

Dear friends and colleagues,

The Philosophy and Ethics Special Interest Group invite you to take part in the BPS Summer Retreat this year. The event takes place at the magnificent Grade II listed building, Rydal Hall in the heart of the lake district. The programme consists of a mix of interesting speakers, discussion, good food as well as plenty of time off for relaxation ranging from walking in the gardens and parkland to hill walking and swimming in Rydal Water. Our aim is to enable everyone to reflect, recharge and relax.

Most delegates will book accommodation in the hall but there is also space in the grounds for camping enthusiasts as well as the option of glamping.

Our theme this year is based on the concept of the arts, humanities and pain. The principle speaker is Deborah Padfield, visual artist and senior lecturer in Arts and Health Humanities at St George's, University of London.

Other speakers include Jens Foell, GP and teaching fellow at Imperial College; Laura Rathbone physiotherapist specialising in pain and founder of 'Pain Geeks'; Tim Atkinson, author of 'Where does it Hurt?' and Pain Consultants: Mike Hudspith and Tim Johnson.

Arrival is on Sunday 25th June in time for dinner at 6.30pm and departing after lunch on Wednesday 28th June. The full programme details and online booking are available via the British Pain Society website.

Maureen Tilford

Secretary Philosophy and Ethics Special Interest Group, British Pain Society