

# THE BRITISH PAIN SOCIETY



BRITISH PAIN SOCIETY SUMMER RETREAT  
HOSTED BY THE PHILOSOPHY AND ETHICS SPECIAL INTEREST GROUP  
RYDAL HALL, CUMBRIA 23<sup>rd</sup> – 26<sup>th</sup> June 2024  
“DRUGS, ADDICTION AND PAIN”

## **SUNDAY: 23<sup>rd</sup> June**

16.00 Arrive. Tea

18.30 Dinner and Housekeeping

## **MONDAY 24<sup>th</sup>**

8.15 Tai Chi in the gardens with Betsan Corkhill

8.45 Breakfast

09.20 Dr Tim Johnson Welcome and Introduction

09.30 **Prof David Nutt, Psychiatrist, psychoneuropharmacologist and ex Government Drug Tsar**  
**‘More deaths more pain: the hidden legacy of 50 years of failed drugs policy’**

10.30 Discussion

11.00 Coffee

11.30. **Prof Roger Knaggs, President of the British Pain Society: The Opioid Problem**

12.30 Discussion

13.00 Lunch

14.00-16.00 Walking in the gardens, hill climbing, swimming in Rydal Water or just do nothing

16.00 Tea

16.30 **Dame Clare Gerada : President of the Royal College of General Practitioners : ‘Gambling Addiction’ via video link**

17.30 Discussion

18.30 Dinner

## **TUESDAY 25<sup>th</sup>**

08.15 Tai Chi in the gardens with Betsan Corkhill

08.45 Breakfast

09.20 Introduction

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**WWW.BRITISHPAINSOCIETY.ORG**

09.30 **Sarah Partridge, Clinical Oncologist: 'What few words: Navigating the treatment of Pain using clinical Hypnosis'.**

10.30 Discussion

11.00 coffee

11.30 **Mary Smeeth, Family and Systemic Psychotherapist: 'Addiction and Motivational Interviewing'**

12.30 Discussion

13.00 Lunch

14.00-16.00 Time to walk in the gardens, climb a hill, swim in Rydal Water or do nothing

16.00 Tea

16.30 **Dr Tim Johnson, Consultant Anaesthetist and Pain Specialist in Conversation with Polly Atkin, Author of 'Some of us Just Fall' : on Nature and Not Getting Better'**

17.30 Discussion

18.30 Dinner

**WEDNESDAY 26<sup>th</sup>**

08.15 Tai Chi in the gardens with Betsan Corkhill

08.45 Breakfast

09.20 Introduction

09.30 **Niki Jones, Life Coach: 'Battleground; the harms of opioid prescription, dependency and withdrawal: A personal insight'**

10.30 Discussion

11.00 Coffee

11.30 **Panel Discussion**

13.00 Lunch

Hometime!