













Registration Programme

The British Pain Society's Annual Scientific Meeting Tuesday 21 April – Thursday 23 April 2015 Glasgow

# Welcome to the 2015 Annual Scientific Meeting

The British Pain Society invites all healthcare professionals with an interest in pain to attend their 2015 Annual Scientific Meeting, which will be held Tuesday 21st – Thursday 23rd April at the Scottish Exhibition & Conference Centre (SECC) in Glasgow.

The multidisciplinary nature of the Society is pivotal to the continuing success of the Annual Scientific Meeting, and is reflected throughout the scientific programme, with lecture, workshop, and seminar topics chosen specifically to be of interest to participants from a range of specialties. The British Pain Society's Annual Scientific Meeting attracts an average of 700 healthcare professionals to its meetings.

#### **The Programme**

Those of you who regularly attend the Annual Scientific Meeting will have become accustomed to a high quality of speakers and 2015 is no exception. We are delighted in this 50th Anniversary year of Melzack & Wall's landmark Gate Control Theory of Pain to have secured a distinguished faculty of talent from the UK, Europe and Canada. The plenary lectures have been carefully selected to be attractive to all who have an interest in pain management, whatever their specialty. To balance this, the smaller parallel sessions give participants the opportunity to choose from a variety of topics focusing on specific areas; the emphasis here lies in audience participation and an interactive exchange of ideas.

All registrants are encouraged to submit an abstract suitable for presentation as a poster. The five best abstracts from trainees/students will be invited to present their work during the Prize Paper Presentations session on the Thursday morning in the main auditorium. Delegates will be able to view the poster exhibition throughout the meeting, and authors will be present during the Poster Viewing session on the Wednesday and during coffee breaks.

#### **The Technical Exhibition**

Once again we are looking forward to welcoming colleagues from industry. This is an important part of the Meeting, and we encourage participants to visit the exhibition during the coffee and lunch breaks.

We are delighted to announce that Grünenthal and Reckitt Benckiser will be holding satellite symposiums. All participants are welcome to attend the satellite symposiums, which are included in the registration fee.

#### Why not encourage your colleagues to attend as well?

You'll be able to maximise your learning and sharing of information by attending more parallel sessions between you. Remember, by becoming a member of the Society you're entitled to a reduced entrance fee to the Meeting, as well as access to a wide range of exceptional member benefits. For more information on how to join the British Pain Society please visit <a href="http://www.britishpainsociety.org/join\_how\_to.htm">http://www.britishpainsociety.org/join\_how\_to.htm</a>.

We are sure that this year's meeting will create an informative and enjoyable environment for all participants and we look forward to seeing you in Glasgow!

# **Contents**

Programme Outline
Scientific Programme
Grünenthal Ltd. Satellite Symposium
Reckitt Benckiser Pharmaceuticals Satellite Symposium
How to Register
Bursaries
Continued Professional Development Points
Technical Exhibition
Poster Exhibition
Special Interest Groups
Social Programme
Accommodation
Travel to the SECC and Glasgow
On site at SECC
Useful Numbers, Email Addresses and Websites

# Programme Outline

# Tuesday 21st April

08:30-18:00	Registration Desk open
08:30-18:00	Technical Exhibition and Poster Exhibition open
09:50-10:00	Welcome by the BPS President & the Chair of the Scientific
	Programme Committee
10:00-10:40	Pat Wall Lecture - Plenary Session 1
10:40-11:10	Coffee Break
11:10-12:40	Parallel Sessions A1-A6
12:40-13:40	Lunch
13:40-15:10	Parallel Sessions B1-B6
15:10-15:35	Coffee Break
15:35-16:15	Plenary Session 2
16:25-17:35	Grünenthal Ltd. Satellite Symposium
17:45-18:45	SIG Business Meetings

# Wednesday 22<sup>nd</sup> April

07:30-18:30	Registration Desk open
08:30-17:30	Technical Exhibition and Poster Exhibition open
09:15-09:55	Plenary Session 3
10:00-10:45	Poster Viewing Session
10:45-11:00	Coffee Break
11:00-12:30	Parallel Sessions C1-C6
12:30-13:30	Lunch
12:40-13:30	SIG Chairs Meeting (during lunch)
13:30-14:10	Plenary Session 4
14:10-14:50	Plenary Session 5
14:50-15:15	Coffee Break
15:15-16:25	Reckitt Benckiser Pharmaceuticals Satellite Symposium
16:30-17:10	Plenary Session 6
17:15-18:30	Annual General Meeting – British Pain Society Members Only
19:15-01:00	BPS party at Òran Mór

# Thursday 23<sup>rd</sup> April

07:30-16:00	Registration Desk open
08:30-15:00	Technical Exhibition and Poster Exhibition open
09:15-09:55	Plenary Session 7
09:55-11:10	Plenary Session 8 – Prize Paper Presentations
11:10-11:35	Coffee Break
11:35-13:05	Parallel Sessions D1-D6
13:05-13:50	Lunch
13:50-14:35	Plenary Session 9 + poster awards
14:35-15:15	<b>British Pain Society Lecture-Plenary Session 10</b>
15:15-15:20	Meeting closes
15:25-16:25	SIG Business Meetings

# **Scientific Programme**

### **Tuesday 21st April**

#### 09:50-10:00 Welcome in the Exchange Auditorium

Dr William Campbell, President of the British Pain Society
Professor Kate Seers, Chair of the Scientific Programme Committee

#### 10:00-10:40 Pat Wall Lecture - Plenary Session 1

### Neuropathic pain(s): implications of heterogeneity for translation, clinical assessment and prescribing

#### **Professor Andrew Rice**

Although a multiplicity of distinct diseases may precipitate neuropathic pain (NP) and it has a variety of clinical presentations, NP is often regarded as a homogenous entity. This lecture will argue that elucidation of NP heterogeneity of will advance translation and impact on everyday clinical practice, especially in the domain of personalised prescribing.

Until recently the vast majority of pre-clinical NP research used animal models of nerve trauma, conversely clinical trials usually recruited polyneuropathy or postherpetic neuralgia patients. With the advent of more clinically-relevant NP animal models and ethologically-relevant outcome measures, it is clear that many of the gene expression and biochemical "signatures" described as pathognomonic in nerve trauma, are not necessarily features of other NP-associated conditions and this heterogeneity is assuming increasing importance.

This heterogeneity extends to drug responses in clinical trials where meta-analyses reveal condition-associated heterogeneity of responses to both drugs and placebo, with clear implications for generalisability and clinical guidelines development.

An additional level of clinical complexity comes with the heterogeneity of symptom, endogenous pain modulation and sensory profiles within diseases, by which patients with the same underlying disease may display different individual profiles. Conversely, communality of profiles are shared across diseases. The importance of individual patient profiling is revealed in clinical efficacy trials in which randomisation was stratified by patient profile and important profile-specific drug responses were reported. Taking into account such heterogeneities of NP will draw us closer to personalised prescribing in NP.

#### 10:40-11:10 Coffee Break: Technical and Poster Exhibition in the Exhibition Hall

#### 11:10-12:40 Parallel Sessions A1-A6

Participants are asked to choose one from the following six sessions and indicate their preferred option on the online registration form.

#### A1: Pharmacological treatment of neuropathic pain

#### **Professor Andrew Rice, Chair**

- NeuPSIG 2014 guidelines for the treatment of neuropathic pain: systematic review and metaanalysis, Professor Andrew Rice
- Publication bias: detection and measurement of impact in clinical trials of neuropathic pain, Dr Emily Sena
- Placebo effects in clinical trials of neuropathic pain, Dr Lene Vase

### A2: Engaging patients and professionals in pain education (Pain Education SIG)

#### Dr Emma Briggs, Chair

- Introduction: Patient education- opportunities, challenges and scenarios
- Patient education skills and competencies (facilitated discussion)
- Patients as co-educators and impact of simulated patient scenarios, Ms Geraldine Granath & Professor Michelle Briggs

#### A3: Opioid prescribing resource: the story to date

#### Professor Roger Knaggs & Dr Cathy Stannard, Co-chairs

- Why we need an opioid prescribing resource, Dr Sarah Dennison
- Opioid prescribing resource: stakeholders and scope, Dr Cathy Stannard
- Using the opioid prescribing resource, Professor Roger Knaggs

### A4: Supported self-management: primary goal or last resort?

#### Dr Ollie Hart, Chair

- "If I was Prince Charles they'd have sorted this by now", Mr Neil Berry
- Promoting meaningful self-management with limited time, Mr Pete Moore
- Mindfulness primary intervention AND last resort, Mr Gary Hennessey

#### A5: Dealing with diagnostic uncertainty

#### Professor Tamar Pincus, Chair

- The impact of diagnostic uncertainty on patients' outcomes in low back pain, Mrs Danijela Serbic
- Dealing with uncertainty in primary care, Professor Carolyn Chew-Graham
- Using CBT to manage uncertainty, Professor Athula Sumathipala

#### A6: Understanding where children and parents are coming from: the use of traditional and artsbased approaches of data collection

#### Dr Alison Twycross, Chair

- "It hurts, but...": can using collage, art and stories help generate a deeper appreciation of children's experiences of pain? Professor Bernie Carter
- "Does it have to be this way?": Parents' perspectives on their children's pain, Dr Joan Simons
- Children's and parents' perceptions of postoperative pain management: A study using interviews and questionnaires, Dr Alison Twycross

#### 12:40-13:40 Lunch: Technical and Poster Exhibition in the Exhibition Hall

#### 13:40-15:10 Parallel Sessions B1-B6

Participants are asked to choose one from the following six sessions and indicate their preferred option on the online registration form.

#### **B1:** Managing cultural diversity in chronic pain services

#### Dr Bianca Kuehler, Chair

- "East meets West": a comparison of pain services across London, Dr Angie Alamgir
- Improving the service provision and attendance rates for Arabic speaking women: a brief interpreted pain management programme, Ms Carol Sweet
- Services for victims of torture: providing a multidisciplinary pain assessment clinic at the Chelsea and Westminster Hospital, Dr Susan Childs

### B2: Debate: "Should we be adopting novel pain interventions based on controlled trials only?" (Interventional Pain Medicine SIG)

#### Dr Manohar Sharma, Chair

- Challenges of testing novel pain interventions, Dr Manohar Sharma
- "Should we be adopting novel pain interventions based on controlled trials only?" YES; Professor Turo Nurmikko
- "Should we be adopting novel pain interventions based on controlled trials only?" NO; Dr Rajesh Munglani

## B3: Changing pain management from the inside: the Pain in Secure Environments initiative Dr Cathy Stannard, Chair

- The problem of pain in prisons: a policy perspective, Mr Kieran Lynch
- Pain in secure environments: getting guidance into practice, Dr Cathy Stannard
- What we have learned from developing pain services in prisons, Dr Catherine Glover

### B4: Primary care pain tools – evidence & consensus (Primary & Community Care SIG) Dr Chris Barker, Chair

- Primary care pain tools patient perspective, Ms Geraldine Granath
- Primary care pain tools how? Dr Ann Taylor
- Primary care pain tools you, Dr Martin Johnson

### B5: Improving opioid management through shared decision making Ms Emma Davies, Chair

- Opioids in chronic non-malignant pain: are patients really informed? Dr Louise Jeynes
- Are all shared decisions created equally?: Tailoring SDM to your patient, Dr Ollie Hart
- Opioid Treatment Agreements (OTA): A real-world perspective, Ms Christine Waters

### B6: CBT, CAT, CFT, ACT– weaving together psychological therapies in the management of chronic pain

#### Mrs Meherzin Das, Chair

- Cognitive analytic therapy and acceptance and commitment therapy when the past, present and future collide, Mrs Meherzin Das
- Understanding compassionate approaches that enable emotional and physiological changes so reduce distressing pain, Dr Frances Cole
- CBT for pain: panacea for the masses? Professor Tamar Pincus

#### 15:10-15:35 Coffee Break: Technical and Poster Exhibition in the Exhibition Hall

#### 15:35-16:15 Plenary Session 2

## Leaning on the wind: reducing patient, professional and organisational barriers to pain management through education

#### **Professor Eloise Carr**

The effective management of pain continues to be a challenge for individuals, professionals and organisations. Despite the advent of new analgesics and innovative methods of drug delivery, pain management in hospitals remains problematic with 60-80% of people experiencing moderate pain. Vulnerable populations such as neonates, children and older people with cognitive or sensory impairment are particularly at risk. Chronic pain costs Europe billions of Euros every year, with national costs ranging from €1.1 billion to nearly €50 billion, and 21% of Europeans with chronic pain are unable to work at all as a result of their pain.

The barriers to good pain management are numerous with patients and their families potentially harbouring misconceptions and concerns, which challenge those attempting to provide effective pain management. Professionals continue to receive inadequate education, often resulting in a lack of confidence, knowledge and skills to manage successfully. Local and national policies can inadvertently hinder good pain management from an organisational stance. This presentation explores these barriers, and offers practical examples, drawn from my own research and those of others, to illustrate how pain education can be a valuable tool to improve care.

#### 17:45-18:45 SIG Business Meetings

### **Wednesday 22nd April**

#### 09:15-09:55 Plenary Session 3

### Degrees of difference and connection: exploring the experience of pain in the lives of children and adults

#### **Professor Bernie Carter**

Practitioners and researchers working in child and adult pain often seem to be occupying different landmasses, on opposite sides of a huge continental rift. Whilst we occasionally, often accidentally, make contact with each other, for the most part what happens 'over there' seems nothing to do what is happening 'over here'.

In this presentation I plan to explore the things that connect us, as well those things that create degrees of difference. I will draw on literature, evidence and pain stories to explore how a better understanding of pain experience on both 'landmasses' should bring benefits to children, adults and their families.

### 10:00-10:45 Poster Viewing Session in the Exhibition Hall, poster judging and tours

Members of the Scientific Programme Committee will be judging the submissions and there will be prizes for the five best presented posters (see page 18 for further information).

#### 10:45-11:00 Coffee Break: Technical and Poster Exhibition in the Exhibition Hall

#### **11:00-12:30 Parallel Sessions C1-C6**

Participants are asked to choose one from the following six sessions and indicate their preferred option on the online registration form.

### C1: The issue of ethics when producing medical reports (Medico-legal SIG) Dr Kevin Markham, Chair

- Impartiality when producing medical reports. What does it mean? Dr Kevin Markham
- Instructing a medical expert in pain management. What does the claimant solicitor want?
   Mr Mark Torn
- Instructing a medical expert in pain management. What does the defendant solicitor require? Mr John Lezemore

#### **C2:** Cancer related bone pain

#### Professor Marie Fallon, Chair

- Mechanisms of cancer induced bone pain translation to the clinic, Dr Lesley Colvin
- Treatment strategies for cancer induced bone pain, Dr Chris Kane
- Interventions for cancer induced bone pain, Dr Paul Farguhar-Smith

#### C3: Vulvodynia: a gynaecological enigma?

#### Dr Winston de Mello, Chair

- Vulvodynia-"sorry its not my problem!" Mr David Nunns
- Women's experiences of vulvodynia: what do we know? Dr Rebekah Shallcross
- How can a pain clinic help patients with vulvodynia?, Dr Winston de Mello

### C4: The difficulties of assessing pain in children who cannot express themselves

#### Dr Sandrine Geranton, Chair

- Do those with Rett syndrome feel pain differently? A basic scientist point of view, Dr Sandrine Geranton
- "My child is like a Rubik's Cube": the challenges for parents and professionals in assessing the pain of children with profound cognitive impairment, Professor Bernie Carter
- Developing novel multimodal methods of pain assessment in preverbal infants, Dr L Fabrizi

#### **C5:** Commissioning in England – an update

#### Dr Andrew Baranowski, Chair

- Commissioning a community pain management service the commissioning pitfalls, Ms Val Conway
- Codes used for pain management and MDT how to optimise recognition through remuneration for work undertaken, Dr Ola Olukoga
- The NHS England back and radicular pain Pathfinder Project NHS England's view as to what should be commissioned, Ms Kate Grady

### C6: Therapeutic Laughter – for health, happiness, managing stress: Is it a good medicine, let alone the best? (Patient Liaison Committee)

#### Mr Antony Chuter, Chair

- Participatory laughing. Ha bloody ha. Mr Robin Graham
- A patient's experience of laughter-yoga helping with pain, Ms Dorothy Tomes

#### 12:30-13:30 Lunch: Technical and Poster Exhibition in the Exhibition Hall

#### 13:30-14:10 Plenary Session 4

#### Pain and psychiatry: scientific knowledge and clinical practice

#### **Professor George Ikkos**

Contemporary neuroscience remains consistent with the Dual Aspect Monism theory of the Mind-Body problem, namely that though body and mind relate to one substance, the human mind is so constructed as to necessarily look at them separately, as if looking at the two different sides of a coin. Research in neuroscience has highlighted the importance of Descending Cortical and Spinal Pathways in modulating pain and their substantive overlap with neural mood and anxiety pathways. These findings help explain the established high levels of comorbidity between chronic pain and mood and anxiety disorders and the possible high comorbidity with personality disorders and suggest potential treatment avenues for such comorbid disorders. Issues to be discussed include psychopharmacology, the placebo effect, inappropriate medicalisation and iatrogenic harm and the potential role of the psychiatrist in helping enhance the effectiveness of the pain management team, in selected cases.

#### 14:10-14:50 Plenary Session 5

#### Harm and how we understand it

#### **Dr Sheena Derry**

Bad things happen all the time: stroke, gastrointestinal haemorrhage, headache, fatigue. We have to assess potential harm of interventions against a background of bad things happening. Different study designs tell us about events that are common and reversible, or rare and irreversible, and about causality.

Information can be presented in absolute or relative terms, in words, numbers, or pictures. It must always be put into context, considering the potential benefit of the intervention, the potential harm of not treating, and the values of the individual patient.

None of this is easy, but assessing harm is central to decision-making.

#### 14:50-15:15 Coffee Break: Technical and Poster Exhibition in the Exhibition Hall

#### 15:15-16:25 Satellite Symposium (see page 15 for further information)

#### 16:30-17:10 Plenary Session 6

### Abnormal peripheral nociceptors in fibromyalgia: cause or epiphenomenon? Dr Jordi Serra

Patients with peripheral neuropathy commonly express positive sensory symptoms, such as paresthesias, dysesthesias and different types of pain. As opposed to negative sensory phenomena whose electrophysiological correlate can be readily measured through conventional laboratory methods, the study of positive sensory phenomena is problematic. Microneurography allows recording from individual unmyelinated C fibers, both in humans and in animals. It is now possible to identify different functional subclasses of sensory afferents based on discrete electrophysiological properties of their membranes.

Particularly important for the study of neuropathic pain is the recording from mechano-sensitive as well as mechano-insensitive (or silent) C-nociceptors. Different abnormalities have been identified in neuropathic pain patients and in animal models of nerve injury: spontaneous impulse generation, sensitisation to mechanical, heat and cold stimuli, and "multispike" responses. However, several facts regarding the characteristics of the spontaneous discharge in C-nociceptors are worth considering: its low rate, the analysis of interspike intervals, its randomness, and the temporal and spatial factors that may be crucial in the final experience of pain. All these factors will be discussed, as they allow pharmacological interventions to test new or existing compounds in their ability to modulate spontaneous activity in C-nociceptors.

#### 17:15-18:30 British Pain Society Annual General Meeting - members only

### **Thursday 23rd April**

#### 09:15-09:55 Plenary Session 7

### 25 years of acute pain services: how far have we come and where do we need to go? Dr Jane Quinlan

It is 25 years since the Royal College of Surgeons and the College of Anaesthetists jointly published the Report of the Working Party on Pain after Surgery. It described the current management of pain after surgery as unsatisfactory and gave recommendations for its improvement.

Since then surgical techniques and management have changed dramatically, while acute pain teams have evolved and extended beyond the surgical arena to raise the quality of pain management for all hospital inpatients.

Are these changes reflected in a better patient experience and, if not, what are the barriers that still need to be overcome?

#### 09:55-11:10 Plenary Session 8 - Prize Paper Presentations

Prize paper presentations of the top 5 posters from students and trainees.

#### 11:10-11:35 Coffee Break: Technical and Poster Exhibition in the Exhibition Hall

#### 11:35-13:05 Parallel Sessions D1-D6

Participants are asked to choose one from the following six sessions and indicate their preferred option on the online registration form.

#### D1: Chronic post-surgical pain (Acute Pain & Neuropathic Pain SIGs)

#### Dr Andrea Magides, Chair

- Acute post-surgical neuropathic pain. What is it? How common is it and what can be done about it? Dr Mark Rockett
- Incidence and risk factors for chronic post-operative pain: a research perspective, Dr Katie Warnaby
- Strategies of prevention of persistent post-surgical pain: the role of peri-operative antineuropathics, Dr Carsten Bantel

#### D2: Identifying the mechanism of action: neuromodulation

#### Dr Simon Thomson, Chair

- Mechanism of action for spinal cord stimulation, Dr Ganesan Baranidharan
- Does frequency effect clinical outcomes of neurostimulation? Dr Simon Thomson
- Can we alter sensitisation after neuromodulation, Dr Vivek Mehta

#### D3: Foot pain

#### Dr Kathryn R. Martin, Chair

- The epidemiology of foot pain, Dr Jody Riskowski
- Clinical care and treatment of foot pain, Dr Gordon Hendry
- Next steps in foot pain research, Dr Kathryn R. Martin

### D4: Pros and cons of encouraging people in pain to take risks if they are afraid of falling (Pain Management Programmes SIG & Pain in Older People SIG)

#### Dr Zoey Malpus, Chair

- Managing risk of falling in older adults, Professor Pat Schofield
- Pain interference is associated with psychological concerns related to falls in community dwelling older adults, Dr Brendon Stubbs
- Unintended consequences of safety behaviours and risk management when people are afraid of falling, Dr Zoey Malpus

#### D5: Researching the effectiveness of facet joint injections

#### Professor David Walsh, Chair

- Setting the scene; what might be the right research questions, and what outcome are we looking for? Professor Martin Underwood
- Who has facet joint pain and how should they be treated without injections? Dr Melinda Cairns
- What exactly is a facet joint injection? Dr Hugh Antrobus

#### D6: What health psychology can add to pain management

#### Professor Karen Rodham, Chair

- Behaviour change in chronic pain applying a health psychology approach, Mrs Roseanna Brady
- Coping with Complex Regional Pain Syndrome: the role of health psychology, Professor Karen Rodham
- Health psychology in action and beyond, Dr Sue Peacock

#### 13:05-13:50 Lunch: Technical and Poster Exhibition in the Exhibition Hall

#### 13:50-14:35 Plenary Session 9 + Poster Prize Awards

#### **Neuropathic pain matters**

#### **Professor Per Hansson**

Thanks to the tireless work of many researchers and clinicians neuropathic pain is one of the more dynamic areas in pain medicine. Continuously new advancements in characterisation and treatment of this type of pain are communicated. In doing so, controversial aspects arise which need to be discussed to facilitate further progress. This talk will touch upon recent concepts and developments in neuropathic pain, including some that await consensus due to their complex nature and inconsistent study results.

These include difficulties in identifying neuropathic pain and related central sensitisation as well as the importance of broadly understood nomenclature.

#### 14:35-15:15 British Pain Society Lecture-Plenary Session 10

The painful workplace

**Professor Dame Carol Black** 

A full synopsis of the lecture will be available closer to the Meeting.

#### 15:25-16:25 SIG Business Meetings and Council Meeting for elected council

Grünenthal Ltd. Satellite Symposium

Tuesday 21<sup>st</sup> April 2015 16:25-17:35

# Agenda and speakers to be announced

This satellite symposium is open to all participants at the meeting and attendance is included in the registration fee. If you would like to book a place, please tick the appropriate box on the registration form.

### **Reckitt Benckiser Pharmaceuticals Satellite Symposium**

## Wednesday 22<sup>nd</sup> April 2015 15:15-16:25

# Agenda and speakers to be announced

This satellite symposium is open to all participants at the meeting and attendance is included in the registration fee. If you would like to book a place, please tick the appropriate box on the registration form.

# How to register for the meeting

#### PARTICIPANT REGISTRATION

Please go to the following website to register for the Meeting: <a href="http://www.britishpainsociety.org/meet\_asm\_register.htm">http://www.britishpainsociety.org/meet\_asm\_register.htm</a>. BPS Members will need their membership number and surname in order to get access to the member rates.

Once your online registration is complete and your payment has been processed you will be emailed a confirmation of your booking.

#### **REGISTRATION FEES**

Registration fees are shown in the table below. Discounts are offered to participants who book on or before 27th February 2015.

Table of Registration	BPS Members		of Registration BPS Members Non-members		embers
Fees	Early bird Registration fee to 27 <sup>th</sup> February 2015	Registration fee from 28 <sup>th</sup> February 2015	Early bird Registration fee to 27 <sup>th</sup> February 2015	Registration fee from 28 <sup>th</sup> February 2015	
Taxable income <£20,000 + retired	£180	£240	£265	£325	
Taxable income £20,000 - £29,999	£275	£335	£395	£455	
Taxable income £30,000 - £39,999	£370	£400	£525	£585	
Taxable income £40,000 - £69,999	£465	£495	£655	£685	
Taxable income >£70,000	£525	£555	£785	£815	
Day rate (one day only)	£175	£185	£265	£285	
Honorary Members of the BPS	No fee	No fee	n/a	n/a	
Student rate*	£90	£110	£90	£110	

<sup>\*</sup> The rate applies to members and non-members who are undergraduate or postgraduate students and earn less than £10,000 per annum. Once you have registered online a letter confirming your student status signed off by your supervisor or administrative department of the University must be sent to the BPS secretariat at the following address: British Pain Society, Churchill House, 35 Red Lion Square, London, WC1R 4SG in order to confirm your booking. Applicants who are unable to provide this information may be refused the student rate.

#### **Members of the British Pain Society**

If you are a member of the British Pain Society you will benefit from reduced registration fees. To qualify for the members' rate, you must be a member of the Society at the time of the Meeting, having paid your 2015 membership subscription. If you are only attending the Meeting for one day, there is a daily rate for members. **Please note that the daily rate cannot be used for multiple days.** 

#### **Non-members**

If you are not a member of the Society, but would like to become a member, please contact the British Pain Society Secretariat stating that you are interested in joining. Application forms can also be downloaded from: <a href="http://www.britishpainsociety.org/join\_how\_to.htm">http://www.britishpainsociety.org/join\_how\_to.htm</a>. If you are only attending the Meeting for one day, there is a daily rate for non-members. Please note that the daily rate cannot be used for multiple days.

#### **Honorary Members**

Honorary Members of the British Pain Society are not required to pay registration fees to attend the Meeting.

#### **Speakers**

Contributors to the Scientific Programme should check their correspondence concerning waiving of registration fees.

#### **Cancellation charges**

- for cancellations up to and including Monday 9th March 2015 a full refund will be given less a £25 administration charge.
- for cancellations after Monday 9th March 2015 no refund will be given unless in exceptional circumstances and at the discretion of the Treasurer.

To cancel a confirmed booking please contact the British Pain Society Secretariat directly by phone: 0207 269 7840 or email: <a href="mailto:asm@britishpainsociety.org">asm@britishpainsociety.org</a>. Please note that your booking will not be cancelled until you have received a notification from the Secretariat.

#### **BRITISH PAIN SOCIETY BURSARIES**

#### **Eligibility**

In order to be eligible to apply for a bursary, the applicant must:

- have a salary lower than £36,000/annum
- have paid the 2015 British Pain Society subscription fee
- have evidence of good standing within the Society (e.g. length of membership, other contributions to the work of the Society)

Priority will be given to those on lower salaries and those submitting a poster abstract that is accepted for exhibition at the Meeting.

#### **Deadline**

The deadline for receipt of applications is 5pm on Thursday 13th February 2015.

#### Level of support offered

The level of support offered to each applicant is dependent on the number of applications received, the applicant's salary and whether the applicant is exhibiting a poster at the Meeting. Applicants may request financial support to cover the following:

- registration fee to attend the Meeting;
- travel expenses for standard travel;
- accommodation expenses up to a maximum of £50/night for a maximum of 3 nights.

#### How to apply

In order to apply you need to send us hard copies of both the Bursary Application Form and the Participant Registration Form which must reach us by the deadline of Thursday 13th February 2015 at 5pm. The Bursary Application Form and Participant Registration Form can be downloaded from: <a href="http://www.britishpainsociety.org/meet\_asm\_bursary.htm">http://www.britishpainsociety.org/meet\_asm\_bursary.htm</a>

The Bursary Application Form must be countersigned by the Head of Department to confirm your application satisfies the bursary eligibility criteria as listed above. Incomplete forms will not be accepted for consideration.

PLEASE NOTE: If you are applying for a bursary you should not register for the Meeting on the online system.

#### **Decision**

Applicants will be informed of the outcome by 24th February 2015. Unsuccessful applicants will automatically receive the early bird booking rate as they will have submitted their application before the deadline for early bird bookings.

#### **CONTINUED PROFESSIONAL DEVELOPMENT**

The full Meeting is worth a maximum of 15 CPD points.

#### **TECHNICAL EXHIBITION**

The Technical Exhibition is an important part of the Meeting and all participants are encouraged to visit it. It will be housed alongside the catering and Poster Exhibition, which will create a vibrant hub for participants during the tea/coffee and lunch breaks. We look forward to welcoming our colleagues in industry.

The Exhibition will be open at the following times:

Tuesday 21st April	08:30 - 18:00
Wednesday 22rd April	08:30 – 17:30
Thursday 23rd April	08:30 – 15:00

Exhibitors, who would like to receive further information about exhibiting at the Meeting, are asked to contact the British Pain Society Secretariat or visit the website: <a href="http://www.britishpainsociety.org/industry\_asm.htm">http://www.britishpainsociety.org/industry\_asm.htm</a> for an Exhibition Prospectus.

#### **POSTER EXHIBITION**

All participants are invited to submit poster abstracts for exhibition at the Meeting. All abstracts will be subject to review; those accepted by the Scientific Programme Committee (SPC) will be invited to exhibit throughout the Meeting and will be published as a supplement to the British Journal of Pain. The Poster Exhibition will be housed in the Hall 2 alongside the Technical Exhibition.

Authors whose work has been accepted for exhibition are expected to be available at their posters for discussion during the Poster Viewing Session on Wednesday 22nd April 10:00-10:45 and during the coffee breaks.

#### **Poster Tours**

Poster tours will take place during the Poster Viewing Session on Wednesday 22nd April 10:00-10:45 and will be led by members of the SPC. To attend a tour, please sign up on the day at the registration desks.

#### **Best Submitted Poster**

Of all the abstracts submitted, the 12 which are mostly highly rated by the SPC will be pre-selected as "Best Submitted Poster" and awarded a rosette. These 12 will then be judged during the Poster Viewing Session on Wednesday 22nd April 10:00-10:45 by members of the SPC and the top five best presented posters will be awarded £20 worth of vouchers.

#### **Trainee/Student Prize Poster Presentations**

The five best abstracts from trainees/students will be invited to present their work during the Prize Paper Presentation Session on Thursday 23rd April 09:55-11:10 in the main auditorium. There will be prizes for the best presentations which will be awarded by the President. A list of the presentations will appear on the British Pain Society website once they have been scheduled.

#### Deadline

The deadline for receipt of poster abstract submissions is midnight on 10th December 2014.

Details of the abstract submission guidelines and how to submit your poster abstract can be found on our website at: <a href="http://www.britishpainsociety.org/meet\_asm\_poster.htm">http://www.britishpainsociety.org/meet\_asm\_poster.htm</a>

#### **BRITISH PAIN SOCIETY SPECIAL INTEREST GROUPS**

The following Society Special Interest Groups will be holding parallel sessions within the Scientific Programme:

SIG	Parallel Session
Pain Education SIG	A2: Tuesday 21st April 11:10-12:40
Interventional Pain Medicine SIG	B2: Tuesday 21st April 13:40-15:10
Primary & Community Care SIG	B4: Tuesday 21st April 13:40-15:10
Medico-Legal SIG	C1: Wednesday 22nd April 11:00-12:30
Acute Pain SIG	D1: Thursday 23rd April 11:35-13:05
(joint workshop with Neuropathic Pain SIG)	
Neuropathic Pain SIG	D1: Thursday 23rd April 11:35-13:05
(joint workshop with Acute Pain SIG)	
Pain Management Programmes SIG	D4: Thursday 23rd April 11:35-13:05
(joint workshop with Pain in Older People SIG )	
Pain in Older People SIG	D4: Thursday 23rd April 11:35-13:05
(joint workshop with Pain Management Programmes SIG)	

#### SIG Business Meetings

SIG	Business Meeting Time Slot
Pain Education SIG	Tuesday 21st April 17:45-18:45
Interventional Pain Medicine SIG	Tuesday 21st April 17:45-18:45
Primary & Community Care SIG	Tuesday 21st April 17:45-18:45
Information & Communication Technology SIG	Tuesday 21st April 17:45-18:45
Pain in Developing Countries SIG	Tuesday 21st April 17:45-18:45
Headache SIG	Tuesday 21st April 17:45-18:45
Medico-Legal SIG	Tuesday 21st April 17:45-18:45
Clinical Information SIG	Tuesday 21st April 17:45-18:45
Acute Pain SIG	Thursday 23rd April 15:25-16:25
Neuropathic Pain SIG	Thursday 23rd April 15:25-16:25
Pain Management Programmes SIG	Thursday 23rd April 15:25-16:25
Pain in Older People SIG	Thursday 23rd April 15:25-16:25
Philosophy & Ethics SIG	Thursday 23rd April 15:25-16:25
Pain in Children SIG	Thursday 23rd April 15:25-16:25

#### **OTHER MEETINGS**

Editorial Board Meeting for Pain News	Tuesday 21st April	12:50-13:40 (during lunchtime)
Editorial Board Meeting for British Journal of Po	in Wednesday 22nd April	08:15-09:00
Lunchtime Meeting for BPS Executive Officers	& Wednesday 22nd April	12:40-13:30 (during lunchtime)
SIG Chairs		

#### **SOCIAL PROGRAMME**

#### **BPS Party: Òran Mór**

Wednesday 22nd April, 19:15 – Late

The BPS party will take place in the breathtaking Auditorium at Òran Mór. The room offers an unique and atmospheric setting with its stained glass windows and ceiling mural by Alasdair Gray, one of Scotland's largest pieces of public art.

There will be the opportunity to participate (or watch) traditional Scottish Caleigh dancing which will be followed by a disco. Food and drinks will be served (please see below what is included in the ticket price).

The party is a great opportunity to unwind, network and catch up with fellow colleagues.

Entry: £20 per person (book when you register). Includes entertainment, music, food and two drinks vouchers. Thereafter it will be a cash bar.

Transport: coaches will be departing the SECC at 19:00

Address:

Òran Mór

Top of Byres Road,

Glasgow

G12 80X

Please indicate if you wish to attend on the online registration form.

#### **ACCOMMODATION**

We have again teamed up with Reservation Highway who will provide a free accommodation booking service to all our delegates and exhibitors. They have negotiated preferential rates with a selection of hotels in the city centre and near the SECC. The rates are quoted per room per night for en-suite accommodation and are inclusive of breakfast and VAT, unless otherwise stated.

To make a reservation please go to the following website: <a href="www.reservation-highway.co.uk/pain15">www.reservation-highway.co.uk/pain15</a> and follow the online instructions. You will receive an automatic confirmation e-mail with a booking reference and the details of your booking.

For any queries or changes to existing bookings please contact Reservation Highway directly on: 0142 352 5577 or admin@reservation-highway.co.uk.

#### TRAVEL TO GLASGOW AND THE SECC

For further travel information you might want to visit: <a href="http://peoplemakeglasgow.com/getting-here/">http://peoplemakeglasgow.com/getting-here/</a>.

#### By Air

Glasgow International Airport - provides direct access to and from the major UK, European and North American cities.

It is served by Easyjet, British Airways, BMI, BMI Baby, Thomson and KLM. The airport is a 15 minute drive from SECC and twenty minutes away from the city centre by bus (£6.50 return on the Glasgow Flyer) or taxi (£20 flat fee). For more information visit: www.glasgowairport.com.

Glasgow Preswick Airport - is served mainly by Ryanair. It is located in Ayrshire and takes around an hour on the train to Central Glasgow. For more information visit: www.gpia.co.uk.

#### **By Train**

Glasgow has direct rail connections to all major UK cities. Glasgow Central station is connected with every city in the UK, while Queen Street station serves central and northern Scotland.

The Exhibition Centre station is the SECC's own dedicated railway station allowing easy access from the city centre and the suburbs. Six trains an hour (around every 10 minutes) from Glasgow Central station (Platform 17 is on the lower level) will bring you to Exhibition Centre station in a journey time of just three minutes.

#### By Car

Glasgow is at the heart of Scotland's motorway network, accessible from all areas of the country.

From England the M6 motorway leads into the M74 at the Scottish Borders. The M74 serves Dumfries and the Borders as well as Motherwell and Hamilton and is the direct link to the centre of Glasgow. For information on Scotland's trunk road network visit: http://www.transportscotland.gov.uk/road.

#### Taxis

Taxi ranks are located outside the SECC, Glasgow Central station and Queen Street station.

#### **Parking**

A multi storey car park (MSCP) is located on site at the SECC. It is located at 10 Stobcross Road, Glasgow, G3 8YW. On-site pay machines are located on level 2 (walkway level) and ground floor main foyer of the car park. Payment can be made by cash or credit/debit card. Visitors can either pre-pay after arrival or pay before exiting.

Tariffs in the MSCP Monday to Sunday are:

Stay	Cost
1 hour	£3.50
2-12 hours	£7.00
13 hours	£10.50
14-24 hours	£14.00

#### ON SITE AT SECC

#### On arrival at the Meeting

All delegates are asked to make their way to the Hall 1 where the registration desks will be located. All participants will be asked to sign an attendance register and will be given a participant pack and name badge. Badges must be worn at all times during the Meeting.

The registration desk will be open at the following times:

Date	Opening hours
Tuesday 21st April	08:30 - 18:00
Wednesday 22nd April	07:30 – 18:30
Thursday 23rd April	07:30 - 16:00

#### **Catering**

Tea/coffee breaks and lunch will be served in Hall 2 beside the Technical and Poster Exhibition at the times stated in the Scientific Programme.

#### Cloakroom

The cloakroom is located on the main concourse opposite the McColls newsagent and is complimentary to all delegates.

#### First Aid

There will be appointed first aid staff on site for the duration of the meeting. Should you require any medical assistance please ask a member of staff.

#### British Pain Society office at the venue

A British Pain Society office will be set up at the SECC. British Pain Society staff will always be found at the registration desks in Hall 1 during opening hours.

#### **Coffee Shop**

A coffee shop, restaurant and news agent is located on the main concourse of the SECC.

#### **Business Services**

A business centre is located on the main concourse opposite the Clydebuilt restaurant. Its standard opening hours are 0930-17:30 hours and services are chargeable.

#### **Banking**

ATM machines are also located on the main concourse next to the SECC Box Office and in the McColls newsagent.

Useful Telephone Numbers, Email Addresses & Website				
British Pain Society	0207 269 7840	www.britishpainsociety.org		
Scottish Exhibition + Conference Centre (SECC)	0141 248 3000	www.secc.co.uk Exhibition Way Glasgow G3 8YW		
Reservation Highway (accommodation booking)	0142 352 5577	admin@reservation-highway.co.uk		
Travel Information				
Glasgow City Marketing Bureau		www.peoplemakeglasgow.com		
Visit Scotland	0845 859 1006	www.visitscotland.com		
National Rail Enquiries	0845 748 4950	www.nationalrail.co.uk		
National Express coach service	0871 781 8178	www.nationalexpress.com		

### **Further Information**

Further information will be sent to you on registration. However, if you have any queries in the meantime, these should be addressed to:

The British Pain Society
Tel: +44 (0)20 7269 7840
Third Floor, Churchill House
Fax: +44 (0)20 7831 0859

35 Red Lion Square Email: <a href="mailto:asm@britishpainsociety.org">asm@britishpainsociety.org</a>
London WC1R 4SG Website: <a href="mailto:www.britishpainsociety.org">www.britishpainsociety.org</a>

