

BRITISH PAIN SOCIETY SUMMER RETREAT
HOSTED BY THE PHILOSOPHY AND ETHICS SPECIAL INTEREST GROUP
RYDAL HALL, CUMBRIA 23rd – 26th June 2024
“DRUGS, ADDICTION AND PAIN”

SUNDAY: 23rd June

16.00 Arrive. Tea

18.30 Dinner and Housekeeping

MONDAY 24th

8.15 Tai Chi in the gardens with Betsan Corkhill

8.45 Breakfast

09.20 Dr Tim Johnson Welcome and Introduction

09.30 **Prof David Nutt, Psychiatrist, psychoneuropharmacologist and ex Government Drug Tsar**
‘More deaths more pain: the hidden legacy of 50 years of failed drugs policy’

10.30 Discussion

11.00 Coffee

11.30. **Prof Roger Knaggs, President of the British Pain Society: The Opioid Problem**

12.30 Discussion

13.00 Lunch

14.00-16.00 Walking in the gardens, hill climbing, swimming in Rydal Water or just do nothing

16.00 Tea

16.30 **Mary Smeeth: Family and Systemic Psychotherapist: Addiction and Motivational Interviewing**

17.30 Discussion

18.30 Dinner

TUESDAY 25th

08.15 Tai Chi in the gardens

08.45 Breakfast

09.20 Introduction

09.30 **Polly Atkin: Poet and Author : Some of Us Just Fall: On Nature and Not Getting Better**

10.30 Discussion

11.00 coffee

11.30 TBA

12.30 Discussion

13.00 Lunch

14.00-16.00 Time to walk in the gardens, climb a hill, swim in Rydal Water or do nothing

16.00 Tea

16.30 **Tim Johnson: Pain Specialist: Opioids in the Pain Clinic**

17.30 Discussion

18.30 Dinner

WEDNESDAY 26th

08.15 Tai Chi in the gardens

08.45 Breakfast

09.20 Introduction

09.30 **Dame Clare Gerada, Gambling Addiction**

10.30 Discussion

11.00 Coffee

11.30 **Panel Discussion**

13.00 Lunch

Hometime!