on: 01438 908 770 or hello@miceconciierge.com.

TRAVEL TO BIRMINGHAM AND THE ICC

For further travel information you might want to visit:

By Air

Birmingham International Airport is the closest airport to the ICC venue. KLM Airline run daily flights between Birmingham and London Heathrow and there are regular flights from many connections in Europe and worldwide. Please search for you flights on sky scanner for the competitive rates:
<https://www.skyscanner.net/>

By Train

The ICC is served by the UK's largest interchange rail station, located at Birmingham New Street. It has direct services to London Euston, including a service that takes just 80 minutes and runs every 20 minutes. For more information on travelling by train please go on to ICC find us page:
<http://www.theicc.co.uk/find-us/>

To be well ensured you get the best rate, please book your train in advance using trainline to get competitive rates:
<https://www.thetrainline.com/>

By Car/On Foot

The ICC is located centrally in Birmingham city centre and is easily accessible by road from all over the UK. Visitors from any direction can travel in to Birmingham using many different routes connected to the following motorways: M1, M5, M6, M6 Toll, M40 and M42

For more information on travelling please go to ICC website: <http://www.theicc.co.uk/find-us>

Parking

There is abundant, secure multi-storey parking available located within the Barclaycard Arena, which is just a short walk away from the ICC. Both the ICC and Barclaycard Arena are signposted on motorways and major roads and are marked on most road maps

For more details on car parking please visit ICC website: <http://www.theicc.co.uk/find-us/>

Taxis

Taxi ranks are located outside the ICC venue.



ONSITE AT THE INTERNATIONAL CONVENTION CENTRE

The British Pain Society Office at the Venue

A British Pain Society office will be set up at the venue. British Pain Society staff will always be found at the registration desks in the foyer area during opening hours.

On Arrival at the Meeting

All delegates are asked to make their way to the registration area. All delegates will be asked to sign an attendance register and will be given a name badge and a delegate pack. Badges must be worn at all times during the Meeting.

The registration desk will be open at the following times:

Wednesday 3rd May	08:30 – 18:00
Thursday 4th May	08:30 – 18:30
Friday 5th May	08:30 – 16:00

Catering

Tea/coffee breaks and lunch will be served in the Exhibition Hall beside the Exhibitor and Poster display areas at the times stated in the Scientific Programme.

Cloakroom

The cloakroom is located in the foyer area on the ground floor and will be secure to leave luggage and coats on arrival.



First Aid

There will be appointed first aid staff on site for the duration of the meeting. Should you require any medical assistance please ask a member of staff at the registration desk.

Coffee Shop

Teas and coffee will be served at designated times during the Meeting. In addition, there is a Starbucks located on the ground floor in venue.

Banking

ATM machines are located outside the ICC venue. The closest one is the Barclays ATM at Brindley Place, Waters Edge, Broad Street, Birmingham B1 2HZ.

USEFUL TELEPHONE NUMBERS, EMAIL ADDRESSES AND WEBSITES

British Pain Society

0207 269 7840

www.britishpainsociety.org

International Convention Centre (ICC)

0121 200 2000

www.theicc.co.uk

Broad Street

Birmingham

B1 2EA

MICE Concierge

(accommodation reservations)

0143 890 8770

www.miceconciierge.com/events/Pain2017

TRAVEL INFORMATION

Visit Birmingham

No number available: Please leave inquiry on their website www.visitbirmingham.com

Trainline

0871 244 1545

www.thetrainline.com

National Rail Enquiries

03457 48 49 50

www.nationalrail.co.uk

National Express Coach Service

0871 781 8181

www.nationalexpress.com

FURTHER INFORMATION

Further information will be sent to you upon registration for the Meeting. However, if you have any queries in the meantime, these should be addressed to:

British Pain Society

Third Floor

Churchill House

35 Red Lion Square

London WC1R 4SG

T: +44 (0)20 7269 7840

F: +44 (0)20 7831 0859

E: asm@britishpainsociety.org

W: www.britishpainsociety.org