

PAIN MANAGEMENT PROGRAMMES

2020 National Directory of Services (Public)

Compiled by Sarah Kelly and Lars Williams

**On behalf of the
British Pain Society
Pain Management Programmes Special Interest Group**



Introduction

The Pain Management Programme (PMP) Special Interest Group (SIG) of the British Pain Society (BPS) is delighted to present to you the updated Public National Directory of PMP Services (2019).

Firstly, we would like to thank all those involved in compiling the Directory. We could not have achieved this without your prompt responses and the work of the regional BPS PMP clinical champions who facilitated dissemination and collection of

information. Special thanks to Sarah Kelly and Lars Williams for compiling the directory.

This is the brief directory consisting of service names and contact details only. A services' details have only been included in the brief directory, if a member of the service has given the PMP SIG permission to do so.

We recommend you search the forms using the Ctrl + F function. This will bring up a search box where you can enter text for your desired search, for example, a county, city or town name.

Please note, the data submitted has not been checked for accuracy or completeness and service provision can change over time. Please refer to the BPS PMP evidence based Guidelines for information about evidence based best practice in pain management programme provision.

We hope that you find the Directory useful.



Gail Sowden

East Midlands (Derbyshire - Nottinghamshire - South Lincolnshire - Leicestershire - Rutland - Northamptonshire)

Provider:	University Hospitals of Leicester
Service:	Pain Management Programme
Contact details:	LE5 4PW 0116 2584803

Provider:	Primary Integrated Community Services
Service:	Nottinghamshire Community Pain Pathway
Contact details:	NG8 6PY 03000 830 000 paulabanbury@nhs.net pics.nhs.org.uk

East of England (Norfolk - Cambridgeshire - Suffolk - Bedfordshire - Hertfordshire - Essex)

Provider:	Norfolk & Norwich University Hospital
Service:	Pain Management Service, Norfolk & Norwich University Hospital NHS Trust
Contact details:	NR4 7UY 01603 288453

	katherine.dyer@nnuh.nhs.uk www.nnuh.nhs.uk
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Greater London

Provider:	St George's Univeristy Hospitals NHS Foundation Trust
Service:	Chronic Pain Self Management Team
Contact details:	Phoenix Centre, Perimeter Road, St George's Hospital, Blackshaw Road, LONDON, SW17 0QT 0208 266 6545 CPSMT@stgeorges.nhs.uk www.stgeorges.nhs.uk/chronicpain

Provider:	RNOH
Service:	RNOH 3 week inpatient Pain management programme
Contact details:	Brockley Hill, Stanmore, Middlesex, HA7 4LP 020 8909 5274/ 020 8909 5894 catherine.buckley@nhs.net https://www.rnoh.nhs.uk/our-services/rehabilitation-and-therapy/pain-self-management-health-professionals

Provider:	RNOH
Service:	Active Back
Contact details:	Brockley Hill Stanmore https://www.rnoh.nhs.uk/our-services/integrated-back-unit/active-back-programme

Provider:	Kent Community NHS Trust
Service:	Hillingdon Community Chronic Pain
Contact details:	UB8 1QG

North East (Northumberland -Tyne and wear -Durham)

Provider:	Northumbria Healthcare NHS Foundation Trust
Service:	Pain Management Service
Contact details:	Wansbeck General Hospital, Woodhorn Lane, Ashington, Northumberland, NE63 9JJ 01670 529540 sarah.woods@nhct.nhs.uk https://www.northumbria.nhs.uk/our-services/chronic-pain-management/

Provider:	Newcastle upon Tyne Teaching Hospitals NHS Trust
Service:	Newcastle upon Tyne Pain Management Programme
Contact details:	Ne4 6SH 1912138970 andrea.luteran@nuth.nhs.uk

Provider:	Northumbria Healthcare NHS Foundation Trust
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Service:	Pain Management
Contact details:	Wansbeck General Hospital, Woodhorn Lane, Ashington, Northumberland, NE63 9JJ 01670 529540 sarah.woods@nhct.nhs.uk https://www.northumbria.nhs.uk/our-services/chronic-pain-management

North West (Cumbria - Lancashire - Greater Manchester - Merseyside - Cheshire)

Provider:	Breathworks CIC
Service:	Mindfulness for Health
Contact details:	Breathworks CIC, 16-20 Turner St, Manchester M4 1DZ 0161 834 1110 info@breathworks.co.uk www.breathworks-mindfulness.org.uk

Provider:	Manchester and Salford Pain Centre, Salford Royal NHS Foundation Trust
Service:	Pain Management Programme
Contact details:	Manchester and Salford Pain Centre, Salford Royal Hospital NHS Foundation Trust, Stott Lane, Salford, M6 8HD 0161 206 4136 karen.johnson@srft.nhs.uk http://www.srft.nhs.uk/about-us/depts/neuro-pain/

Provider:	Manchester University NHs Foundation Trust
Service:	South Manchester Pain Service
Contact details:	Baguley Suite, Wythenshawe Hospital Southmoor Road Manchester M23 9LT 1612912975 https://mft.nhs.uk/wythenshawe/services/pain-clinic/

Provider:	The Walton Centre NHS Foundation Trust
Service:	The Walton Centre Pain Management Programme
Contact details:	Pain Management Programme, The Walton Centre, 1st Floor Sid Watkins Building, Lower Lane, Liverpool, L9 7BB 0151 5563161 or 0151 5563162 lorraine.rice@thewaltoncentre.nhs.uk or kerry.mathews@thewaltoncentre.nhs.uk https://www.thewaltoncentre.nhs.uk/112/pain-management-programme-pmp.html

Nothorn Ireland

Provider:	Belfast Health and Social Care Trust
Service:	Chronic Pain Service

Contact details:	Level 5 North, Belfast City Hospital Tower, 51 Lisburn Road, Belfast, BT9 7AB 2895041261 www.belfasttrust.hscni.net/hospitals/belfast
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Provider:	Southern Health and Social Care Trust
Service:	Southern Trust Chronic Pain Service
Contact details:	Psychology Dept, Bluestone Unit, Craigavon Area Hospital, Lurgan Road, Portadown BT63 5QQ 028 38 366731 nicola.sherlock@southerntrust.hscni.net

Scotland

Provider:	NHS Tayside
Service:	Tayside Pain Management Programme
Contact details:	Tayside Pain Service, Ninewells Hospital, Dundee 01382660111 Ext 35116 lynnsheridan@nhs.net

Provider:	NHS Scotland
Service:	Scottish National Residential Pain Management Programme
Contact details:	Allander House, Gartnavel Campus, 1055 Great Western R, Glasgow, G12 0XH 0141 211 3628 Scottish.PMP@ggc.scot.nhs.uk http://www.snrrmp.scot.nhs.uk/

Provider:	The chronic pain service, NHS Borders
Service:	pain self- management program (PSMP)
Contact details:	BGH, Melrose, Roxburghshire, TD69BS 01896 826000 Pain.Clinic@borders.scot.nhs.uk

Provider:	Dr Chris Harding and Kathryn Reid
Service:	Pain Management Programme
Contact details:	Pain Management Clinic, Buchanan Centre, Coatbridge, ML3 6BJ 01236 703493 kathryn.gilbert2@lanarkshire.scot.nhs.uk

Provider:	NHS Ayrshire And Arran
Service:	NHS Ayrshire And Arran Pain Mangement Service
Contact details:	Dept Of Anaesthesia, University Hospital Crosshouse, Kilmarnock, Ka20be 01563 827172 http://www.nhsaaa.net/services-a-to-z/pain-management-service/

Provider:	NHS
Service:	Pain Management Programme NHS Forth Valley
Contact details:	Pain Management Department, Falkirk Community Hospital, FALKIRK, Stirlingshire, FK1 5QE 01324 614347 FV-UHB.psymailbox@nhs.net

Provider:	NHS Fife and Fife Health and Social care Partnership
Service:	Fife Pain Management Service
Contact details:	Pain Management Service, Queen Margaret Hospital, Whitefield Road, Dunfermline Fife KY12 0SU 01383 674106

South Central (Oxfordshire - Buckinghamshire - Berkshire - Hampshire- Isle of White)

Provider:	Solent NHS Trust
Service:	Portsmouth Persistent Pain Team
Contact details:	Long Term Conditions Suite, Ground Floor, St Mary's Community Health Campus, Milton Road, Portsmouth. PO3 6AD 0300 123 6669 snhs.persistentpainteam@nhs.net

Provider:	Solent NHS Trust
Service:	Southeast Hants/ Fareham and Gosport Persistent Pain Service
Contact details:	Long Term Conditions Suite, Ground Floor, St Mary's Community Health Campus, Milton Road, Portsmouth. PO3 6AD 0300 123 6669 snhs.persistentpainteam@nhs.net

Provider:	Oxford University Hospitals NHS Foundation Trust
Service:	Optimise Pain Rehabilitation Unit
Contact details:	Physiotherapy Department, Nuffield Orthopaedic Centre, Windmill Road, Oxford, OX3 7LD 01865 738081 orh-tr.optimise@nhs.net http://www.ouh.nhs.uk/optimise/default.aspx

South East (Surrey - Kent - West Sussex - East Sussex)

Provider:	Medway NHS Foundation Trust
Service:	Medway Pain Management Programme
Contact details:	Medway Maritime Hospital, Windmill Road, Gillingham, Kent ME7 5NY

South West (Cornwall - Devon - Somerset - Bristol - Gloucestershire - Wiltshire - Dorset)

Provider:	Royal United Hospitals Bath NHS Foundation Trust
Service:	Complex Regional Pain Syndrome/ Complex Cancer Late Effects Rehabilitation
Contact details:	Combe Park, Bath, BA1 3NG 01225 473462 ruh-tr.RNHRDCRPSteam@nhs.net www.rnhrd.nhs.uk/page/79

Provider:	UHBristol NHS Foundation Trust
Service:	Pain clinic
Contact details:	Central Health Clinic, Tower Hill, Bristol BS2 0JD 0117 342 7575 http://www.uhbristol.nhs.uk/

Provider:	Torbay & South Devon NHS Foundation Trust
Service:	Torbay PainTeam
Contact details:	Pain Team, Torbay Hospital, Lowes Bridge, Torquay, TQ2 7AA 01803 654270/654251 caryn.brockington@nhs.net http://www.torbayandsouthdevon.nhs.uk/services/pain-service/

Provider:	Royal Cornwall Hospital Trust
Service:	Pain Management Team
Contact details:	Pain Clinic, Tower Block, Treリスケ Hospital, Truro, TR1 3LJ 01872 252792/160 rch-tr.painmanagement@nhs.net http://www.royalcornwall.nhs.uk/services/pain/

Provider:	Taunton & Somerset NHS Foundation Trust
Service:	Somerset Community Pain Management Service
Contact details:	TA1 5DA 01823 344147 painservice@tst.nhs.uk www.somersetpain.co.uk

Provider:	Plymouth Hospitals NHS Trust
Service:	University Hospitals Plymouth NHS Trust
Contact details:	Pain Team, Rowan House, Derriford Hospital, Derriford Raod, Crownhill, Plymouth, PL6 8DH 01752 437706

Provider:	Northern Devon Healthcare Trust
Service:	Persistent Pain Service
Contact details:	Persistent Pain Service, Seamoor Offices, Level 1, NDDH, Raleigh Park, Barnstaple, Ex31 4JB 01271 337820 matthewlund@nhs.net

Provider:	Royal Devon and Exeter Hospital
Service:	Pain Management Rehabilitation Team
Contact details:	Pain Clinic, Royal Devon and Exeter Hospital (Heavitree), Gladstone Road, Exeter, EX2 5DW 01392 405018 dcrix@nhs.net

UK Wide

Provider:	Royal United Hospitals Bath NHS Foundation Trust
Service:	Bath Centre for Pain Services
Contact details:	Bath Centre for Pain Services, Royal National Hospital for Rheumatic Diseases, Upper Borough Walls, Bath BA1 1RL 01225 473427 ruh-tr.RNHRDPMUenquiries@nhs.net bathcentreforpainservices.nhs.uk

Provider:	Pain Toolkit
Service:	Pain Toolkit online workshops and Webinars
Contact details:	Online 078111222044 pete.moore@paintoolkit.org www.paintoolkit.org

Provider:	InHealth Pain Management Solutions
Service:	Community pain management services
Contact details:	Inhealth Pain Management Solutions Longfields Court, Wharncliffe Business Park Middlewoods Way, Barnsley, S71 3GN 0800 034 0406 enquiries@pmsltd.co.uk http://www.pmsltd.co.uk/

Wales

Provider:	Betsi Cadwaladr University NHS Health Board
Service:	Chronic Pain Management Service (East)
Contact details:	Fleming, U1, Wrexham Maelor, Croesnewydd Rd, Wrexham. LL18 7TD. 01978 725564 katy.knott@wales.nhs.uk

Provider:	BCUHB
Service:	Abergele Pain Management Service, covering Abergele and Deeside
Contact details:	LL22 8DP 01745 583910

Provider:	Powys Teaching Health Board
Service:	Pain and Fatigue Management Service
Contact details:	Bronllys Hospital, Bronllys, Brecon, LD3 0LU 01874 712499 http://www.powysthb.wales.nhs.uk/long-term-condition-management

West Midlands (Staffordshire - Shropshire - West Midlands - Herefordshire - Worcestershire - Warwickshire)

Provider:	Real Health
Service:	Pain Management and Functional Restoration Programmes
Contact details:	Smile House, 2 East Union Street, Rugby, Warwickshire CV22 6AJ 02476 996883 info@realhealth.org.uk www.realhealth.org.uk

Provider:	Connect Health
Service:	Wolverhampton Integrated Musculoskeletal Service (WIMS)
Contact details:	Nuffield Hospital, Wood Road, Wolverhampton, WV6 8LE 01902 302393 www.connecthealth.co.uk

Provider:	South Warwickshire Foundation Trust
Service:	South Warwickshire Multidisciplinary Pain Service
Contact details:	Multidisciplinary Pain Service , Therapies Call Centre, Warwick Hospital, Lakin Road, Warwick, CV34 5BW 01926 495321 ex 8318 Painservice@swft.nhs.uk https://www.swft.nhs.uk/our-services/adult-hospital-services/multi-disciplinary-pain-service

Provider:	Midland Partnership Foundation Trust
Service:	Community Pain Management Service
Contact details:	Greyfriars Therapy Centre, Unit 12, Frank Foley Way, Stafford St16 2ST 01785 221022 chronicpainteam@mpft.nhs.uk

Provider:	Midlands Partnership NHS Trust
Service:	IMPACT Community Pain Service
Contact details:	Haywood Hospital, High Lane, Burslem, Stoke-on-Trent, ST6 7AG, England 01782 673751 https://www.staffordshireandstokeontrent.nhs.uk/Services/impact.htm

Yorkshire and Humberside (North Yorkshire - West Yorkshire - South Yorkshire - East Riding of Yorkshire - North and North East Lincolnshire)

Provider:	Sheffield Children's NHS Foundation Trust
Service:	Sheffield Children's Hospital Pain Management Service
Contact details:	Western Bank, Sheffield, S10 2TH 0114 2717397 or 0114 2260843 www.sheffieldchildrens.nhs.uk

Provider:	Sheffield Teaching Hospitals
Service:	Sheffield Pain Clinic
Contact details:	Pain Clinic Northern General Hospital Herries Rd Sheffield S5 7AU 0114 271 5210 painmanagementprogramme@sth.nhs.uk

Provider:	Bradford Teaching Hospitals NHS Foundation Trust
Service:	Bradford Living with Pain Service
Contact details:	Living with Pain Service, Level 2, Horton Park Avenue, Bradford, BD7 3EG 01274 273422 jackie.shingleton@bthft.nhs.uk https://www.nhs.uk/Services/hospitals/Services/Service/DefaultView.aspx?id=194925

Provider:	Leeds Teaching Hospitals NHS Trust
Service:	Leeds Living with Pain group
Contact details:	Fielding House, Department of Clinical and Health Psychology, St. James's University Hospital, Beckett Street, Leeds LS9 7TF 0113 206 5897 vivienne.laidler@nhs.net http://www.leedsth.nhs.uk/a-z-of-services/clinical-and-health-psychology/pain/

Provider:	York Teaching Hospital NHS Foundation Trust
Service:	York Pain Clinic
Contact details:	York MDT Pain Clinic, First Floor Outpatients, York Hospital, Wigginton Rd, York, YO31 8HE 01904 725395 Debbie.hunter@york.nhs.uk yorkhospitals.nhs.uk

Provider:	InHealth Pain Management Solutions (Greater Huddersfield CCG)
Service:	Urdu Culturally Adapted Pain Management Programme
Contact details:	The Media Centre, 7 Northumberland Street, Huddersfield, HD1 1RL 0800 0340406

	pms.mailbox@nhs.net www.pmsltd.co.uk
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Provider:	Doncaster and Bassetlaw Teaching Hospitals NHS Foundation Trust
Service:	Mexborough Montagu Pain Management Unit
Contact details:	Pain Management Unit, Mexborough Montagu Hospital, Adwick Road , Mexborough, Doncaster, S64 0AZ 01709 649038/649039 www.dbth.nhs.uk/services/pain-management-2/

Jersey (UK Channel Islands)

Provider:	Pain Multidisciplinary Team c/o Dr Chad Taylor
Service:	Jersey Pain Medicine, Education and Recovery Centre
Contact details:	Overdale Hospital, Westmount Road, Westmount, St Helier, Jersey JE1 3LP 1534444669 a.agostinis@health.gov.je

Republic of Ireland

Provider:	Tallaght University Hospital, Dublin
Service:	Tallaght University Hospital Pain Service
Contact details:	Belgard Road, Tallaght, Dublin 24, Ireland. 00-3531-4144858 Sheila.horan@tuh.ie. https://www.tuh.ie/