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THE BRITISH PAIN SOCIETY

Registration Programme

The British Pain Society's
Annual Scientific Meeting
Tuesday 10th May - Thursday 12th May 2016
Harrogate International Centre

Welcome to the 2016 Annual Scientific Meeting

The British Pain Society invites all healthcare professionals and researchers with an interest in pain to attend their 2016 Annual Scientific Meeting, which will be held Tuesday 10th May – Thursday 12th May at the Harrogate International Centre.

The multidisciplinary nature of the Society is pivotal to the continuing success of the Annual Scientific Meeting, and is reflected throughout the scientific programme, with lecture, workshop, and seminar topics chosen specifically to be of interest to participants from a range of specialties. The British Pain Society's Annual Scientific Meeting has attracted an average of 600 healthcare professionals to its last five meetings.

The Programme

Those of you who regularly attend the Annual Scientific Meeting will have become accustomed to a high quality of speakers and 2016 is no exception. We are delighted this year to have secured a distinguished faculty of talent from the UK, Europe and Australia. The plenary lectures have been carefully selected to be attractive to all who have an interest in pain management, whatever their specialty. To balance this, the smaller parallel sessions give participants the opportunity to choose from a variety of topics focusing on specific areas; the emphasis here lies in audience participation and an interactive exchange of ideas.

Poster Exhibition

All registrants are encouraged to submit an abstract suitable for presentation as a poster. NEW for 2016 – oral poster presentations: Responding to delegate feedback, we have now made a limited number of parallel slots available for 10 minute oral presentations. You can indicate on the on-line abstract submission whether you would like to be considered for an oral presentation.

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The five best abstracts from students/trainees will be invited to present their work during the Prize Paper Presentations session on the Thursday morning in the main auditorium. Delegates will be able to view the poster exhibition throughout the meeting, and authors will be present to discuss their posters at designated times. There will be prizes for the best presented posters and for the top oral presentations as well as a 'people's choice' poster prize.

The Technical Exhibition

We are looking forward to welcoming colleagues from industry, once again. This is an important part of the Meeting, and we encourage participants to visit the exhibition during the coffee and lunch breaks.

The Medicines Company will be holding a satellite symposium on Tuesday afternoon. All delegates are welcome to attend the symposium, which are included in the registration fee.

This year why not bring a colleague who is new to the ASM with you! Introducing 'Bring a buddy'

Our recent membership survey tells us that 92% of you would recommend the ASM to a colleague, so we'd like to ask you to do just that by bringing along a colleague/friend who hasn't attended an ASM before (or at least not in the past 5 years). Help us to share our knowledge and experience with a wider audience. Being part of a MDT organisation was the number one reason given by members as to why they joined and remained members of the Society so help us to spread the word!

As a pair you and your buddy will be entered into a prize draw to win free attendance for you both to attend a BPS Study Day of your choice in 2016. For more information see page 17.

Non-members wishing to join the Society will be entitled to reduced registration fees for the Meeting, as well as access to a wide range of exceptional member benefits. For more information on how to join The British Society please visit:

<https://www.britishpainsociety.org/become-a-member/>

We are sure that this year's meeting will create an informative and enjoyable environment for all participants and we look forward to seeing you in Harrogate!

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Programme Outline

Tuesday 10th May

08:30-18:00	Registration Desk open
08:30-18:00	Technical Exhibition and Poster Exhibition open
09:50-10:00	Welcome by the BPS President & the Chair of the Scientific Programme Committee
10:00-10:40	Pat Wall Lecture - Plenary Session 1
10:40-11:20	Plenary Session 2
11:20-11:50	Coffee Break
11:50-12:30	Plenary Session 3
12:30-13:30	Lunch
13:30-15:00	Parallel Sessions A1-A6
15:00-15:30	Coffee Break
15:30-16:10	Plenary Session 4
16:20-17:30	Satellite Symposium
17:40-18:40	SIG Business Meetings

Wednesday 11th May

07:30-18:30	Registration Desk open
08:30-17:30	Technical Exhibition and Poster Exhibition open
08:00-09:00	SIG Business Meetings
09:00-10:15	Annual General Meeting –for BPS members only
10:20-11:00	Plenary Session 5
11:00-12:00	Poster Viewing Session & Coffee
12:00-13:30	Parallel Sessions B1-B6
13:30-14:30	Lunch
14:30-16:00	Parallel Sessions C1-C6
16:00-16:25	Coffee Break
16:30-17:10	Plenary Session 6
19:00-01:00	Annual BPS Party at Rift & Co.

Thursday 12 May

07:30-16:00	Registration Desk open
08:30-15:00	Technical Exhibition and Poster Exhibition open
09:15-09:55	Plenary Session 7
09:55-11:10	Plenary Session 8 –Prize Paper Presentations
11:10-11:40	Coffee Break
11:40-13:10	Parallel Sessions D1-D6
13:10-14:00	Lunch
14:00-14:45	Plenary Session 9 + Poster Awards
14:45-15:25	British Pain Society Lecture - Plenary Session 10
15:30	Meeting closes

Scientific Programme

Tuesday 10th May

09:50-10:00 **Welcome in the Auditorium**

Dr William Campbell, President of the British Pain Society
Professor Kate Seers, Chair of the Scientific Programme Committee

10:00-10:40 **Pat Wall Lecture - Plenary Session 1**

Preaching to the unconverted: new treatments for chronic pain

Professor Stephen Hunt

50 years ago Ronald Melzack and Patrick Wall published their Gate Control Theory of Pain. Gate theory stressed the importance of the balance of sensory inputs into the spinal cord and the influence of descending controls from the brain on generating the pain experience. With time Patrick Wall became increasingly alarmed by the emerging emphasis on identifying new anti-nociceptive drug targets unique to primary afferent nociceptors. But was Pat Wall right to think that we were misguided? With this perspective I want to consider this question in the light of promising new treatments for chronic pain control including anti-nerve growth factor antibodies for pain associated with osteoarthritis and botox/A for neuropathic pain and migraine.

10:40-11:20 **Plenary Session 2**

A helicopter view on CRPS - highlights of 20 years of research and its relevance to practice

Professor Frank Birklein

CRPS symptoms change as a result of the varying pathophysiology: In acute stages, inflammatory symptoms prevail and should be treated with anti-inflammatory agents. In chronic stages, symptoms are related to central neuroplasticity; these include sensory loss, motor disorders, body perception deficits and learned non-use. At this stage, physical therapy with behavioural elements may be indicated. All patients should be screened for mental comorbidity and treated; invasive measures should be used restrictedly. In near future we will learn by CRPS animal models how the inflammation process is initiated and maintained. If the exaggerated inflammation could be prevented, CRPS will not develop. Treatment of central plasticity will stay more challenging.

11:20-11:50 **Coffee Break: Technical and Poster Exhibition in the Exhibition Hall**

11:50-12:30 **Plenary Session 3**

The challenges of pain and dementia

Professor Peter Passmore

Pain is a very common problem in older people and in those with dementia. Pain sensation is not impaired in dementia and pain is associated with functional impairment, poor sleep, depression and neuropsychiatric symptoms. Evidence suggests a high prevalence of pain but management is often suboptimal. Communication difficulties may be an issue. Therefore checking for pain should be routine in dementia, with an emphasis on detection and subsequent management. There may be clues in the historical details and direct questioning is always important before relying on observations. Evidence suggests benefits of a standard approach to pain management while the potential for adverse effects of medication are also important.

12:30-13:30 Lunch: Technical and Poster Exhibition in the Exhibition Hall

13:30-15:00 Parallel Sessions A1-A6

Participants are asked to choose one from the following six sessions and indicate their preferred option on the online registration form.

A1: Research to inform clinical practice. Where are we at and where are we going in Complex Regional Pain Syndrome?

Professor Candy McCabe, Chair

- Lost in translation: a critical view of animal models in neuropathic pain, Professor Andrew Rice
- Complex Regional Pain Syndrome and peripheral inflammation, Professor Frank Birklein
- A core outcome measurement set for CRPS clinical trials: advancing understanding and treatment, Ms Sharon Grieve

A2: Pain education for patients and practitioners: In person or online? (Pain Education SIG and Information Communication Technology SIG)

Dr Emma Briggs & Mrs Meherzin Das, Co-chairs

- On-line pain education for practitioners: perfection or perdition?
Mrs Sue Jenkins & Dr Sarah Henderson
- Computerised pain management: can it be timely, person-centred and evidence-based?
Mr John Worth
- Debate: the use and efficacy of ICT versus the personal approach in pain education and management

A3: The difficulties of assessing pain in older people: research, clinical and educational perspectives

Mrs Margaret Dunham, Chair

- Pain assessment in the cognitively impaired older adult, Dr Julie Gregory
- Understanding and appreciating older people's self-report of pain, Mrs Margaret Dunham
- Educational strategies in the assessment and management of pain in older people, Dr Amanda Howarth

A4: Comorbidity between mood disorders and chronic pain: scientific basis and clinical observations

Professor Stephen Hunt, Chair

- Is there a scientific basis for the comorbidity between mood disorders and chronic pain?
Professor Stephen Hunt
- The gene FKBP51 modulates both stress and chronic pain via independent mechanisms,
Dr Sandrine Geranton
- Improving pain treatment outcomes by using effective psychological interventions for depression and anxiety, Mrs Helen Macdonald

A5: In or out? The impact of chronic pain on workforce participation

Dr Kathryn Martin, Chair

- Chronic pain and employment – the facts uncovered, Dr Karen Walker-Bone
- Addressing the stigma of chronic pain in the workplace, Dr Cathy Price
- Fit For Work – returning chronic pain patients to work, Dr Les Smith

A6: Oral presentations

Abstracts selected for oral presentation announced early 2016.

15:00-15:30 Coffee Break: Technical and Poster Exhibition in the Exhibition Hall

15:30-16:10 Plenary Session 4

Neuroimaging of placebo analgesia - how beliefs influence the perception of pain

Dr Katja Wiech

Over the recent years, research on placebo analgesia has provided new fascinating insights into the way our brain generates analgesic effects based on beliefs. In the first part of my presentation, I will give an overview on the neural mechanisms underlying placebo analgesia and discuss the neural basis of inter-individual differences in placebo responses. In the second part, I will highlight how we can use the principles of placebo analgesia to enhance the effectiveness of active drugs and reduce adverse effects of pain treatment.

Wednesday 11th May

09:00-10:15 Annual General Meeting for Members

10:20-11:00 Plenary Session 5

Neuromodulation: an update of the current evidence

Professor Eric Buchser

Neuromodulation techniques have been in routine clinical use for the last 3 decades. Modulation of the activity of the central nervous system is achieved by either intrathecal drug delivery or electrical stimulation of the dorsal spinal cord, the brain or peripheral nerves. These treatments have produced spectacular results in various conditions that proved resistant to conventional management. However there is still a relative paucity of high quality studies, particularly with intrathecal drug delivery. The fastest growing area is spinal cord stimulation that sees both fundamental changes in stimulation modes and a growing number of indications, though the alleviation of refractory neuropathic and ischemic pain syndromes are the commonest.

11:00-12:00 Poster Viewing Session and Poster Judging in the Exhibition Hall

An opportunity for delegates to view posters and chat to the presenters; Members of the Scientific Programme Committee will also be judging the submissions and there will be prizes for the five best presented posters.

11:00-12:00 Tea & Coffee will be served in the Exhibition Hall during the Poster Viewing Session

12:00-13:30 Parallel Sessions B1-B6

Participants are asked to choose one from the following six sessions and indicate their preferred option on the online registration form.

B1: Managing neuropathic pain in resource poor environments (Neuropathic Pain SIG & Developing Countries SIG)

Dr Bernard Frank, Chair

- Neuropathic pain in leprosy and its treatment within the WHO essential medication list, Professor Andrew Rice
- Validation of the LANSS Pain Scale in Uganda, Dr Barbara Duncan
- Neuropathic treatments in practice – tales from the field; case studies with possible videoconferencing with Rwanda/Uganda, Dr Victoria Tidman

B2: Neuromodulation – setting up and running a successful service (Interventional Pain Medicine SIG)

Dr Karen Simpson, Chair

- Neuromodulation service - where do we start? Dr Neil Collighan
- Appropriate therapy for the appropriate patient, Dr G Baranidharan
- Pathway setting and problem solving, Mrs Carol Burke

B3: Pitfalls and pinnacles of publishing

Ms Felicia Cox, Chair

- Publish or perish? Ms Felicia Cox
- Reasons for rejection, Dr Austin Leach
- Perspective of a journalist, Tbc

B4: The adolescent with pain: managing the transition from paediatric to adult services (Pain in Children SIG)

Dr Alison Bliss, Chair

- Benchmarking for transition, Ms Faith Gibson
- Developing transition services, Ms Sue Morgan
- Putting it into practice for the adolescent with pain, Dr Alison Bliss

B5: A multidisciplinary approach to managing sickle cell pain

Dr Jenna Love, Chair

- Applying pain medicine to a sickle cell disease population, Dr Oliver Seyfried
- Haematological overview of sickle cell disease: what the pain specialist needs to know, Dr Elizabeth Rhodes
- Bringing a pain management programme to sickle cell disease: challenges, successes and outcome data, Dr Jenna Love & Ms Rebecca McLoughlin

B6: Oral presentations

Abstracts selected for oral presentation announced early 2016.

13:30-14:30 Lunch: Technical and Poster Exhibition in the Exhibition Hall

14:30-16:00 Parallel Sessions C1-C6

Participants are asked to choose one from the following six sessions and indicate their preferred option on the online registration form.

C1: Replacing pain with normal perceptions maybe therapeutically more successful than trying to remove pain

Professor Candy McCabe, Chair

- Pain is not a fixed reality, Professor Candy McCabe
- What can neuroimaging tell us about sensorimotor abnormalities in chronic pain? Dr Masseih Moayed
- Mind bending illusions: potential treatment for chronic pain? Dr Jenny Lewis

C2: Men, masculinity and pain

Dr Andrew Baranowski, Chair

- An introduction to men, masculinity and pain, Dr Edmund Keogh
- Gender: interdisciplinary approaches to managing pelvic/urogenital pain in men, Ms Katrine Petersen
- How can self-management support be made more accessible and acceptable for men living with chronic pain? Dr Paul Galdas

C3: Shame, guilt, humiliation: the self-conscious emotions in chronic pain

Professor Chris Eccleston, Chair

- Chronic pain and self-conscious emotions - a summary and phenomenological review, Dr Mike Osborn
- "I can't bear it": new data on acceptance of embarrassment and shame in chronic pain, Dr Jeremy Gauntlett-Gilbert

C4: Opioid-induced immunomodulation: mechanisms and potential clinical relevance

Dr Vivek Mehta, Chair

- Differential immunosuppressant effects of clinically used opioids, Professor Paula Sacerdote
- Opioid induced immunosuppression: clinical relevance, Professor Richard Langford
- Opioid induced immunosuppression in surgical patients as measured by gene expression profiling, Dr Theresa Wodehouse

C5: Recent developments in understanding the central mechanisms underlying chronic arthritis pain

Dr Sara Kelly, Chair

- The contribution of anxiety to pain in osteoarthritis, Professor Victoria Chapman
- Neuro-immune interactions in a model of arthritis pain, Professor Marzia Malcangio
- The contribution of spinal TNF and IL-6 signalling to arthritic pain, Professor Hans Georg Schaible

C6: Statistics and design issues in pain medicine and research: a refresher

Dr Sandrine Geranton, Chair

- Combating bias: design, conduct, analysis and reporting of pre-clinical neuropathic pain research, Professor Andrew Rice
- Analysis of clinical trials: key aspects, Dr Martyn Lewis

16:00-16:25 Coffee Break: Technical and Poster Exhibition in the Exhibition Hall

16:30-17:10 Plenary Session 6

The benefits of pain: a new approach to understanding pain

Dr Brock Bastian

Pain is something that most people try to avoid. The experience of pain, however, may be better understood as providing an important avenue through which we find enjoyment in life. Focusing on acute physical pain, but also painful experiences more generally, and drawing on both experimental studies and surveys of real-world experiences, I will provide evidence that pain can restore virtue, enhance pleasure, draw us closer to others, increase pro-social behaviour, and promote positive group processes. I will argue that pain is not simply incidental to these positive outcomes, but plays a central role in their production.

LAUDATUM EST OPUS

09:15-09:55 **Plenary Session 7**

Why does it keep hurting? The role of central nervous system in chronic musculoskeletal pain **Professor Eva Kosek**

Poor correlation between the degree of peripheral pathology and pain intensity has led to the concept of pain as a disease in itself, not just a symptom. This is supported by hypersensitivity and dysfunctional endogenous pain modulation in chronic pain patients. In these patients neuroimaging studies have documented amplification of cerebral nociceptive processing not related to depression or anxiety. In addition, the overlapping functional and structural abnormalities increased with the duration of pain, suggesting progressive cerebral pathology. Finally, different treatment modalities have been shown to affect specific cerebral mechanisms, indicating that at least some of the cerebral abnormalities are reversible.

09:55-11:10 **Plenary Session 8 – Plenary Sessions of the Future?**

Oral presentations of the top 5 posters from students and trainees.

11:10-11:40 **Coffee Break: Technical and Poster Exhibition in the Exhibition Hall**

11:40-13:10 **Parallel Sessions D1-D6**

Participants are asked to choose one from the following six sessions and indicate their preferred option on the online registration form.

D1: Persistent pain after joint arthroplasty

Professor David Walsh, Chair

- The problem of post arthroplasty pain; the STAR project, Dr Rachael Gooberman-Hill
- Mechanisms and management of post-arthroplasty pain, Professor Andrew Price
- Targeting psychological risk factors to reduce post-arthroplasty pain, Dr Roshan das Nair

D2: Cervical spinal injections - kill or cure?

Dr Jon Valentine & Dr Rajesh Munglani, Co-chairs

- Mechanisms of neurological injury, Dr Jon Valentine
- Case selection, consent issues and outcomes, Dr Rajesh Munglani
- Minimising risk; learning the skills and practising safely, Dr Sanjeeva Gupta

D3: Developing abdomino-pelvic pain services – applying evidence and existing guidelines

Dr Andrew Baranowski, Chair

- Nurse led service for patients with endometriosis associated pain syndrome, Ms Julia Cambitzi
- Medical aspects of pelvic pain – a review of the guidelines for tertiary/specialised services, Dr William Rea
- Facilitating intimacy and sexual relationships in persistent pelvic pain, Dr Anna Mandeville

D4: Impact of Third Sector self-management in health and social care services

Ms Sonia Cottom, Chair

- Impact and outcomes of self-management, Ms Sonia Cottom
- Self-management - a secondary care perspective, Dr Dietmar Hartmann
- Establishing a managed clinical network – linking with Third Sector, Dr Gregor Purdie

D5: Patients with complex problems: what does this mean, how can we benchmark it and ultimately cater for them (Pain Education SIG & Pain Management Programmes SIG)

Dr Zoey Malpus, Chair

- Psychometric measures to capture complexity in chronic pain, Dr Zoey Malpus
- The present: what is the significance of capturing complexity and what are we doing already?
Ms Despoina Karargyri

D6: Challenges in cancer pain assessment

Dr Lesley Colvin, Chair

- Cancer pain assessment in the acute setting: barriers and solutions, Professor Marie Fallon
- Biomarkers for chemotherapy induced painful peripheral neuropathy, Dr Paul Farquhar-Smith
- Assessing outcomes in cancer pain, Professor Mike Bennett

13:10-14:00 Lunch: Technical and Poster Exhibition in the Exhibition Hall

14:00-14:45 Plenary Session 9 + poster awards

Improving management of postoperative pain – what are the challenges?

Professor Winfried Meissner

Acute postoperative pain does not only cause individual suffering but may increase perioperative complications, the length of hospital stays, and the risk of developing chronic morbidity. However, despite the availability of high-quality guidelines and advanced pain management techniques, acute postoperative pain management is still far from satisfactory. The main challenges in improving postoperative pain management today are a) supporting care givers to change their clinical routine towards evidence-based knowledge and best clinical practice; b) involving patients in diagnosis and management of their pain; c) creating awareness of long-term sequelae of insufficiently managed postoperative pain.

11 14:45-15:25 British Pain Society Lecture - Plenary Session 10

Care for people with painful joints: what works and by whose standards?

Dr Rachael Goberman-Hill

Painful joints account for a large proportion of long-term pain, with profound impact on individuals and society. Evidence about care for people with painful joints is increasingly rich, providing a basis for clinical guidelines and practice. The lecture will include a rapid tour of evidence relating to joint pain care and will show how current evidence hails from diverse sources including synthesis, clinical trials and qualitative studies. The diversity of such evidence sources reminds us to think about whose perspectives we use when we appraise care or develop evidence about care. This question has implications for pain more generally.

15:30 Meeting closes

Tuesday 10th May 2016
16:20-17:30

The challenges with effective postoperative pain management and what new tools do we have in the toolbox to manage these

This satellite symposium is open to all delegates at the meeting and attendance is included in the registration fee. If you would like to book a place, please tick the appropriate box on the on-line registration portal.

LAUDATUM EST OPUS

How to register for the Meeting

PARTICIPANT REGISTRATION

Please go to the following website to register for the Meeting:
<https://www.britishpainsociety.org/2016-asm/asm-2016-how-to-register/>. BPS Members will need their membership number and surname in order to get access to the member rates.

Once your online registration is complete and your payment has been processed you will be emailed a confirmation of booking.

DISCOUNTS AVAILABLE FOR GROUP BOOKINGS OF FOUR AT THE ASM

For every group of 4 people **from the same place of work attending** the ASM a group booking discount can be awarded. The discount will be calculated as 50% off the lowest registration fee of the 4 people. This could be a saving of as much as £277.50* as long as you book to attend together, bringing the cost per head down.

*Example discount amount based on 50% of £555 being the lowest registration fee of the 4 attendees.

Process:

To benefit from this discount, you will need to provide the names of your group members at the time of registration. Individuals should register themselves as normal online. When it comes to the payment section you should select to pay by invoice.

At this stage you will be asked if you are booking as part of a group and asked to complete the names of the others that make up your group of 4.

Once all 4 of you have registered online we will then raise **one invoice** to your place of work for all 4 delegates (or we can invoice an individual for all 4 delegates if preferred) including the discount. Please note however that we cannot raise multiple invoices for a group booking. It is recommended that you aim to register at a similar time to each other to enable a smooth process.

Terms and conditions:

- The group booking discount cannot be applied retrospectively (i.e. if after you have booked to attend the ASM you discover 3 or more of your colleagues are also attending but have already booked individually we cannot apply the discount across multiple payments).
- It is the responsibility of the individuals concerned that make up the group to ensure that all group members register online. If one or more members of the group do not register online before the start date of the event then the discount will become null and void and all remaining members who have registered online will be invoiced individually at the full applicable registration fee.
- As a group booking, if one or more members of the group cancel their booking then the discount becomes null and void and the usual ASM cancellation policy for that individual will apply. Remaining members will be invoiced individually at the full applicable registration fee.

REGISTRATION FEES

Registration fees are shown in the table below. An early bird discounted rate is offered to participants **Sunday 13th March 2016**.

Table of Registration Fees	BPS Members			Non-members		
	Early bird fee up to 13/3/2016	Fee from 14/3/2016	On-site fee	Early bird fee up to 13/3/2016	Fee from 14/3/2016	On-site fee
Taxable income <£20,000 + retired	£180	£240	£250	£265	£325	£340
Taxable income £20,000 - £29,999	£275	£335	£350	£395	£455	£480
Taxable income £30,000 - £39,999	£370	£400	£420	£525	£585	£615
Taxable income £40,000 - £69,999	£465	£495	£520	£655	£685	£720
Taxable income >£70,000	£525	£555	£585	£785	£815	£855
Day rate (one day only)	£175	£185	£195	£265	£285	£300
Honorary Members of the BPS	No fee	No fee	No fee	n/a	n/a	n/a
Student rate*	£115	£130	£135	£115	£130	£135

* The rate applies to members and non-members who are undergraduate or postgraduate students and earn less than £10,000 per annum. Once you have registered online a letter confirming your student status signed off by your supervisor or administrative department of the university must be sent to the BPS Secretariat on the following address: Churchill House, 35 Red Lion Square, London, WC1R 4SG in order to confirm your booking. Applicants who are unable to provide this information may be refused the student rate.

14 Members of the British Pain Society

If you are a member of the British Pain Society you will benefit from reduced registration fees. To qualify for the members' rate, you must be a member of the Society at the time of the Meeting, having paid your 2016 membership subscription. If you are only attending the Meeting for one day, there is a daily rate for members. **Please note that the daily rate cannot be used for multiple days.**

Non-members

If you are not a member of the Society, but would like to become a member, please contact the British Pain Society Secretariat stating that you are interested in joining. Applications for membership should be made online at: <https://www.britishpainsociety.org/become-a-member/>. If you are only attending the Meeting for one day, there is a daily rate for non-members. **Please note that the daily rate cannot be used for multiple days.**

Honorary Members

Honorary Members of the British Pain Society are not required to pay registration fees to attend the Meeting.

Speakers

Contributors to the Scientific Programme should check their correspondence concerning waiving of registration fees. Please note that poster abstracts presenters do not qualify for waived registration fees.

Cancellation charges

- for cancellations up to and including Wednesday 30th March 2016 a full refund will be given less a £25 administration charge.
- for cancellations after Wednesday 30th March 2016 no refund will be given unless in exceptional circumstances and at the discretion of the Treasurer.

To cancel a confirmed booking please contact the British Pain Society Secretariat directly by phone: 0207 269 7840 or email: asm@britishpainsociety.org. Please note that your booking will not be cancelled until you have received a notification from the Secretariat.

THIS YEAR WHY NOT BRING A COLLEAGUE WHO IS NEW TO THE ASM WITH YOU! INTRODUCING 'BRING A BUDDY'

Our recent membership survey tells us that 92% of you would recommend the ASM to a colleague, so we'd like to ask you to do just that by bringing along a colleague/friend who hasn't attended an ASM before (or at least not in the past 5 years). Help us to share our knowledge and experience with a wider audience. Being part of a MDT organisation was the number one reason given by members as to why they joined and remained members of the Society so help us to spread the word!

As a pair you and your buddy will be entered into a prize draw to win free attendance for you both to attend a BPS Study Day of your choice between May 2016 and May 2017. You do not have to attend the same Study Day.

We have 10 places to give away in total, so 5 lucky 'pairs' could be benefitting from an additional educational event in 2016 at no charge!

Process:

To be entered into the prize draw you will need to provide the name of your 'buddy' at the time of registration. Individuals should register themselves as normal online.

On the registration form there will be a tick box asking 'are you bringing/attending as a buddy?' You need to select yes, and provide the name of your buddy.

We will then tally your registrations together as a pair and automatically enter you both into the prize draw.

The draw will take place on 26th May 2016 and the winners notified by email.

Terms and conditions

Prizes cannot be rolled over after May 2017.

To be eligible for the prize draw, one member of the pair must not have attended an ASM in the past 5 years. If both members have attended an ASM in the past 5 years they will not be entered into the prize draw.

It is the responsibility of the individuals to know/check if they have attended an ASM in the past 5 years.

If either member of the pair cancel their attendance at the ASM then they will not be entered into the prize draw.

BRITISH PAIN SOCIETY BURSARIES

Eligibility

In order to be eligible to apply for a bursary, the applicant must normally:

- have a salary lower than £36,000/annum
- have paid the 2016 British Pain Society subscription fee
- Have evidence of good standing within the Society (e.g. length of membership, other contributions to the work of the Society)

Priority will be given to those on lower salaries and those submitting a poster abstract that is accepted for exhibition at the Meeting.

Deadline

The deadline for receipt of applications is **5pm on Monday 22nd February 2016.**

Level of support offered

The level of support offered to each applicant is dependent on the number of applications received, the applicant's salary and whether the applicant is exhibiting a poster at the Meeting. Applicants may request financial support to cover the following:

- registration fee to attend the Meeting;
- travel expenses;
- accommodation expenses up to a maximum of £50/night for a maximum of 3 nights.

How to apply

In order to apply you need to send us hard copies of both the Bursary Application Form and the Participant Registration Form which must reach us by the deadline of **5pm on Monday 22nd February 2016**. The Bursary Application Form and Participant Registration Form can be downloaded from: <https://www.britishpainsociety.org/2016-asm/bursary-applications/>

The Bursary Application Form must be countersigned by the Head of Department to confirm your application satisfies the bursary eligibility criteria as listed above. Incomplete forms will not be accepted for consideration.

PLEASE NOTE: If you are applying for a bursary you should not register for the Meeting on the online system.

Decision

Applicants will be informed of the outcome by Thursday 3rd March 2016. Unsuccessful applicants will automatically receive the early bird booking rate as they will have submitted their application before the deadline for early bird bookings.

CONTINUED PROFESSIONAL DEVELOPMENT

The full Meeting is worth a maximum of 14 CPD points.

TECHNICAL EXHIBITION

The Technical Exhibition is an important part of the Meeting and all participants are encouraged to visit it. It will be housed alongside the Poster Exhibition and catering areas, which will create a vibrant hub for participants during the tea/coffee and lunch breaks. We look forward to welcoming our colleagues in industry.

The Exhibition will be open at the following times:

Tuesday 10th May	08:30 – 18:00
Wednesday 11th May	08:30 – 17:30
Thursday 12th May	08:30 – 15:00

Exhibitors, who would like to receive further information about exhibiting at the Meeting, are asked to contact the British Pain Society Secretariat or visit the website: <https://www.britishpainsociety.org/2016-asm/asm-2016-technical-exhibition/> for an Exhibition Prospectus.

POSTER EXHIBITION

All participants are invited to submit poster abstracts for exhibition at the Meeting. All abstracts will be subject to review; those accepted by the Scientific Programme Committee (SPC) will be invited to exhibit throughout the Meeting and will be published as a supplement to the British Journal of Pain. The Poster Exhibition will be housed in the Exhibition Hall alongside the Technical Exhibition.

Deadline

The deadline for receipt of poster abstract submissions is midnight on **Monday 14th December 2015**.

Details of the abstract submission guidelines and how to submit your poster abstract can be found on our website at <https://www.britishpainsociety.org/2016-asm/asm-2016-poster-exhibition/>.

Authors whose work has been accepted for exhibition are expected to be available at their posters for discussion during the Poster Viewing Session on Wednesday 11th May 11:00-12:00 and during the coffee breaks.

Trainee/Student Price Poster Presentations

Selected by the Scientific Programme Committee (SPC), the five best abstracts from trainees/students will be invited to present their work during the 'Plenary Sessions of the Future?' Prize Paper Presentation Session on Thursday 12th May 09:55-11:10 in the main auditorium. There will be prizes for the best presentations. The prizes will be awarded based on the scientific merit and quality of the presentation by a panel of judges appointed by the Chair of the Scientific Programme Committee. A list of the presentations will appear on the British Pain Society website once they have been scheduled.

Best Submitted and Best Presented Posters

Of all the abstracts submitted, the 12 which are mostly highly rated by the SPC will be pre-selected as "Best Submitted Poster" and awarded a rosette. These 12 will then be judged during the Poster Viewing Session on Wednesday 11th May 11:00-12:00 by members of the SPC who will select and the top five best presented posters.

NEW FOR 2016 – Oral presentations for 12 abstracts selected by the Scientific Programme Committee

This year, in response to delegate feedback, we will be giving a limited number of abstracts shortlisted by the Scientific Programme Committee, the opportunity to do an oral presentation. The oral presentations will be during a parallel session slot and each presentation should last 10 minutes + 3 minutes for questions from the audience. 12 oral presentations slots will be available across two parallel sessions. This will be instead of presenting a poster. Prizes will be awarded to the two best oral presentations. Abstracts selected for oral presentation will be published in the British Journal of Pain supplement in the same way as the poster abstracts.

People's choice award

People's choice best poster: Delegates will have the opportunity to select the poster they rate as the best one at the meeting. All delegates will be given one sticker to place. The poster with the most number of stickers will be awarded the 'People's choice' award.

BRITISH PAIN SOCIETY SPECIAL INTEREST GROUPS

The following Society Special Interest Groups will be holding parallel sessions within the Scientific Programme:

SIG	Parallel Session
Pain Education SIG	A2: Tuesday 10th May 13:30-15:00 (joint with ICT SIG) D5: Thursday 12th May 11:40-13:10 (joint with PMP SIG)
Information & Communication Technology (ICT) SIG	A2: Tuesday 10th May 13:30-15:00 (joint with Pain Education SIG)
Neuropathic Pain SIG	B1: Wednesday 11th May 12:00-13:30 (joint with Pain in Dev. Countries SIG)
Pain in Developing Countries SIG	B1: Wednesday 11th May 12:00-13:30 (joint with Neuropathic Pain SIG)
Interventional Pain Medicine SIG	B2: Wednesday 11th May 12:00-13:30
Pain in Children SIG	B4: Wednesday 11th May 12:00-13:30
Pain Management Programmes (PMP) SIG	D5: Thursday 12th May 11:40-13:10 (joint with Pain Education SIG)

SIG BUSINESS MEETINGS

SIG	Business Meeting Time Slot
Pain Education SIG	Tuesday 10th May 17:40-18:40
Interventional Pain Medicine SIG	Tuesday 10th May 17:40-18:40
Headache SIG	Tuesday 10th May 17:40-18:40
Information & Communication Technology SIG	Tuesday 10th May 17:40-18:40
Neuropathic Pain SIG	Tuesday 10th May 17:40-18:40
Pain Management Programmes SIG	Tuesday 10th May 17:40-18:40
Acute Pain SIG	Wednesday 11th May 08:00-09:00
Pain in Children SIG	Wednesday 11th May 08:00-09:00
Pain in Developing Countries SIG	Wednesday 11th May 08:00-09:00
Primary & Community Care SIG	Wednesday 11th May 08:00-09:00
Medicolegal SIG	Wednesday 11th May 08:00-09:00

OTHER MEETINGS

Editorial Board Meeting for British Journal of Pain	Tuesday 10th May	12:30-13:30 (lunchtime)
SIG Chairs and Executive Officers Meeting	Wednesday 11th May	13:30-14:30 (lunchtime)
Editorial Board Meeting for Pain News	Wednesday 11th Ma	13:30-14:30 (lunchtime)

18 SOCIAL PROGRAMME

BPS Party: Rift & Co. Harrogate

Wednesday 11th May, 19:00 – Late

The BPS party will be hosted in the quirky Cuban themed Rift and Co. There will be a disco, a Latin American themed buffet, a roulette table and cocktail master classes. Food and drinks will be served (please see below what is included in the ticket price). The party is a great opportunity to unwind, network and catch up with fellow colleagues.

Entry: £20 per person (book when you register)

Includes music, food and two drinks vouchers. Thereafter it will be a cash bar.

Address: Royal Baths, Montpellier Garden, Harrogate, HG1 2WL. Rift & Co. is 2 minutes' walk from Harrogate International Centre.

Please indicate if you wish to attend on the online registration form.

ACCOMMODATION

We have once again teamed up with Reservation Highway who will provide a free accommodation booking service to all our delegates and exhibitors. They have negotiated preferential rates with a selection of hotels and B&Bs near Harrogate International Centre. The rates are quoted per room per night for en-suite accommodation and are inclusive of breakfast and VAT, unless otherwise stated.

Early booking is highly recommended. Please book by **22nd April 2016**. Bookings made after this date will be on a request basis and subject to availability, rates may vary.

To make a reservation please go to the following website: www.reservation-highway.co.uk/pain16 and follow the online instructions. You will receive an automatic confirmation e-mail with a booking reference and the details of you booking.

For any queries or changes to existing bookings please contact Reservation Highway directly on: 0142 352 5577 or admin@reservation-highway.co.uk.

TRAVEL TO HARROGATE AND THE HIC

By Air

Leeds Bradford International Airport (LBIA) is the closest airport to Harrogate. British Airways run daily flights between Leeds and London Heathrow and there are regular flights from many connections in Europe and worldwide.

To get from the airport to Harrogate you can catch the Airport Direct 737 bus which runs hourly and will drop you off at the bus station and then it is just a short walk to the HIC.

By Train

Harrogate is linked to all major UK cities via Leeds or York including a direct, daily connection to London.

When at Leeds/York there is a simple change to a Harrogate bound train. These run about every half hour (through the week) with an average journey time of 30 – 40mins.

Northern Rail train services run between Leeds, Harrogate and York every half hour throughout the day and every hour on Sunday. See timetables at: www.northernrail.org

East Coast Rail provides services from Harrogate to London and Edinburgh. Trains run about every half hour (through the week) with average journey times from London of around 2 – 2.5 hours. Find details at: www.eastcoast.co.uk

By Car

If you are using your Sat Nav to travel to the HIC and Harrogate you can use the following postcodes:

Harrogate International Centre – HG1 2HU

Jubilee Car Park – HG1 1DJ

Victoria Car Park – HG1 5LQ

From the South: Take the M1 and A1(M) before leaving at Junction 45 (Wetherby) then take the A661 to Harrogate. Alternatively continue on the A1 (M) to Junction 47 (Knaresborough) then follow the signs to Harrogate.

From the North: Take the A1 (M) and exit at Junction 47 (Knaresborough) then follow the signs to Harrogate.

Taxis

Taxi ranks are located outside Harrogate train station and the HIC.

Parking

HIC has its own 210 space underground car park and a further 1,200 spaces at the nearby Jubilee and Victoria car parks.

The charges for HIC's underground car park are:

Stay	Cost
Up to 3 hours	£4.00
Up to 6 hours	£7.50
Up to 12 hours	£11.50
13-24 hours	£13.00

ON SITE AT HIC

On arrival at the Meeting

All delegates are asked to make their way to the foyer where the registration desks will be located. All participants will be asked to sign an attendance register and will be given a participant pack and name badge. Badges must be worn at all times during the Meeting.

The registration desk will be open at the following times:

Date	Opening hours
Tuesday 10th May	08:30 – 18:00
Wednesday 11th May	07:30 – 18:30
Thursday 12th May	07:45 – 15:30

Catering

Tea/coffee breaks and lunch will be served in the Exhibition Hall beside the Technical and Poster Exhibition at the times stated in the Scientific Programme.

Cloakroom

The cloakroom is located in the foyer area on the ground floor.

First Aid

There will be appointed first aid staff on site for the duration of the meeting. Should you require any medical assistance please ask a member of staff.

British Pain Society office at the venue

A British Pain Society office will be set up at the venue. British Pain Society staff will always be found at the registration desks in the foyer area during opening hours.

Coffee Shop

A coffee pod is located in the foyer area and will be open at designated times during the Meeting.

Banking

An ATM machine is located outside Harrogate International Centre by the entrance to Hall M.

Useful Telephone Numbers, Email Addresses & Website

British Pain Society	0207 269 7840	www.britishpainsociety.org
Harrogate International Centre	0142 350 0500	www.hicyorkshire.co.uk King's Road Harrogate, North Yorkshire HG1 5LA
Reservation Highway (accommodation booking)	0142 352 5577	admin@reservation-highway.co.uk
Travel Information		
Visit Harrogate	0142 353 7300	www.visitharrogate.co.uk
National Rail Enquiries	0845 748 4950	www.nationalrail.co.uk
National Express coach service	0871 781 8178	www.nationalexpress.com

Further Information

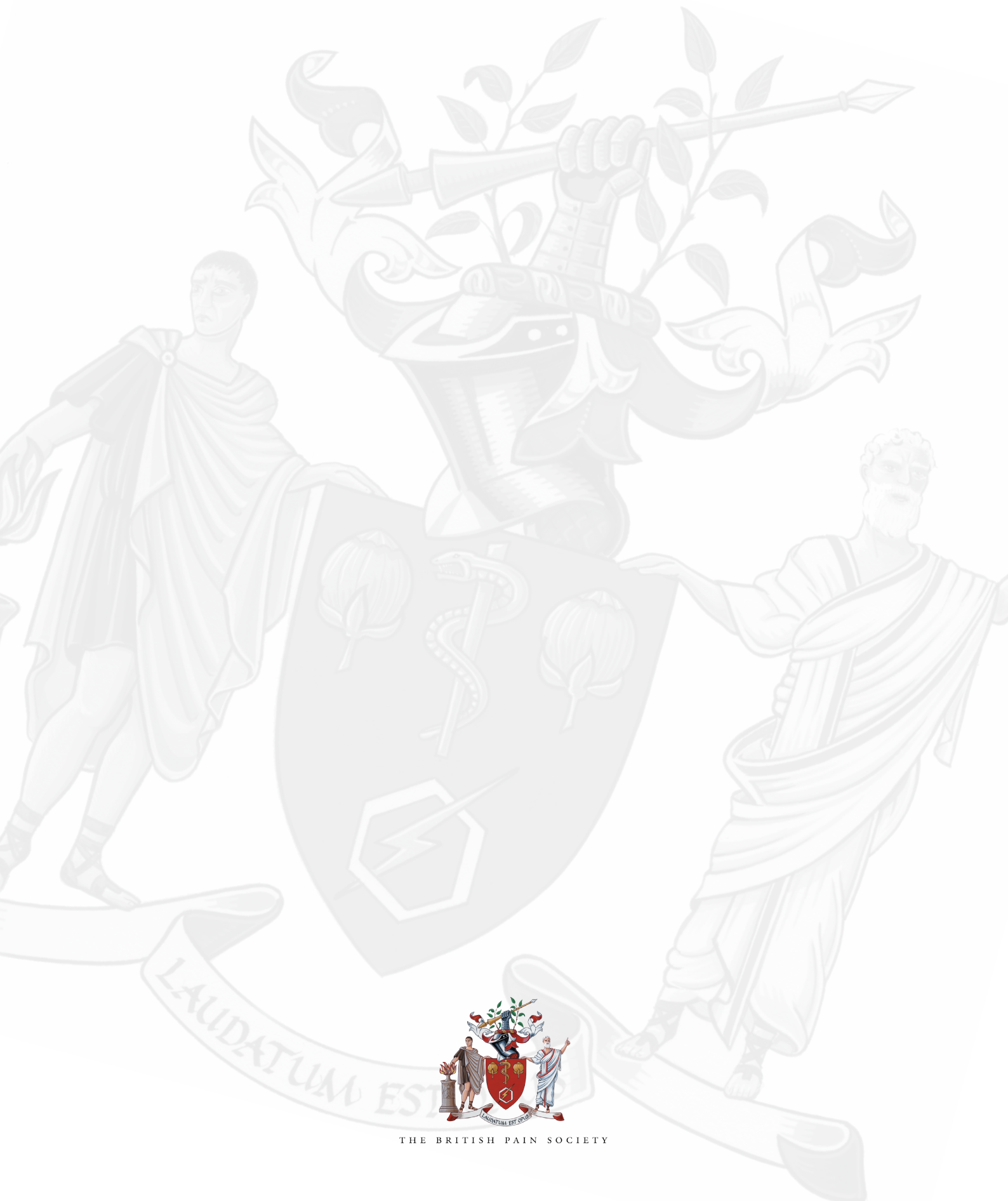
Further information will be sent to you on registration. However, if you have any queries in the meantime, these should be addressed to:

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35 Red Lion Square
London WC1R 4SG

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Fax: +44 (0)20 7831 0859
Email: asm@britishpainsociety.org
Website: www.britishpainsociety.org



LAUDATUM EST OPUS



THE BRITISH PAIN SOCIETY

