

**When
Moving
Hurts**



**Assess
Understand
Take Action**

GLOBAL YEAR AGAINST MUSCULOSKELETAL PAIN

OCTOBER 2009 – OCTOBER 2010

INTERNATIONAL ASSOCIATION FOR THE STUDY OF PAIN®

- one of the most common pain problems encountered
- as a delegate you will solve case based problems during workshops, through the guidance of experts in musculoskeletal pain
- logistics in managing musculoskeletal pain? Discuss your practice with other delegates from multiple disciplines
- a great networking opportunity

We are an approved provider of Continuing Professional Development (CPD) and this Study Day is worth 5 CPD points.



THE BRITISH PAIN SOCIETY

Musculoskeletal Pain - Booking Form

Tuesday 8th June 2010

Delegate fees: BPS Member £120, Non BPS Member £220, Trainee non Members £150

Complete and return to:

The British Pain Society - Third Floor, Churchill House, 35 Red Lion Square, London WC1R 4SG

Or complete and fax to 020 7831 0859. Or you may email the below details to meetings@britishpainsociety.org

Cancellation charges: For cancellations up to and including 10 working days before the event, a full refund will be given less a £25 administration charge. For cancellations within 10 working days no refund will be given, unless in exceptional circumstances and at the discretion of the Treasurer; for sickness, a doctor's certificate will be required.

Title _____
First name _____
Surname _____

Are you a member of the British Pain Society? _____
If Yes, what is your membership number? _____

Place of work _____
Address for correspondence _____

Telephone _____
Fax _____
Email _____

I enclose a cheque, payable to the British Pain Society, for the sum of £ _____

Please debit my credit card (Visa/MasterCard/JCB) or Switch/Solo (circle as applicable), for the sum of £ _____

Cardholder's name (please print) _____

Card number
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Card Security Code □□□
(This is the last 3 numbers printed on the signature strip on the back of your card)

Trust/Employer Invoices

If your Trust/employer is paying for your registration fees, and you require an invoice to be sent directly to them, please provide full invoice details below. Please note that it is your responsibility to ensure that your Trust/employer pays for your registration fees prior to the Meeting.

*In order to process you request to invoice your trust/employer, we will require proof of their agreement to pay your attendance fees and this must be attached with your registration form.

Contact name _____

House number □□□

Contact address (including department) _____

Postcode □□□□□□□□ where credit card is registered.

Contact telephone number _____

Signed (Participant) _____

Purchase Order number (if applicable) _____

Date _____



09:15-09:45 Registration & Coffee

- 09:45-09:50 Welcome
Professor Paul Watson
Professor of Pain Management and Rehab,
Leicester Royal Infirmary.
- 09:50-10:35 Keynote address: **Physiology of chronic pain in movement:** Dr Mick Thacker,
Lecturer & Researcher, Dept of Academic
Physiotherapy, Kings College Hospital
- Masterclasses Each masterclass will last for 40 minutes, and
there will be 10 delegates per masterclass.
The leader will present a case vignette
for discussion. Delegates will rotate
sessions until they have attended all six
masterclasses.
- 10:40-11:20 **Working with musculoskeletal pain**
Professor Paul Watson, Professor of Pain
Management and Rehab, Leicester Royal
Infirmary.
- Non pharmacological management of
osteoarthritis pain**
Professor Mike Hurley, Professor of
Physiotherapy, Rehabilitation Research Unit,
King's College London
- Utilising sensory-motor strategies in the
clinic**
Dr Mick Thacker, Lecturer & Researcher, Dept
of Academic Physiotherapy, Kings College
Hospital
- 11:25-12:05 **Working with musculoskeletal pain**
Professor Paul Watson
- Non pharmacological management of
osteoarthritis pain**
Professor Mike Hurley
- Utilising sensory-motor strategies in the
clinic**
Dr Mick Thacker
- 12:10-12:50 **Working with musculoskeletal pain**
Professor Paul Watson
- Non pharmacological management of
osteoarthritis pain**
Professor Mike Hurley
- Utilising sensory-motor strategies in the
clinic**
Dr Mick Thacker

12:50-13:35 Lunch

- 13:35-14:20 Keynote address: **The pharmacological
management of arthritic pain**
Dr David Walsh, Associate Professor (Clinical
Reader) in Rheumatology, University of
Nottingham
- Masterclasses
- 14:25-15:05 **Chronic musculoskeletal pain – what
works for whom?**
Dr Nick Kendall, Senior Clinical Lecturer,
Occupational Medicine, University of Otago,
NZ
- Managing arthritis pain in the clinic**
Dr David Walsh, Associate Professor (Clinical
Reader) in Rheumatology, University of
Nottingham
- Combining psychological and physical
treatments in a community based
musculoskeletal service**
Dr Alan Nye, GPSI Rheumatology and Clinical
Adviser Elective Care and Diagnostics,
Department of Health & Dr Sarah Burlinson,
Consultant in Psychological Medicine Royal
Oldham Hospital

15:05-15:25 Afternoon Tea

- 15:25-16:05 **Chronic musculoskeletal pain – what
works for whom?**
Dr Nick Kendall
- Managing arthritis pain in the clinic**
Dr David Walsh
- Combining psychological and physical
treatments in a community based
musculoskeletal service**
Dr Alan Nye & Dr Sarah Burlinson
- 16:10-16:50 **Chronic musculoskeletal pain – what
works for whom?**
Dr Nick Kendall
- Managing arthritis pain in the clinic**
Dr David Walsh
- Combining psychological and physical
treatments in a community based
musculoskeletal service**
Dr Alan Nye & Dr Sarah Burlinson

16:50

Meeting ends

Venue The British Pain Society - Churchill House - 35 Red Lion Square - London WC1R 4SG
Tel: 020 7269 7840 - Email: meetings@britishpainsociety.org

Travel Information

By underground

Holborn is a 3 minute walk
(Piccadilly & Central Lines)

Tottenham Court Road is a 20 minute walk (Central and Northern Lines); (Bus: Route number 98, pay before boarding, 10 minutes)

Goodge Street is a 20 minute walk
(Northern Line)

National Rail Stations

Euston is a 25 minute walk
Tube: Take the Northern or the Victoria Line to King's Cross change to the Piccadilly Line
Bus: Route numbers 59, 68, 98 and 168, pay before boarding, 10-15 minutes

King's Cross is a 30 minute walk
Tube: Piccadilly Line

Waterloo is a 25-30 minute walk
Bus: Route numbers 521, 171, 59, 1, 68, 243 and 168, pay before boarding, 10 minutes

Charing Cross is a 20 minute walk
Tube: Take the Northern Line to Tottenham Court Road change to the Central Line
Bus: Route numbers 9, 87, 139 and 176, pay before boarding, 10 minutes

Paddington
Tube: Take the Bakerloo Line to Oxford Circus change to the Central Line

Taxi

Euston, King's Cross, Waterloo and Charing Cross are a few minutes journey and Paddington Station is 20-30 minutes journey.

Parking

We are situated within a controlled parking area in the London congestion zone. Parking meters are available in the surrounding streets. There is a NCP car park in Bloomsbury Square (Holborn) and in Southampton Row (Russell Square).



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www.britishpainsociety.org
meetings@britishpainsociety.org

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