



Tips for writing a good abstract for the Annual Scientific Meeting

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We would like to accept as many high quality posters as we can for the Annual Scientific Meeting. Many delegates really value the discussions that take place and new contacts they make when viewing the posters. Make sure your poster is one of the ones on display. All types of high quality research relevant to pain are welcome.

Tips

- Follow the poster abstract submission guidelines http://www.britishpainsociety.org/meet_asm_poster.htm.
- Provide a concise background that shows why what you are doing is important.
- Make sure you clearly state the aims of your research.
- Give a concise description of your main methods, including sample, what you did and your analysis
- Provide a summary of your main results or findings – it is essential that there is data in this section so it is clear what you will be presenting.
- Conclusions are important and should follow from the data presented. What have you found and what is the importance of your findings?
- Audits should be well conducted using a recognised audit method, and provide new information or knowledge.
- It can be helpful to get someone else to read your abstract to make sure it is clear.
- Delegates have said it is helpful if you add your email address to the poster.
- Resist the temptation to fill every space – think about the main message you want to get across. A well designed poster should act as a catalyst for discussion with interested delegates, and may engage delegates who didn't think they were interested!

The Scientific Programme Committee looks forward to reading your abstract submission.

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When you come to design your poster:

- Many people will scan your poster and read the aims and conclusion before deciding whether to read more, so the conclusion needs to make sense without having to read the whole poster.