



Life after COVID Webinar
Thursday 15th April 2021, 18:15 -20:30 hours

Programme:

- 18:15-18:45 **Welcome and introduction.** Dr Arun Bhaskar, President of The British Pain Society
- 18:45-19:45 **Presentations on life after Covid 19** chaired by Dr Arun Bhaskar, President of The British Pain Society. Each group will have 10 minutes for presentation, followed by Q&A and discussions open to the floor.
1. Gill Simon - Head of Community Pain Services in Essex.
How inter-disciplinary pain services were managed during the lockdown, lessons learnt and what adaptations could help in life after Covid.
 2. Dr Deepak Ravindran, Pain Management Consultant and Berkshire Long covid Integrated Services (BLIS) Lead and Dr Johanna Theron, Specialist Doctor Chronic Pain, Kent Community Health NHS Trust.
Long covid syndrome and how primary and secondary pain management services could help the national long covid special clinics. Primary and secondary care interface and collaboration for smooth transition to life after Covid.
 3. Dr Patrick Hill, Clinical Psychologist, Sandwell, and West Birmingham NHS Trust and Dr Annily Dee, Clinical Psychologist from University Hospitals Plymouth NHS Trust.
The learning from self-management support for people with long term pain and fibromyalgia during the pandemic and how this could influence life after Covid.
 4. Leila Heelas- Consultant Physiotherapist/ Clinical Lead, Optimise Pain Rehabilitation Unit, Oxford University Hospitals NHS FT.
Virtual delivery of pain management / rehabilitation, learning from rapid innovation. Transition to blended face to face and digital service delivery in the future.
 5. Louise Trewern – Vice Chair, Patient Voice Committee of The British Pain Society.
Why you should incorporate patient input and opinions to support services for life after Covid.
- 19:45-20:15 **Q&A** with all panel members, open for web audience.
- 20:15-20:30 **Summary and conclusion.**
- 20:30 **Meeting Closes**

**Awarded 2 CPD points*

To register via Zoom, please click [HERE](#)

Third Floor, Churchill House | 35 Red Lion Square | London WC1R 4SG
T +44 (0)20 7269 7840 | E info@britishpainsociety.org | W www.britishpainsociety.org
The British Pain Society is the British Chapter of the International Association for the Study of Pain