



THE BRITISH PAIN SOCIETY

EXPERTISE WHERE IT MATTERS

THE BRITISH PAIN SOCIETY PATIENT VOICE COMMITTEE MEMBER SPECIFICATION

Members with Lived Experience

A person with lived experience is defined as an individual who is either a patient living with pain, a carer or family member who has experience of the impact of pain. These members are not medically trained or works or have worked in a profession allied to medicine.

Essential characteristics

- To see things from a patient's or carers viewpoint
- The ability to get over your points in a thoughtful and constructive way
- The ability to arrive at shared judgements on a variety of issues
- An interest in the NHS and delivery of high standards of patient care
- An interest in or understanding of pain management
- Access to email and internet to join virtual meetings

Desirable characteristics

- Experience of committee work
- Experience of decision-making processes within other organisations

Examples of work for the committee members:

- Represent the Society and Committee at external meetings and organisations
- Reviewing resources available to patients e.g. pain diaries
- Provide feedback on draft documents and government guidelines
- Contributing to project groups
- Working in collaboration with healthcare professionals and other patients
- Writing articles and contributing to the patient pages on the Society's website

Commitment/Expectations:

- Respond to emails in a timely manner
- The committee meets 6 times per year. You will be required to attend as many virtual meetings as you can (however if you miss three consecutive meetings we may review your appointment to the committee)

Terms of Office:

Members of the Committee will normally serve an initial period of one year, which can be extended for a further two years. After this term, members shall be eligible for one further period of three years.