



**BPS Study Day**  
**Understanding Pain in a Complex World: A Paradigm Shift**  
**Tuesday 12<sup>th</sup> November 2019**  
**Churchill House, London, WC1R 4SG**

- 09:30-10:00     *Registration and coffee*
- 10:00-10:15     **Introduction and welcome** - Dr Tim Johnson, Philosophy & Ethics Special Interest Group Chair
- 10:15-11:00     **Chronic pain after surgery and the role of developmental trauma: When shall we talk about the elephant in the room?** - Dr Deepak Ravindran, Clinical Lead for Pain Medicine, Royal Berkshire Hospital
- 11:00-11:20     *Discussion and coffee*
- 11:20-12:15     **The link between chronic pain and adverse childhood events: Trauma-informed care** - Dr Jonathon Tomlinson, GP, East London
- 12:15-12:30     *Discussion*
- 12:30-13:30     *Lunch*
- 13:30-14:15     **Going beyond the biopsychosocial: The complex person embedded in a complex world** - Betsan Corkhill, Wellbeing Coach
- 14:15-14:30     *Discussion*
- 14:30-15:15     **Complex pain: A philosophical challenge**- Dr Peter Dorward, GP, Edinburgh
- 15:15-15:30     *Discussion and tea*
- 15:30-16:15     **Integrating the art of healing with the science of curing**- Paul Dieppe, Emeritus Professor, Health and Wellbeing, University of Exeter Medical School
- 16:15-16:30     *Discussion*
- 16:30-17:15     **From discussing elephants in the room to chasing unicorns: Is it time for a paradigm shift in our concept of pain?** – Plenary session chaired by Sam H Ahmedzai, Emeritus Professor, University of Sheffield
- 17:15             End of meeting