PAIN RATING SCALE

(English)

| | Title: First Name: Surname: | | | | | | | | | | | Date: Patient number: Clinic: | | | | | | | | | |
|------|-----------------------------|-----------------|----------|----------|----------|----------|--------------|-------------|----------------|------|----------|-------------------------------|----------|----------|--------|----------|----------|----------|-------------|----------------|------------------------|
| | | | | | | | | | ow int mean | | | | | | | | | | | | |
| | Hov | v inte | ense | is y | | ain i | now? | ? | | | | | | | | | | | | | |
| | 0 no j | pain | 1 | <u> </u> | 2 | <u> </u> | 3 | <u> </u> | 4 | l | 5 | 1 | 6 | <u> </u> | 7 | <u> </u> | 8 | <u> </u> | 9 extr | eme | <u>l</u> 10 pain |
| | Hov | v inte | ense | was | you | r pai | in on | ave | erage | last | t wee | k? | | | | | | | | | |
| | <u> </u> | | | <u> </u> | 1 | ı | | I | <u> </u> | ı | <u> </u> | ı | <u> </u> | | | | | <u> </u> | <u> </u> | <u> </u> | <u> </u> |
| | 0 no _l | pain | 1 | | 2 | | 3 | | 4 | | 5 | | 6 | | 7 | | 8 | | 9 extr | eme | 10 pain |
| No | w ple | ease | use 1 | he s | ame | met | hod t | o de | escrib | e ho | w dis | stre | ssing | you | r pair | ı is. | | | | | |
| | Hov | v dis | tres | sing | is yo | our p | ain n | ow' | ? | | | | | | | | | | | | |
| | <u> </u> | | <u> </u> | I | | l | <u> </u> | I | | <u> </u> | | | <u> </u> | <u> </u> | | <u> </u> | |
| | | at al | | | 2 | | 3 | | 4 | | 5 | | 6 | | 7 | | 8 | | | xtrer | • |
| | Hov | v dis | tres | sing | was | you | r pair | ո on | aver | age | last | wee | ek? | | | | | | | | |
| | <u> </u> | I | I | I | I | I | l | | ı | | ı | | | I | I | I | ı | I | ı | I | |
| | | at al | | | 2 | | 3 | | 4 | | 5 | | 6 | | 7 | | 8 | | | xtrer | - |
| | - | ease ly act | | | ame | met | hod t | o de | escrib | e hc | ow mi | uch | your | pair | inte | erfer | es w | ith yo | our ne | orma | I |
| | <u> </u> | | I | I | I | I | I | 1 | ı | | ı | | | I | I | I | I | I | ı | I | <u> </u> |
| | | es no erfere | | | 2 | | 3 | | 4 | | 5 | | 6 | | 7 | | 8 | | | nterfe mple | |
| If y | ou ha | ave h | ad tı | eatn | nent ' | for y | our p | ain, | how | muc | ch has | s thi | s relie | ved | (take | n av | vay) | the p | ain? | | |
| | 0% no i | relief | 10% | | 20% | | 30% | | 40% | | 50% | | 60% | 7 | 70% | 8 | 30% | | 00% comp | | 00% relief |