

PROGRAMME: PHILOSOPHY AND ETHICS SPECIAL INTEREST GROUP

RYDAL HALL 23rd -26th June 2019: EXPLORING THE FUTURE OF PAIN MEDICINE: CARING FOR THE PATIENT AND THE CLINICIAN

Sunday, 23rd June

16.00 Arrival/Tea

18.30 Dinner and Housekeeping

Monday, 24th June

8.15 **Easy yoga in the gardens** *with Gillian Bartlam*

8.45 Breakfast

9.30 **Welcome and introduction:** *Dr Peter Gorman*

9.45 **Chronic pain after surgery and the role of developmental trauma: When shall we talk about the elephant in the room?** *Dr Deepak Ravindran*

11.00 Coffee

11.20 **The Link Between Chronic Pain and Adverse Childhood Events: Trauma Informed Care:** *Dr Jonathan Tomlinson*

12.30 Discussion

13.00 Lunch

14.00 Walking and recreation in the gardens and countryside

16.00 Tea

16.30 **Going beyond the Bio Psycho Social - The complex person embedded in a complex world:** *Betsan Corkhill*

17.30 Discussion

18.30 Dinner

Tuesday, 25th June

8.15 **Easy yoga in the gardens** *with Gillian Bartlam*

08.45 Breakfast

09.45 **Integrating the Art of Healing With the Science of Curing:** *Dr Paul Dieppe*

10.30 Discussion

11.30 **Inflammation-New Ideas:** *Dr Maureen Tilford*

12.30 Discussion

13.00 Lunch

14.00 Walking and recreation in the garden and countryside/Forest Bathing

16.00 Tea

16.30 **Compassionate Care in the Pain Clinic:** *Dr David Laird*

17.30 Discussion

18.30 Dinner

Wednesday, 26th June

8.15 **Easy yoga in the gardens** *with Gillian Bartlam*

08.45 Breakfast

09.30 Introduction

09.45 **The Human Kind: What Pain Tells Us About Our Nature:** *Dr Peter Dorward*

11.00 Coffee

11.30 **Creative Writing session:** *Dr Sara Booth*

12.30 Discussion

13.00 Lunch & farewell