

Integrating Hypnosis into Pain Management Study Day Programme

- 09.00-09.30 Registration
- 09.30-09.35 Welcome
- 09.35-10.35 **Theory and evidence for the use of hypnosis in pain management:**
with Peter Naish and Sue Peacock
- 10.40-11.30 Masterclasses Session 1 **Self-hypnosis**
Session 2 **Hypnosis and imagery in chronic pain management**
- 11.30-11.50 *Coffee*
- 11.50-12.40 Masterclasses Session 3 **Hypnosis and imagery in chronic pain management**
Session 4 **Self-hypnosis**
- 12.35-13.35 *Lunch*
- 13.35-14.35 **The power of words and engaging the patient's imagination:** with Paul Slater and
Caron Moores
- 14.40-15.30 Masterclasses Session 5 **Client generated imagery in the management of pain**
Session 6 **Acute and procedural pain**
- 15.20-15.40 *Afternoon Tea*
- 15.40-16.30 Masterclasses Session 7 **Acute and procedural pain**
Session 8 **Client generated imagery in the management of pain**
- 16.30-16.45 **Drawing it all together**
- 16.45 Meeting Ends